A Self-help Guide to Psychoanalysis in Cisgender Homosexual Male from Consciousness

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The method described in the article is based on the self-help psychoanalytic experience of the author, and the research conceived a somatic method in media psychology counteracting the media-based extension of gender & sexuality castes. The research is exempt from ethical committee approval in the spirit of Universal Declaration of Human Rights with human conscience. The manuscript version is available on SSRN E-journals with the DOI: 10.2139/ssrn.4213680. Correspondence concerning this article should be addressed to Yang I. Pachankis. E-mail: yang.pachankis@gmail.com
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Abstract

The article revisits the psychoanalytic process on the solution of Oedipus Complex in cisgender homosexual male in the context of dictatorial regime. It adopted a consciousness approach to the differentiation of psychological process of others and the self-inductive process of the pediatric solution to the cisgender-sexuality dichotomy. The original triangulation analogy of ménage à trois is explained in the healing of heterosexual exposures to dictatorial assertions on the familial structures, with initial findings of cyber-based media psychological intrusions from the communist propaganda generation mechanisms to the global economy. The article uses a comparative historic analysis method with sociology of knowledge in the context of marginalization of LGBTQIA+ persons from the existence of public consciousness. It differentiates the normative sexuality from the politicization of sexuality in creating forced identity. Brief explanations of the media psychology intrusions with cyber security concerns are included. With the Gestalt psychoanalysis in the solutions to cisgenderism and homosexuality, ménage à trois is justified on the differentiated growth paths of triangulation in cisgender persons for non-heterosexual identities with intimacy and affection in a familial structure.

KEYWORDS: CISGENDER HOMOSEXUAL, MÉNAGE À TROIS, OEDIPUS COMPLEX DERIVATIVES, OTHERING, CONSCIOUSNESS APPROACH, SOCIAL MARGINALIZATION, GESTALT PSYCHOANALYSIS
I. Introduction

Beyond six levels of consciousness have been involved in this research, including but not limited to, social-structural consciousness, anthropological consciousness, technostuctural consciousness, genetic distributional consciousness, macroeconomic consciousness, and the consciousness on active suppressive processes. The article seeks to provide a “transitory” consciousness (Joseph, 1987) on the foundational presumption of Oedipus Complex from the genetic presumptions of heredity (Kaiser, 2019) and the original suppression in cisgender homosexual male. The research was conducted under the dictatorial and totalitarian regime of PRC in counteracting the dualist approach to international law in general and human rights law in specific from its root superstructure in figure 1 than the substructure theory of fascism in its buureaucratic distributions. (Bollas, 1993)
There is no direct correlation that a dictator has to be heterosexual or male, although almost always they are both. From the experience of fascism in Germany of the sex-economic theory (Reich, 1933), the Tongzhi movement (van de Werff, 2008) in mainland China is analyzed through a critical lens in the legalization of LGBT marriage in the communist block. The main finding from the research suggests the acceptance on the repressed sexuality psyche from admonition (Krellenstein, 2022) and politicization is fundamental and necessary for debunking sexuality from cisgender social expectations. The research process was pre-mapped in figure 2 upon the tightened control by the Communist Party of China (CPC) in culture and cinema before de facto consolidation of power through the coerced change of constitution.

**Figure 1** The mapping of the dictatorial consciousness spreading mechanism through globalization and international relations
II. Methods

A. Comparative Historic Analysis & Sociology of Knowledge

In a totalitarian sociopolitical environment, (John E. Pachankis, 2007) theorized group-based self-protective attributions in a clinical setting of situational dependency. Comparative historic analysis puts the theorization into a structural realist contextualization with the implication of media psychology’s impact on mass psychology with the development of communism in mainland China. The sociology of knowledge is adapted to the hypothesis with the criminalization history of PRC, both from a gender perspective of authority figures and the group-based self-protective assumptions in a sexological context.
The most prominent female sociologist Yinhe Li (李银河) and her husband Xiaobo Wang (王小波) contributed to the decriminalization of LGBT persons in mainland China, with the pretext of criminalization origination from the illicit blood sales by the communist government (Yang, 2018) that caused the spread of HIV from He’nan province. Without taking any political stance and solely based on the indigenous civilization becoming, the development away from a pedophilic culture of homosexuality shown in figure 3 for hidden economic & financial reasons of survival is a positive trait of human rights development. (van de Werff, 2008 & Pachankis, 2022f)
The leadership Yinhe Li took on is an example of feminism in the development of the gendered power influence in the regime setting, but not necessarily in the psychoanalytic facets of homosexuality in mainland China. Between sexology and criminalization of homosexuality, double-headed penis made up of wood was one of the ancient artifacts in the Chinese lesbian culture. The lesbian sex, intersex and asexuals are among the least probabilities in HIV epidemiology, and their criminalization in the HIV context implies: 1) heterosexual normative projection of ethics on sexual minorities is a psychological cause

**Figure 3** Chun Gong Tu (春宮圖) from Qing Dynasty showing an adult male penetrating a minor. Source: Original Health Network [https://www.45y.net/ywjkw.com/gudaifang-zhongshu/22284.html](https://www.45y.net/ywjkw.com/gudaifang-zhongshu/22284.html)
behind the decisions of criminalization; 2) economic values of human labor instead of humanitarian & pragmatic values of disease prevention are behind those decisions.

In the pretext of criminalization and in the context of homosexual movement, the politicization of sexuality behind the Tongzhi (同志, with the same wording as “comrade” in simplified Chinese) movement is largely contributed by the cisgender belief in sociological phenomena of dominance in seeking to aggregate predominant elements of social identity with their homosexuality. The workings of conversion therapy hold the same belief of predominant elements in identity formation for social aggregation of sexual minorities. This psychoanalytic process was gotten from the cyber-based harassments with breached privacy data by the covert operations of the People’s Liberation Army. (Pachankis, 2022a & 2022c)

B. Psychology of the Media

A predominant belief of the CPC is a pragmatic approach to culture with media psychology. The control of media products in mainland China is the National Radio and Television Administration (国家广播电视总局) in combination with China Netcasting Services...
Association (中国网络视听节目服务协会, literally meaning China Network Visual and Sound Programming Service Association) in the cyber development behind the "Great Firewall" with a geographic control of information illustrated in figure 4 with server side big data control loops (Pachankis, 2022d). The sphere of control in cultural psychology effectively rendered the traditional clinical hypothesis of (Pachankis, 2007) ineffective in the high stigma settings with power political forces in the media psycho-conversion processes with the social transformation communism process of "superstructure" intrusions illustrated in figure 1.

From an industrial perspective of production processes, differentiating sexual economy from the psychological intrusions of dictatorial semantics in the cultural products through the censorship process of literature was illustrated in figure 5. Such intrusions have been both on the script formation and postproduction processes. It means that the intersubjective process of social psychology through semantics mechanisms in literature and media psychology was predesigned in the products commercialized in the monopolized market of production and consumption, and the post-production censorship process can effectively control the intersubjective perception of time on the consumers. (Bandura, 2001) The corrective and bias correction process on the informatics problems from the "Great Firewall" have been given in several other published articles, and the organizational behavior in the transnational realms through cyber sovereignty claims has been analyzed through the technical rationales (Pachankis, 2022d). Such operations’ further financial and macroeconomic implications with economic globalization have been
conducted with the Porter Value Chain analysis. For the sake of focus on clinical self-care, no further discussions will be included in the article.

**Figure 5** The workflow of cinematic arts in the humanities

C. Social Surveys

Arguably the complexities of intersubjectivity involved in social surveys are less precise than psychoanalytic methods, but it was also acknowledged by Friedrich, (1995) that “there are very few works which present a convincing psychoanalytical treatment of Nazi identifications”. Therefore, the dynamics of autonomous interactions are irreplaceable from the abstractness of psychoanalysis. The cisgender heterosexual peer Qili Liao's documentary surveys after our discussions and cooperations in transgenders' social identity formation and sexual violence focused on: 1) the unsuccessful differentiation of cisgender and homosexual in cisgender females' choice of marriage leads to adverse
sexual health outcomes in familial relationships, 2) the heterosexual normative impositions of ethics in the Chinese economy of “redistributive justice” not only affected the social behaviors of homosexuals, but also the choice of family and childbearing for heterosexuals faced with economic & financial injustice, and 3) the social behaviors of the population under the PRC regime family law have been largely a collective response for social security to the institutionalized military coercion mechanisms through the structural realist constitutions of PRC. (Pachankis, 2022e)

D. Freudian Psychoanalysis

The Freudian psychoanalysis was previously put into experimental theater (Yang Pachankis, 2007) and is explicitly reorganized for the psychoanalytic literature. The original triangulation of cisgender homosexual male's "Oedipus Complex" is determined by the sexuality of “having sex with the father”, while the suppression from the cisgender facet remains the same. However, due to the sexuality psyche, vagina phobia may inhibit the other facet of "Oedipus Complex" and renders the authority figure of females on a higher weigh. The death wish from heterosexual penetrations on the psyche from cisgender males is the initial formation of morality in cisgender homosexual males. In the extreme case of dictatorial regime, such penetration is pervasive and constituted my reason on a cultural anthropological approach of discourse (Pachankis, 2020) on dictatorial psychological process from the castration culture from projected fear of masculinity (Slootmaeckers, 2019) and internalized sense of superiority by the dissection of asserting authority from the dualism of domestic-international divide of gaslighting. The original experimental psychoanalytic technique used in theater adopted the phantom limb analogy
in family formation with *ménage à trois* for the public healing process for an initial awareness on the “other” in the sexology of dictatorial family law “witnessed by the Little Red Book”. For the sake of the uncomfortable psychoanalytic process, an artistic exploration on the masculine and feminine facets of homosexual body is shown in *figure 6*.

With the group-based presumptions on the psychosocial realities with original triangulations, the natural gender imbalance in the growth paths of sexual minorities marks the original stigma of the population either on the scales in the surrogated economy or in the proxies (Pachankis, 2022b). *Figure 7* illustrates the result of the same epistemological dualism cisgender homosexual male faces with the authority and bureaucratic constructs in the social distribution of psycholytic processes contributed by cisgender realities (Peterson, 1997). With the social traditional construct of masculinities in male dominance and emotional interpretations from females, the socially acceptable cisgender emotionless syntaxes contradict with the emotional realities of homosexuals. Therefore, the dimension of emotion is outside of conscious grasp process of the superego shown in *figure 2*.

![Figure 7](image)

**Figure 7** The diagram on counteracting cyber imposition of gender normalcy and dictatorial psycholytic process in media and in international
Figure 6 Conceptual photography “Homosexual Body in PRC” with both feminine and masculine characters, iPhone 11. © Yang Pachankis 2021
The epistemological dualism in the social consciousness of psychoanalytic process is indifferent in the Christian traditions. Either in the creationism or in the indifferent psychosocial attitudes towards cisgender persons described by (Carter, 1993), the psychosocial enlargement of heteronormative triangulations of consensus building and moral-ethical courses on normalcy hence became the apathy on people in dire situations of dictatorship and in turned being played at with the gender-normative social interests of economic and financial incentivization by the processes of pancomputerationalism artificial intelligence in media production. The psychoanalytic exploitation process was largely hidden by the covert military operations of privacy data collection (Pachankis, 2022a & 2022d) in the shaping of ideology through globalization shown in figure 1.

III. Results

Freudian psychology trumped the course in time over social Darwinism and eugenic development in Europe. From the genetic point of view, the birthrate of LGBTQIA+ population is and will always be disproportional to the heterosexual rate of birth and exponential growth of the number bases. In the development of the self, the social emotional construct is exposed to such environment with social survival in the original suppressed for the gender imbalance both in the original familial construct and in the initial periphery. In the cases in extreme society with totalitarian politics in PRC, the suppression of the self especially with criminalization led to failures in authentic id formation and can persist to mismatched familial formation from adulthood to late life.

The biopsychosocial existence of emotion in the primary extension of infants is only of the heterosexual cisgender binary. (Strange, 1997) argued that relational power does not
have to be ‘legitimate’ with the presumed biological fact that the original relation is the process of being born into a family. The elements of emotion pre-given in the construct is the heteronormative gender dualism of power. Archbishop (Minnerath, 2009) argued that the original sin is “being born” in a way that the original emotional construct is always in an imbalance biopsychologically, and the worst form of such imbalance is the heteronormative socio-structural emotional construct imposed on the LGBTQIA+ that constitutes the dualism in emotion on identity and self. Even though social Darwinism is no stranger to eugenics, (Brummett, 2018)’s arguments on the LGBT eugenic tendency on a minuscule scale is not unreasonable with the psychosocial tendency of convergence to heterosexual gender-social behaviors. If the sperm-sperm and egg-egg reproduction is biologically and pragmatically doable, it can be a choice; if not, such choices of social convergence can lead to further psychoanalytic traumas in LGBTQIA+ familial relationships. It is with this regard, the problem of equality in “diversity inclusiveness” to equality of diversity will be a deeper topic to be explored than a legal-political compromise between the weakness of minorities and the majority mob.

As the raw motivation for sex drives the primitive nature of the hunter instinct of greed & lust in primary attachment and later onto the society in uncivilized constructs (Mushakoji, 1997), the extension of emotional origins in the familial structures via social hierarchies, according to the phenomenological reading of (Krellenstein, 2022), are the sources of moral abolitions with authoritarian approach in maintaining “power over the way things are done and the beliefs sustaining the way things are done” (Strange, 1997). As the
abolitionism on the COVID-19 whistleblower has suggested (Pachankis, 2022a), the denial of human nature and autonomy is fundamental to the wider structural destructons of such hierarchies and impact on non-hierarchical societies.

Deeper issues of pathologies in psychoanalysis & psychoanalytics persist in the global systemic divide with geological proximities. Freudian psychology was conceived in the budding of World War I and sought its way out-through World War II. As the dictatorial hierarchies of top-down semantics are infiltrating the Gestalt triangle of original family with its "all-media strategy" counteracting the normative senses of psychoanalysis and with the availabilities of new technologies, more severe pressures on the LGBTQIA+ population either cisgender or transgender are expected. This will further burden the marginalized identities' financial and economic freedom with their already marginalized social identities. Instructive feedback were received through countertransference in the most desperate instance (J. E. Pachankis, personal communication, “Please stop emailing me.” January 29, 2021), with constructive feedback (J. E. Pachankis, personal communication, “This is harassment.” January 29, 2021) and affirmative action (J. E. Pachankis, personal communication, “I will report this to the authorities if you email me again.” January 29, 2021) in a discrete setting of probable communication surveillance with Apple Inc.’s Cloud Server transferred to Yunshang Guizhou Big Data Industry Fund Management Co. Ltd. However, the organizational crimes in the financial sectors (Bloomberg, n.d.) with covert military operations and big data backend (Pachankis, 2022a & 2022e) fall more into criminal psychology rather than the researches put forth herein.
IV. Conclusions

The psychodynamic self-consciousness is an integral part of self-care and self-help in the psychosocial environment of competing authoritarianism, and for gender and sexual minorities. The legalization of LGBTQIA+ marriage in a diversity inclusion context does not mean equality either in the psychological growth path or in the standardization of social benefits. The individualism of values systems is encountered with new technological intrusions in the capital economy with the disguise of dictatorial reform and opening for relative gain in marginal interests. Its adverse impact is more obvious in non-heterosexual persons and with the temporal heterosexual responses to the recent crises, self-help and self-consciousness is essential for the minority population given the selfish and egocentric interests of the heterosexual normative orders, which paved the way for the institutionalized intrusions to the liberal international institutions. The preliminary self-help of Freudian psychoanalysis in the Oedipus Complex is contingent to the gain in autonomies contributed by the marginalization effects of social emotions of cisgenderism. With the monopolization of social emotion in the psychosocial constructs, ménage à trois is justified for the substitution of original triangulation to a familial context of triangulation similar to the psychological process of heterosexual marriages with childbirth and child-wearing. Between the Freudian recombination of cisgender homosexual and its differentiation to cisgender bisexual, the social ethical dimensions of psychological dilemmas are more multi-faceted. By the normative senses of ethics, bisexuials usually enter into a heterosexual marriage for reasons of social recognition, familial pressures, advantages in the appearance of cisgender heterosexual masculinities and etc.
However, for the sexological and happy principles, *ménage à trois* ought to be better suited for bisexual arrangements than cisgender homosexuals. The key psychosocial conflicts in cisgender persons are the polygamous beasts in cisgender heterosexual psychologies of “the more the better” or the misperceptions in homosexual “brotherhood” of “the more the merrier”. Such unsaid psychological projections of law makers and politicians, especially in benign dictatorship, is the fundamental source of personal psychology's amplification effects reflected in the policy areas. It is also with this regard, the psychoanalytic sciences' pragmatic applications in dictatorial politics analysis may be a promising field for the future.

References


