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# Benchmarking agri-food sustainability certifications: evidence from applying SAFA in the Ecuadorian banana agri-system

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## Abstract

Certified products are a possible way to obtain and improve sustainability. Nevertheless, their effectiveness in enhancing agri-system sustainability is strongly questioned in the academic arena. This study aims to examine in depth the effect of certification on sustainability achievement. For this purpose, organic and Fairtrade Ecuadorian banana is analysed against the conventional banana. This study employs an original approach that operationalises SAFA (Sustainability Assessment of Food and Agriculture). This tool was chosen for the analysis because of the wide spectrum of sustainability issues considered in the evaluation, along with the fact that it is easy for producers and decision makers to implement and understand, and offers the consequential possibility to identify precise measures to enhance sustainability in the short term. Results show that organic and Fairtrade farms achieve more sustainable performance than those of conventional farms in terms of governance, environmental and economic dimensions. Nevertheless, conventional farms display better outcomes in matters of social sustainability. The reason most likely lies in the size and processes of farms rather than their certification standards. This study may be used by practitioners as a valid benchmark for the implementation of SAFA to other agri-systems and by decision-makers as a guide for the regulation of agri-sector processes.

Keywords: Certifications, SAFA, Fairtrade, Organic, Ecuador

## 1. Introduction

In recent years, several certification schemes have been created to assess product sustainability for customers. This trend is not only present in agriculture but also a wide range of sectors, such as fishery, forestry, and tourism (Dietz et al., 2018; Tröster and Hiete, 2018; Wibowo et al., 2018).

1 Nevertheless, the effect of certification on system sustainability is strongly debated and a common  
2 consensus is far from being reached.

3 In fact, with regard to this academic debate, several studies have confirmed the benefit of  
4 certifications on improving agriculture sustainability as a whole (Barham and Weber, 2012; de Olde  
5 et al., 2016; Torres et al., 2016), soil quality (Pritchett et al., 2011), farm profitability (Hagggar et al.,  
6 2017), energy and material usage (La Rosa et al., 2008), animal welfare (Boggia et al., 2010),  
7 biodiversity (Underwood et al., 2011) and workforce wellbeing (Krumbiegel et al., 2018).

8 However, other studies have reported that, in some cases, the impact of certifications is not  
9 completely clear. In particular, data on soil quality (Leifeld, 2012), environmental impact (Foteinis  
10 and Chatzisyneon, 2015; Patil et al., 2014) and societal sustainability of certified farms (van Calker  
11 et al., 2007) are not as positive as expected, revealing a clear necessity to analyse this issue in depth.

12 This study engages in this academic discussion by completing an extensive evaluation and  
13 comparison of the sustainability of certified and conventional agri-products. To do so, an original  
14 approach was developed which combined manager interviews, farm visits and producer and worker  
15 surveys to operationalise the FAO's Sustainability Assessment of Food and Agriculture (SAFA;  
16 FAO, 2013a).

17 SAFA is the instrument chosen for this study as it offers three critical advantages: the wide spectrum  
18 of sustainability themes considered in the evaluation, the ease with which it can be used and  
19 understood by producers and decision makers, and, the consequential possibility to identify precise  
20 measures to improve system sustainability in the short term.

21 This study applies the described methodology to the Ecuadorian banana agri-system. Ecuador is a  
22 country that is highly dependent on the exportation of raw material, where the banana is the top  
23 exported agri-product, representing 23.13% of the overall non-oil based exportation of the country  
24 (AEBE, 2017). For this reason, it is important to evaluate the sustainability of this system, considering  
25 that most producers have adopted private certifications and changed their production to match the  
26 growing demand for certified products in western countries. Furthermore, this particular market  
27 constitutes a rather interesting subject due to both the existence of several certifications that are  
28 strongly influenced by market trends and the absence of studies on sustainability, especially  
29 concerning the various certified productions and their comparison with conventional banana.

30 Although several studies discuss the sustainability of certified products, most of them either focus on  
31 a specific sustainability aspect or employ an only-for-experts method (Fess and Benedito, 2018). The  
32 present study contributes to the debate in three main ways: evaluating the four sustainability  
33 dimensions of certified and conventional agri-systems, applying an original approach that  
34 operationalises SAFA, and providing comprehensible results that may be translated into practical  
35 suggestions for producers and decision makers for the improvement of the sustainability of agri-food  
36 sectors.

37 The article is organised as follows: firstly, the debate on certification and related issues are analysed;  
38 secondly, an overview of the Ecuadorian agri-system and the main certifiers it is described; thirdly,  
39 the methodology is presented; fourthly, the results of the evaluation are reported and discussed; and  
40 finally, conclusions are drawn and further lines of research are suggested.

41

## 42 **2. Certified Products**

1 In the last decade, a growing number of farmers have arranged their production process in order to  
2 obtain a private institution quality certification. Certification, even if it is not the sole route for  
3 sustainable agriculture, provides controlled planning to make progress in the sustainability of  
4 agricultural practices through the implementation of well-defined indicators and auditing instruments  
5 (Tayleur et al., 2017). More specifically, certification could be a valid solution for small farmers in  
6 developing countries, where the government does not always completely control territory and  
7 agricultural procedures (Barrett et al., 2001).

8 With regard to the most contentious issues that have emerged in the academic debate, this section  
9 first examines those certifications whose primary purpose is to enhance the well-being of producers  
10 and then addresses the organic product certifications.

11

## 12 2.1. Social well-being certifications

13 In the last thirty years, the wide implementation of neoliberal policies in Latin American agri-sector  
14 has brought about the transformation of agriculture from a Fordist national model of mass-market  
15 food production and consumption (Friedmann and McMichael, 1989) to a speciality item oriented  
16 production aimed at wealthy consumers in the global market (Raynolds, 2008). In this context,  
17 alternative food networks developed as a countermeasure to “the unsustainable industrial food system  
18 and the exploitative trading relations embedded in global supply chains” (Goodman et al., 2011).

19 The first key issue related to certifications is efficiency. Several studies show that certified products  
20 are, in general, more sustainable than those that are not certified. For example, in the Ecuadorian  
21 banana agri-system, organic production results in better outcomes, both for the environmental point  
22 of view and in terms of producer revenues (Castro et al., 2015; Melo, 2005; Melo and Wolf, 2007;  
23 Ruben et al., 2008). Moreover, evidence shows that Fairtrade (FT) agriculture enhances women  
24 participation to networks benefits, farming practices and cash access in both Latin American (Lyon  
25 et al., 2010) and African (Bassett, 2010) agri-systems. Finally, certification is effective in enhancing  
26 producers’ sustainability, as it is for fishery (Borland and Bailey, 2019), it increases occupational  
27 health and safety for rural communities in forestry (Şen and Güngör, 2018) and it strengthens  
28 revenues in the tourism industry (Hellmeister and Richins, 2019).

29 Despite the previously-mentioned benefits, a significant number of studies have identified several  
30 aspects related to sustainability certification efficiency that deserve further analysis.

31 The first topic of interest related to certified products is their acceptance within the destination market,  
32 i.e. the North. In general, although the majority of European consumers claim to be seriously  
33 interested in the social and environmental sustainability of the products they purchase, giving ethical  
34 aspects priority in the selection of products, economic factors still prove crucial in the selection  
35 process (Gracia and de Magistris, 2008). Moreover, there are many variables which bring into  
36 question whether said claim (a commitment to sustainable products) actually generates real purchase;  
37 in particular, certified product sales are affected by scarce availability and deficient communication  
38 on store shelves (Annunziata and Scarpato, 2014). Furthermore, certifications result to have low  
39 visibility and scarce level of understanding (Annunziata et al., 2019) so that they are rarely considered  
40 in the consumer’s decision process (Peschel et al., 2019). Finally, the level of professionalism in the  
41 sale of certified products is generally low (Bellucci et al., 2012).

42 Another aspect that has undermined the capacity of the certified products market to improve the  
43 sustainability of agri-systems is the proliferation of certifications that complement, substitute or

1 compete with each other (Lambin and Thorlakson, 2018). As in the case of the Dutch coffee market,  
2 FT has not become the standard for the market but it was used by the key stakeholders (such as  
3 retailers and roasting companies) as a benchmark for developing new standards that prove more  
4 feasible for their business models (Ingenbleek and Reinders, 2013).

5 Big companies play a crucial role in the certified products market. In fact, in general, big companies  
6 that are found to be less interested in sustainable marketing than the small mission-driven firms  
7 (Howard and Jaffee, 2013), entered this market demanding high standards products and expensive  
8 certifications (Raynolds, 2008) or creating self-owned certification process (Fridell et al., 2008). For  
9 this reason, and to compete with the top Fairtrade certifier, Max Havelaar, other institutions created  
10 less demanding standard certificates, such as Utz Kapeh, Rainforest Alliance (RA) (Bacon, 2005;  
11 Bacon et al., 2008) and 4C (Ingenbleek and Reinders, 2013). In the case of RA, in order to minimise  
12 producers' expenses, labelled products that contained only partially certified matter (Ingenbleek and  
13 Reinders, 2013) and, in some cases, it failed to generate better environmental outcomes (Bellamy et  
14 al., 2016). The situation resulted in lower producer incomes (Minten et al., 2018), the indebtedness  
15 of small-holder farmers (Wilson, 2010) and a higher rate of people below the poverty line among the  
16 certified producers with respect to their conventional counterparts (Bassett, 2010; Beuchelt and  
17 Zeller, 2011).

18 To understand this contradiction, it is necessary to take a step back and direct the analysis of the  
19 whole process at the so-called "ethical commodities". Mutersbaugh and Lyon (2010) define ethical  
20 commodities as those for whom a significant portion of their value relies on ethical qualities that are  
21 proven by widely accepted and verifiable standards. Hence, since those qualities are extrinsic to the  
22 product and thus not detectable by commodities testing, a certification process is necessary to make  
23 ethical qualities visible to consumers. Nevertheless, the resulting certification supply-chain, from the  
24 point-of-origin to ethical consumers, incurs an ethical contradiction; in fact, despite its ethical  
25 intentions, the market of certified products assumes neoliberal beliefs according to which the  
26 consumer rather than public institutions should be the driver of development and sustainability  
27 (Moberg, 2014). In addition, since the logic of a certification process reflects consumer concerns and  
28 values of developed countries, the FT market often neglects specific features of the point-of-origin's  
29 social, environmental and economic situations and forces it to match external standards (Wilson and  
30 Jackson, 2016).

31 By doing so, the market of certified products reproduced a neo-colonial situation in which what for  
32 consumers is a matter of choice, for producers is a matter of survival (Melo and Hollander, 2013), as  
33 explained, for instance, by Raynolds and Ngcwangu (2010). These authors explored a case study of  
34 South African rooibos tea and demonstrated how US consumers shaped the production at the point-  
35 of-origin.

36

## 37 2.2. Organic products certification

38 There is an extensive literature that explores a variety of aspects on organic products. This study  
39 focuses on some key topics related to the consumption of this kind of product. The first aspect  
40 addressed is the environmental impact of organic agriculture as it is traditionally the main reason why  
41 sustainability researchers have concentrated their attention on this type of production system. The  
42 second point of interest studied is the supposed increased profitability that Organic Agriculture (OA)  
43 should generate for farmers. Once the sustainability of OA at the point-of-origin is discussed, the

1 study investigates the demand that drives the implementation of OA, namely the perception and  
2 acceptance of Organic products among consumers.

3 OA is considered to be a benefit to the environment by enhancing climatic resilience (Scialabba and  
4 Müller-Lindenlauf, 2010), reducing soil degradation (Niggli et al., 2007), improving pest resistance  
5 (Birkhofer et al., 2008) and soil fertility (Bonanomi et al., 2016), creating a more efficient use of  
6 natural resources such as water (Thierfelder and Wall, 2009), demanding less energy inputs (Pimentel  
7 et al., 2005) and contributing to food safety (Azadi et al., 2011). Nevertheless, some authors point out  
8 certain limitations to the belief that “organic is always better”. In particular, Tuomisto et al. (2012)  
9 conclude that if on one hand organic production records higher soil organic matter content, lower  
10 nutrient loss and lower energy requirements, on the other hand, it results in higher nitrogen leaching  
11 and ammonia and nitrous oxide emissions per product unit than those generated by conventional  
12 crops. In addition, because yields are lower (at least 20% according to De Ponti et al., 2012), organic  
13 farming needs more land use and is therefore unlikely to supply the worldwide food demand (Connor,  
14 2008). Furthermore, Hole et al. (2005) find that OA contributes to biodiversity even if it is unclear  
15 whether OA would offer greater benefits to biodiversity than carefully targeted prescriptions applied  
16 to conventional farming. Finally, Templer et al. (2018) conclude that ecological farm health is  
17 reinforced only if organic processes overtake basic labelling requirements, thus the positive effects  
18 of organic certification on agroecosystem health cannot be taken for granted.

19 Organic farming increases farmers’ income (Parvathi and Waibel, 2016), contributes to the reduction  
20 of poverty among small farmers (Ayuya et al., 2015), generates a higher return on investment (ROI)  
21 (Kleemann et al., 2014) and proves to be less risky than conventional methods (Pimentel et al., 2005).  
22 However, even in this case, it is possible to report some in-depth analysis. For instance, contrary to  
23 the above investigation, Ibanez and Blackman (2016) and Froehlich et al. (2018) conclude that if OA  
24 results in improved environmental benefits, there is no evidence that it positively affects farmers’  
25 economy. A possible explication of this conclusion may be found in the research of Kleemann and  
26 Abdulai (2013), whose findings indicate that economic returns of organic farms are substantial only  
27 if farmers go beyond the organic-by-default step and intensively implement agri-ecological practices.  
28 Finally, Veldstra et al. (2014) find that in some cases farmers who undertake organic practices prefer  
29 not to certify their products because of the high cost of the certification process.

30 The studies on the acceptance of Organic Products (OP) among consumers focused on two different  
31 points: the profile of the OP consumers (*who*) and the reasons for consuming OP (*why*) (Monier-  
32 Dilhan and Bergès, 2016).

33 Regarding the first aspect (*who*), with the aim of establishing a profile of OP consumers, it was found  
34 that, in general, the propensity to purchase OP tended to increase with social status and the presence  
35 of young children in a household (Wier et al., 2008), a higher education level (Monier et al., 2009)  
36 family structure, access to organic products and higher expense capacity (Dimitri and Dettmann,  
37 2012). Furthermore, the rate of OP consumers is higher among education and health professionals  
38 (Vehapi and Dolićanin, 2016), while it is lower among elder householders and African Americans  
39 (Dettmann and Dimitri, 2010). It is notable that the cluster analysis of Rodrigues et al. (2016) and  
40 Oroian et al. (2017), conducted in Brazil and Romania respectively, obtain similar findings in that  
41 they identify three groups of consumers: Greeners, which associate OP to sustainable development  
42 and are represented by older people; GMO-Freers, more interested in healthy food and generally  
43 younger; and those who do not have interest in OP or simply focus on taste of food.

1 This last study mentioned leads to the second question (*why*), which has generally aroused more  
2 interest among academics. In fact, it is possible to identify two different possible reasons: an  
3 "egoistic" reason that corresponds to concerns about food safety, which is based on the belief that OP  
4 is healthier than conventional produce, and an "altruistic" reason that associates OP with a better  
5 positive "environmental" impact (Yadav, 2016). Nonetheless, the results seem to considerably vary  
6 according to country and age. In fact, even if the two reasons always have a positive impact on all OP  
7 consumers (Yadav and Pathak, 2016), French (Monier-Dilhan and Bergès, 2016), German and US  
8 (Rana and Paul, 2017) consumers, for example, are more driven by environmental impact reasons,  
9 while Indian (Yadav, 2016), Malaysian (Rana and Paul, 2017), Turkish, Iranian and Pakistani (Asif  
10 et al., 2018) are more conditioned by personal health values.

11 Finally, three studies on consumer intentions are particularly remarkable in the sense that they  
12 approach the exploration of said intentions in selecting OP from a different perspective. The research  
13 of Hwang (2016), for example, takes a psychological angle and finds how self-presentation, namely  
14 the component of self-identity, whose goal is the management of the self in social settings, is one of  
15 the major factors that drive older consumers' purchase intentions, while ethical self-identity, which  
16 reflects the extent to which ethical issues are related to private consumption practices, does not  
17 improve purchase intention. With another approach, in order to explain the gap between consumers'  
18 claims of interest in OP and their actual behaviour, the study by Chekima et al. (2017) focuses on  
19 consumption rather than purchase and finds that consumption of OP is higher when consumers are  
20 more concerned about the future, so producers and marketers should advertise future gains of OP in  
21 order to foster consumption. Subsequently, Apaolaza et al. (2017), rather than focusing on health as  
22 a motivation for the acceptance of OP, state that better health is a consequence of OP consumption,  
23 because it shapes consumers' lifestyle.

24

### 25 **3. Case Study: Banana sector in Ecuador**

26 This section presents two aspects are presented: an overview of the Ecuadorian banana agri-system  
27 and the main certifiers that operate in it.

28

#### 29 3.1. Ecuadorian banana agri-system

30 Macroeconomic figures in 2018 show that Ecuador has the lowest inflation rate of all Latin America  
31 (1.12%), an unemployment rate of 5.4%, and an external debt of 33.8% of GDP, one of the lowest  
32 values with respect to the main South American economies, such as Argentina (10.0%; 8.4%; 35.3%),  
33 Brazil (5.4%; 11.5%; 18.0%), Chile (3.0%; 6.5%; 66.3%), Colombia (3.2%; 9.2%; 42.5%) and Peru  
34 (3.7%; 6.7%; 38.4%) (Focus Economics, 2018).

35 Nevertheless, poverty is still an important issue. Although in the 2007-2017 period the poverty rate  
36 (less than 84.5 USD per month according to BCE, 2017a) had decreased by 41.41%, in December  
37 2017 it reached the value of 21.5% of total Ecuadorian population, in other figures, 3.62 million (m)  
38 people were living below the poverty line. The extreme poverty rate (less than 47.6 USD per month  
39 according to BCE, 2017a) has also decreased in the last ten years by approximately 52.12%, and in  
40 December 2017 it accounted for 7.9% of the Ecuadorian population, i.e. 1.33 m people (BCE, 2017a).  
41 Poverty is more common in rural areas, where poverty rate accounts for 39.3%, while in urban areas  
42 it is considerably lower, i.e. 13.2 (BCE, 2017a). Inequality is also an important issue, even if

1 Ecuadorian governmental action in the last decade has managed to reduce the rich-poor gap. In fact,  
2 the Gini coefficient has decreased from 0.54 to 0.46 in the period 2004-2015 (BCE, 2017b).

3 This study focuses on the Ecuadorian banana agri-sector. Ecuador's exportations, which in 2016  
4 represented about 19% of GDP, depend primarily on raw materials. The main exported product is  
5 petroleum, which accounts for 32.5% of total exportation, followed by banana (15.61%), (AEBE,  
6 2017).

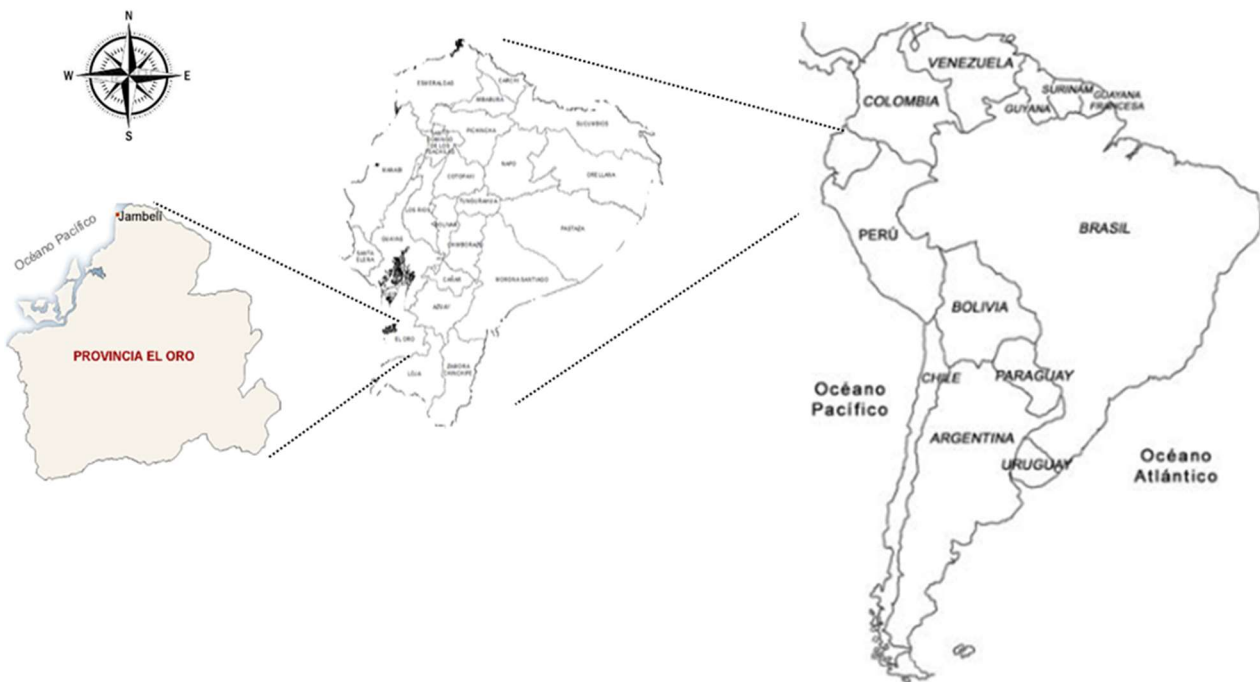
7 Banana plantations are concentrated in three Ecuadorian provinces (91.8% of national production),  
8 namely, Los Rios (58,219 ha. of production), Guayas (47,388 ha.) and El Oro (43,165 ha.). The  
9 present study focuses on the last province (Figure 1).

10



1

**Figure 1.** El Oro province location



2

3 In 2016, with \$2.62 billion (b), banana accounted for 15.61% of the total Ecuadorian exportation  
4 (AEBE, 2017). The principal destination of Ecuadorian banana is the European Union (EU) with  
5 31.86% of the exported product in 2016; Russia (22.55), United States (14.86) and Middle East  
6 (10.12) are the other main destinations. However, in the period 2010-2016, there is a notable negative  
7 trend in trade with United States (US), whose trade decreased 13.25%, while there is remarkable  
8 growth in exportation to Russia (+36.3%), Turkey (+11%), EU (+6.22%), New Zealand (from 28.7  
9 to 72.6 k tons), Japan (from 46 to 157.8 k tons), and China (from 2.2 to 173.9 k tons).

### 10 3.2. Principal certifiers in the Ecuadorian banana agri-system

11 In Ecuador, in the banana agri-sector, there are at least four main private certifications: Global Gap,  
12 Rainforest Alliance, Fairtrade Labelling Organization (FT) and Organic product (IFOAM):

13 **Global Gap** was born as EUROGAP in 1997 as an initiative by the retailers' group Euro-Retailer  
14 Produce Working Group in response to the growing demand of many UK retailers for harmlessness  
15 of food and the respect of fair principles in production practices. In 2007, the name changed to Global  
16 Gap (Gap stays for Good Agricultural Policies) as the focus spread from European to Worldwide  
17 producers. As of 2017, this certification was present in 125 countries (GlobalGap, 2018).

18 **Rainforest Alliance** was born in 1986 as a project launched by a group of volunteers led by Daniel  
19 Katz who were concerned about the problem of deforestation. The project consisted of creating  
20 standards for farmers and economic advantages for certified products (Rainforest Alliance, 2018). In  
21 1990, RA established the standards for the banana sector and two years later certified its first banana  
22 farms. In 2015, RA Rainforest Alliance certification covers 1.2 million farms in 42 countries, growing  
23 101 different crops on about 3.5 million hectares (ha). Moreover, it certifies 15.1% of the total world  
24 production of tea, 13.6% of cocoa and more than 5% of both coffee and bananas (Milder and Newsom,  
25 2015).

1 **Fairtrade** movements rose in Europe during the fifties. The aim of these organisations was to  
2 transform the North-South linkage from exploitation to sustainable development using a “not aid but  
3 trade” philosophy (Raynolds, 2000).

4 In 1997, the main FT organisations gathered under the Fairtrade “umbrella” called Fairtrade Labelling  
5 Organisation International (Raynolds, 2000), which in 2003 created FLOCERT, the independent  
6 certification body of the Fairtrade system (Flocert, 2018). In 2016, FT agriculture accounted for 1.6m  
7 farmers and workers and raised 150m euros of FT premium for sustainability and training initiatives,  
8 community education and health resources, and equipment (FLO, 2017). Banana is the principal crop  
9 in FT production with 579,081 million metric tons of sold product, 58% of which corresponds to  
10 organic banana. In Ecuador, in 2018, FT paid a bonus of USD 1.00 per commercial box of 19.4 kg of  
11 Fairtrade banana, which represented an extra 16.12% over the conventional price of USD 6.20 fixed  
12 by MAGAP for the exportation banana box (El Telegrafo, 2017).

13 **Organic** agriculture movements began to appear in the sixties in Europe and the United States.  
14 Although there was no single definition of "organic", most movements struggled to create sustainable  
15 agriculture which respected the environment and without the utilization of chemical fertilizers  
16 (Raynolds, 2000).

17 In 2015, organic agriculture was present in 179 countries, accounting for 90.6 m ha of agricultural  
18 land (1.10% of total agricultural land), 2.4 m producers and market size of USD 81.6 billion (bn) with  
19 a per capita consumption of USD 11.1 (IFOAM, 2016). The consumption of Organic products (OP)  
20 has risen exponentially worldwide in the past decade (Rana and Paul, 2017).

21

## 22 **4. Methodology**

23 The instrument to evaluate the difference between systems sustainability is SAFA. In this section,  
24 SAFA is explained in detail, and the academic literature implementing SAFA is discussed.

25

### 26 4.1. SAFA framework

27 SAFA is a FAO project, which was developed between February 2011 and June 2013 that involved  
28 more than 250 stakeholders from 61 countries. It consists of four tools. The first is the guidelines that  
29 explain the sustainability principles used in the elaboration of the framework (FAO, 2013a). The  
30 second is a detailed list of 116 sustainability indicators which cover 58 sub-themes, 21 themes and 4  
31 sustainability dimensions (FAO, 2013b). The third is the software that elaborates the results in order  
32 to describe the sustainability of the analysed system using a polygon organised in the 21 themes and  
33 in five levels of sustainability, from an “unacceptable sustainability” red level to an “optimal  
34 sustainability” dark green level (FAO, 2014). Finally, the brand new tool is an application for  
35 smartphones, designed specifically for small farms since it uses a lower number of indicators and an  
36 even easier process (FAO, 2015).

37

#### 38 *4.1.1. Users, purposes and principles*

39 As explained by FAO (2013a), SAFA is a holistic framework whose main competitive advantage in  
40 relation to other SATs is its flexibility. SAFA relies on the methodological principles of holism,  
41 relevance, rigour, efficiency, performance-orientation, transparency, adaptability and continuous

1 improvement. SAFA is designed for multiple users, from farms to governments, and for multiple  
 2 purposes, from self-assessment to implementation of regional planning.

3

4 *4.1.2. SAFA dimensions and themes*

5 SAFA is a holistic framework that applies a hierarchical structure in which, at the more general level,  
 6 there are four sustainability dimensions: Good Governance, Environmental Integrity, Economic  
 7 Resilience, and Social Well-being. The second level is comprised of 21 sustainability themes and the  
 8 third level consists of 58 sub-themes. Finally, the most specific level corresponds to 116 indicators  
 9 that quantitatively or qualitatively investigate precise verifiable data or facts. Each indicator is  
 10 supported by a guide that explains how to measure the item and the thresholds that must be referenced  
 11 to assign a score on a 5-point scale. Details of SAFA structure and SAFA dimensions and themes are  
 12 given in Tables 1 and 2.

13

**Table 1.** SAFA structure

<b>Dimension</b>	<b>Themes</b>	<b>Sub-themes</b>	<b>Indicators</b>
Good Governance	5	14	19
Environmental Integrity	6	14	52
Economic Resilience	4	14	26
Social Well-being	6	16	19
<b>Total</b>	<b>21</b>	<b>58</b>	<b>116</b>

14

Source: FAO (2013a)

15

16

**Table 2.** SAFA dimensions and themes

<b>Dimensions</b>	<b>Themes</b>
Good governance	G1. Corporate Ethics
	G2. Accountability
	G3. Participation
	G4. Rule of Law
	G5. Holistic Management
Environmental integrity	E1. Atmosphere
	E2. Water
	E3. Land
	E4. Biodiversity
	E5. Materials and Energy
	E6. Animal Welfare
Economic resilience	C1. Investment
	C2. Vulnerability
	C3. Product Quality and Information
	C4. Local Economy
Social well-being	S1. Decent Livelihoods
	S2. Fair Trading Practices
	S3. Labour Rights
	S4. Equity
	S5. Human Health
	S6. Cultural Diversity

17

Source: FAO (2013a)

18

19

### 1           4.1.3. *SAFA key competitive advantages*

2 According to the literature, SAFA reveals some key competitive advantages:

- 3       • Flexibility. SAFA can be implemented in different contexts, at different scales or levels by  
4       different users and multiple purposes (Kassem et al., 2017).
- 5       • High credibility, since it was developed by an independent UN organisation without the  
6       support of private corporations or NGOs (Bonisoli et al., 2018; Jawtusch et al., 2013).
- 7       • User-friendly. SAFA is very user-friendly, both in its application (time and cost saving) and  
8       its results comprehensibility. In addition, suggestions for possible improvements are clearly  
9       linked to the established thresholds of sub-themes and may directly motivate change (Gayatri  
10      et al., 2016).
- 11      • Comprehensiveness. The 116 indicators make the assessment detailed and highly thorough; it  
12      even identifies those sustainability aspects of which users are unaware (de Olde et al., 2017;  
13      Gayatri et al., 2016; Jawtusch et al., 2013).
- 14      • Finally, SAFA can be implemented with other sustainability tools such as quality  
15      certifications (for example Fairtrade) or other SATs (for example COSA and RISE) (Schader  
16      et al., 2014).

### 18           4.1.4. *Indicators assessment*

19 SAFA employs three kinds of indicators: indicators that evaluate whether the organisation has set a  
20 sustainability target to achieve, indicators that assess which sustainability practices the organisation  
21 has developed, and finally indicators that examine the sustainability performance of the organisation.  
22 Generally speaking, the latter group is the most important, which is why the majority of the indicators  
23 belong to this group. Nevertheless, since some performance is difficult to assess or impossible to  
24 measure, SAFA considers the practices implemented, and when there are no relevant practices, or  
25 there is limited evidence, the assessment focuses on targets (FAO, 2013a).

26 For example, the Environmental integrity indicators E 1.1.1, E 1.1.2 and E 1.1.3 compose the sub-  
27 theme Greenhouse Gases (E 1.1). The first indicator is a target-base that investigates whether the  
28 organisation has a formal written plan for the reduction of GHG. The second indicator lists a series  
29 of practices and asks which are implemented. Finally, the third indicator calculates the organisation's  
30 GHG emissions (FAO, 2013b).

31 The weight of indicators is different: a full sustainable target-based indicator has a quantified score  
32 of 1, a practice-based indicator a score of 2, and a performance-based a score of 3 points. Then, SAFA  
33 calculates the percentage of points achieved on possible points per dimension and provides the result  
34 following the scheme (see Table 3):

**Table 3. Indicators score**

Percentage points achieved / points achievable	SAFA Colour	This study score
> 80%	Dark green	> 4.1
60 – 80 %	Light green	3.1 to 4.0
40 – 60 %	Yellow	2.1 to 3.0
20 – 60 %	Orange	1.1 to 2.0
< 20 %	Red	< 1.0

Source: own elaboration

#### 4.1.5. Studies that implement SAFA methodology

Because of its key competitive advantage, SAFA has received a widespread acceptance among both researchers and users. It is possible to group some of the most relevant studies that implement SAFA methodology into five groups (results shown in Table 4):

- Sustainability assessment of an agri-system using the complete SAFA framework. In this group, it is important to mention Jawtusch et al. (2013), which is a pilot study that implements the 2012 version of the framework and is aimed at evaluating users' reaction to the new approach. Furthermore, two other studies demonstrate the vast capacity of SAFA to be applied in developing countries: Gayatri et al. (2016), who apply the framework to beef cattle farming in Indonesia; and Ssebunya et al. (2016), who focus on the small-holder coffee producers in Uganda. Finally, of particular interest are the works of Landert et al. (2017), who apply SAFA to evaluate the sustainability of the urban food system in Basel, Switzerland, and Al Shamsi et al. (2018), who apply SAFA in order to assess food sovereignty in an Italian and Emirates agri-system.
- Partial sustainability assessment using SAFA. It is the case of Theurl et al. (2017), who analyse greenhouse gas emissions along vegetable supply chains in Austria using the SAFA indicators that address this topic.
- Sustainability assessment using some of the SAFA indicators. Notable among this group are two related studies implemented in the Czech Republic: Hřebíček et al. (2013), which aims to find a list of sustainability indicators to be aimed at both farmers and policymakers; and Kassem et al. (2017), which identify a set of indicators to be applied to small farmers. Similar to the latter, Gaviglio et al. (2017) use the Good Governance SAFA indicators along with other frameworks to establish a set of indicators for the evaluation of an Italian agri-system.
- SAFA applied in synergy with other frameworks. Two examples are Hřebíček et al. (2015), who apply SAFA along with GRI to study the topic of sustainability reporting, and Gasso et al. (2015), which evaluate the sustainability of Danish maize for biogas systems in synergy with two other specific frameworks. Finally, having significant bearing on the scope of this study is the work of Schader et al. (2014), who employ SAFA as a third referee to detect differences and trade-offs of six different sustainability frameworks. A particular case is the study of Dabkiene, (2016) who evaluates the usefulness of the information provided by the European agricultural database FADN (Farm Accountancy Data Network) using SAFA indicators as a benchmark.
- SMART application. SMART (Sustainability Monitoring and Assessment Routine Sustainability) is an indicator-based tool that operationalises SAFA. In the work of Jawtusch

et al. (2013) the tool is presented and explained, and in Schader et al. (2016) SMART is detailed, explained and applied to a sample of a case study. Finally, Ssebunya et al. (2018) applied SMART to evaluate and compare the sustainability of organic and conventional coffee in Uganda.

**Table 4.** References implementing SAFA methodology

Group	References
Complete sustainability assessment using SAFA	Gayatri et al. (2016) Ssebunya et al. (2016) Landert et al. (2017) Al Shamsi et al. (2018)
Partial sustainability assessment using SAFA	Theurl et al. (2017)
Sustainability assessment using some of the SAFA indicators	Hřebíček et al. (2013) Kassem et al. (2017) Gaviglio et al. (2017)
SAFA applied in synergy with other frameworks	Hřebíček et al. (2015) Gasso et al. (2015) Schader et al. (2014) Dabkiene (2016)
SMART applications	Jawtuschk et al. (2013) Schader et al. (2016) Ssebunya et al. (2018)

Source: own elaboration

#### 4.1.6. SAFA process

SAFA follows a four-step process:

- Mapping. The first step is the mapping of the analysed system in order to describe key relationships among the system's members. The aim is to identify players, procedures, time-space boundaries and recognise the main goal of the evaluation.
- Contextualization. In this second step, the user must revise the sub-theme in order to identify those that can be applicable to the system from those that are either not relevant for the system or dependent on unavailable data and information.
- Indicators. In this step, the necessary documentation and information are collected and the indicators that have been selected are rated according to a 5-point scale whose thresholds are established by the framework guideline. Because the rating depends on the user's judgement, it is necessary that he or she explain the reason for each indicator's score.
- Reporting. In the last step, scores are entered in the SAFA Tool Software and a polygon is created to show the results. In this step, it is important that the user clarify the evaluation outcomes and suggest possible improvements.

#### 4.2. Sample

To compare the effect of certification on sustainability assessment, two different organisations were considered. The first (identified with the letter *A*) is a group of 89 small farmers whose property range

1 is from 1 to 32.23 hectares. These farmers belong to an association, which in 2013 began a programme  
 2 to obtain both FT and Organic certification along with GlobalGap. Thanks to economic results, the  
 3 association experienced rapid growth that resulted in tripling the number of members in a three-year  
 4 period. The association sells directly to European retailers without intermediaries and its clients are  
 5 mostly located in Germany and Italy.

6 The second institution (identified with *B*) is a group of 22 producers that sell their products to a single  
 7 export firm that was created four years ago to cope with the demand of a great European retailer. At  
 8 the moment, the group sells its conventional banana to two big European retailers whose clients are  
 9 located in Eastern Europe, mainly in Russia, Czech Republic and Turkey. They respect the private  
 10 quality standards established by the retailers that were originally based on Rainforest Alliance  
 11 standards, but they do not have other certifications (see Table 5).

12 To undertake the investigation, an original approach was developed for the operationalisation of  
 13 SAFA that consists of three basic steps. The first involved a series of structured interviews with seven  
 14 managers and employees of the two organisations to obtain the bulk of the Good Governance and  
 15 Economic Resilience dimensions and a part of the Environmental Integrity dimension. Then, farm  
 16 visits were conducted to control the application of rules and procedures required to fulfil the  
 17 Environmental Integrity dimension. Finally, two surveys, which were applied to a random sample of  
 18 27 farmers and 440 workers, were the basis for fulfilling the Social Well-being dimension.

19

20

**Table 5.** Sample features

<b>Features</b>	<b>Group A</b>	<b>Group B</b>
Members	89	22
Total hectares	586.78	941.08
Hectares range	1.00 – 32.23	1.95 – 130
Hectares mean and s.d.	6.59 – 5.61	42.78 – 34.57
Location	El Oro province	El Oro province
Production	Organic	Conventional
Certifications	FLO – IFOAM – Global Gap	Retailers certifications
Product destination	Western Europe	Eastern Europe

21

22

## 23 5. Results

24 The way SAFA calculates the score for each theme is the arithmetic mean. Nevertheless, SAFA  
 25 rounded the score to the next integer so that, for example, 3.1 and 3.9 both score 4. This study prefers  
 26 to keep one decimal digit, hence in Table 6 and Figures 2-5 scores are shown with decimals, while in  
 27 Figures 6-8 scores are described as they appear in the SAFA report. Table 6 shows a summary of the  
 28 main results by dimensions.

29

**Table 6. Analysis results summary**

<b>Theme</b>	<b>A – score</b>	<b>B – score</b>	<b>Main differences between A and B scores</b>
			Good governance
G1: Corporate ethics	3.7	3.3	The mission statement is not known by all employees in <i>B</i> . <i>A</i> has a committee of needs analysis and a process for security regulation.
G2: Accountability	4	4	-
G3: Participation	1.5	1.5	-
G4: Rule of law	3.0	2.0	Some members of <i>B</i> do not fully respect workers' rights. In <i>B</i> there is a lobbying activity endorsed by dealers that tries to influence government without stakeholder participation.
G5: Holistic management	4.5	4.5	-
			Environmental integrity
E1: Atmosphere	2.3	2.0	<i>A</i> land-cover change to more complex and diverse systems, such as organic agriculture.
E2: Water	4.4	3.9	<i>A</i> does not use highly hazardous chemicals that have potential adverse effects on aquatic life.
E3: Land	4.3	3.4	<i>B</i> presents a considerable amount of degraded land.
E4: Biodiversity	2.0	1.8	Presence of mix-cropping in <i>A</i> .
E5: Material and energy	2.8	1.9	The inspection found the use of fire to dispose of waste in <i>B</i> .
E6: Animal well-being	-	-	-
			Economic resilience
C1: Investments	4.3	3.0	The premium of FT results in better returns of <i>A</i> .
C2: Vulnerability	3.0	2.0	Better cash flow trend and available financial net for <i>A</i> .
C3: Product quality and information	4.4	4.0	The total organic process of <i>A</i> results in better quality food.
C4: Local economy	4.5	4.5	-
			Social wellbeing
S1: Decent livelihood	3.1	3.5	<i>B</i> 's farmers and workers declare to be better off than <i>A</i> 's.
S2: Fair trading practices	4.0	5.0	Under the box price restitution agreement found in <i>A</i> process.
S3: Labour rights	3.3	4.5	Presence of illegally hired workers and child labour found in <i>A</i> .
S4: Equity	3.3	4.3	<i>A</i> 's farmers less willing to hire women and disabled people.
S5: Human safety and health	4.5	4.5	<i>A</i> show a higher rate of accidents but also a formal plan aimed at not contaminating the surroundings.
S6: Cultural diversity	2.0	2.0	-

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### 5.1. Good Governance (G) dimension results

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In this dimension, the results of the two organisations are quite similar as they differ consistently only on one theme out of five (see Figure 2).

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The difference regarding theme G1 is in the mission statement: in both cases a mission statement is present, but only in *A* it is known by all employees. Nevertheless, in both cases, the mission statement seems to be a general requirement imposed from above (certifier bodies) rather than a real guideline



1 the organisation wants to follow. On the other hand, *B* endorses a partial risk analysis provided by  
2 the private certifier, while there is no evidence of a formal risk for *A*.

3 An interesting result was obtained in theme G3. In fact, both organisations fail to identify and involve  
4 stakeholders in their information and decision-making processes. More importantly, even the concept  
5 of “stakeholders” itself is unknown to these organisations.

6 The only significant difference in this dimension was found in theme G4: in this case, two indicators  
7 display a slight variance in performance. Firstly, *A* does not undertake any lobbying activity, while *B*  
8 does, albeit not intensively; secondly, in some case, some farms of *B* were found to partially breach  
9 workers’ rights, even if, in general, *B* complies with all work regulations. This last point is possible  
10 as *B* members are mostly medium and big size farms where rights violations are more easily detected,  
11 while for small-holder *A* members, workers’ issues are arranged in a personal manner and hence are  
12 more difficult to detect. Thus, the fact that the same right violation is made by both organisations is  
13 quite probable.

14 G2 and G5 show very similar results.

15

16

**Figure 2.** Good Governance (G) dimension results



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18

## 19 5.2. Environmental (E) Integrity dimension results

20 The combination of organic production and FT standard along with the presence of 20 agri-forest  
21 farms is the most likely explanation for the better results of *A* in relation to those of *B* in all themes  
22 (see Figure 3).

23 Regarding E1, the lack of a precise plan for lowering GHG and air pollutant emissions and  
24 information on the air quality in the area could explain why both organisation registered rather low  
25 scores. Nevertheless, the above-mentioned factors, i.e. organic process and agri-forest farms, give an  
26 advantage to *A*.

27 *B* achieves good performance in both Water and Soil themes since practices and performance in these  
28 organisations are substantially positive. *B* implemented a process by which water used in banana

1 handling is recycled for irrigation and imposed 30-metre buffer zones to prevent water contamination.  
2 Regarding soil quality, decades of pesticides resulted in a poor organic matter level for both  
3 organisations since the organic crop is a recent introduction in the local environment. However, the  
4 soil analysis that both organisations carry out every two years reveals chemical and biological results  
5 in accordance with locally established standards. The difference between the two organisations is the  
6 presence in *B* of 40 has. of degraded land whose status is yet to be defined as all efforts to restore it  
7 produced insignificant outcomes.

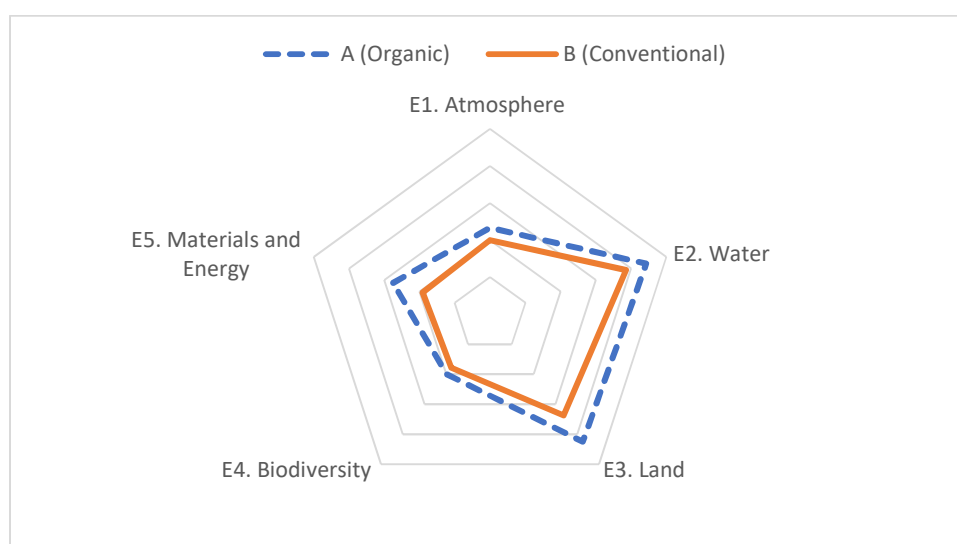
8 Biodiversity is a very weak point for both *A* and *B*. The demands of a monocrop and the intensive  
9 exploitation of rural areas had a strong impact on biodiversity. Wild animals almost disappeared,  
10 along with local endogenous plant species. Despite plans protect and restore wildlife in accordance  
11 with market requirements, the situation is far from sustainable. Organic standards that demand a  
12 minimum presence of intercropping and agri-forest farms that implement a high rate mixed cropping  
13 with the presence of not cultivated land result in a slight difference between *A* and *B* scores. In fact,  
14 while the effect of the organic process is limited by intensive cropping, agri-forest farms are just a  
15 small percentage of the total farms of *A*. Hence, the results outline how only agri-forest is a system  
16 that may be sustainable for biodiversity.

17 Finally, the attitude of farms towards using raw non-renewable material and energy from non-  
18 renewable sources weakens the performance in the last theme since both organisations have planned  
19 to substitute the use of diesel with electricity as the primary source of energy. The difference in results  
20 is due to some infractions of certifiers' regulations, which took place during on-site visits to *B* (such  
21 as the use of fire to dispose of waste).

22

23

**Figure 3.** Environmental (E) Integrity dimension results



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### 26 5.3. Economic resilience (C) dimension results

27 Organic banana reaches a higher price than conventional and FT certification implies extra cash for  
28 social and production investment. Consequently, the organic sector is more profitable than the  
29 conventional sector. This situation is reflected in the results of the economic dimension (see Figure  
30 4).

1 *A* proves to be sustainable in three out of four themes. In C1, the Fairtrade premium is USD 1.00 per  
2 banana box and accounts for USD 0.5m per year to be spent on technological or social improvements.  
3 Thanks to this aid, *A* implemented several improvements such as the introduction of new machinery  
4 (e.g. water recycling, bunch transportation) and implementation of social services (e.g. farmers health  
5 service). In addition, *A* bought a 20has farm to manage directly.

6 C2 shows the common situation of high vulnerability. The main reason is the dependence on one  
7 single crop. Monoculture is the basis of the entire banana sector and only agri-forest farms grow a  
8 consistent percentage of other crops along with banana trees. Other points of vulnerability include  
9 the scarce number of customers, which in the case of *B* are only two big retailers, the lack of financial  
10 risk analysis and a product scarcity prevention plan. However, *A* is less vulnerable than *B* as it has  
11 access to a financial net (provided by the *Banco de Crédito*) and a more reliable cash flow trend in  
12 the last five years.

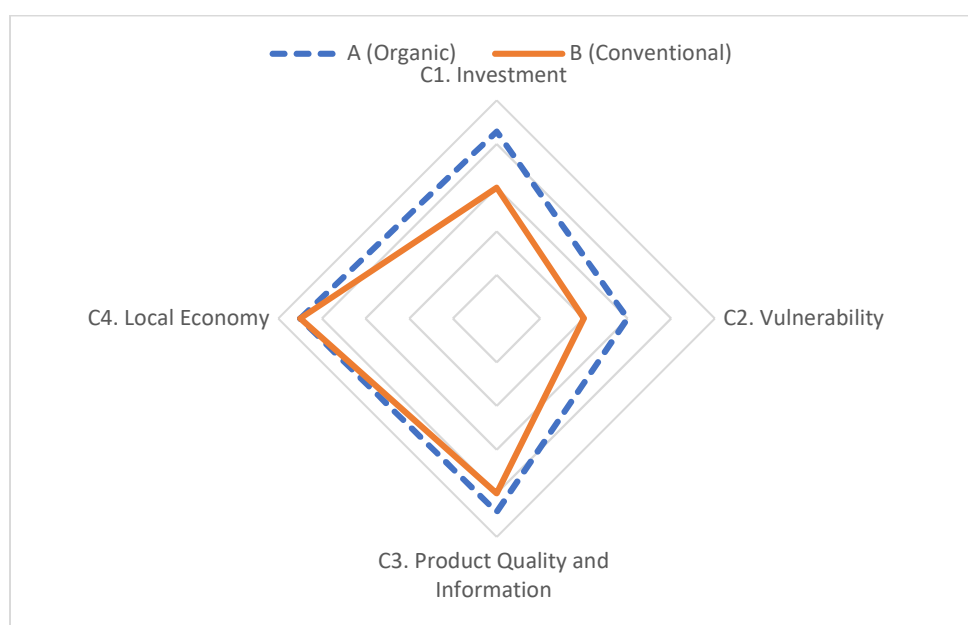
13 Slight differences emerged in theme C3, in fact, both certifiers and customers require measures that  
14 ensure food quality and contamination prevention. The gap in the results is due to the fully organic  
15 process implemented by *A* that does not use any chemical product.

16 Results in C4 are totally identical; both organisations pay all taxes due and hire only local workforce.  
17 Regarding this last point, it is important to underline that in the last decade some farms hire immigrant  
18 workers at lower wages; nevertheless, this practice resulted in a drop in productivity and product  
19 quality since banana plantations require an expert workforce and tacit knowledge that was impossible  
20 to find in unskilled workers. For this reason, at present, no farm hires foreign workers.

21

22

**Figure 4.** Economic Resilience (C) dimension results



23

24

#### 25 5.4. Social (S) Well-being dimension results

26 If in the previous dimensions *A* equals or exceeds *B*'s results, in the Social Well-being dimension the  
27 results of *B* reveal a more sustainable scenario than that represented by *A*'s performance. In particular,  
28 *B* surpasses *A* in four out of six themes (see Figure 5).

1 Theme S1 addresses life conditions of workers and farmers. Since *B*'s producers are bigger, it comes  
2 as no surprise that their workers are also better off than *A*'s. Also, *B*'s workers declare a higher  
3 income, as 77% of them declare they can satisfy the needs of their families with their wages versus  
4 39% of *A*'s.

5 Theme S2 addresses fair trade with customers. Even though, in general, *A* enjoys fair relationships  
6 with customers and prices are established by the government, there is evidence of the unofficial price  
7 arrangement once or twice a year when buyers expect sellers to return part of the regular price "under  
8 the table". This happens when small farms sell to big exporters, but there is no evidence that this  
9 arrangement occurs with big farms too, thus *B* is probably immune to this practice.

10 Theme S3 is linked to labour rights. In this case, the difference in size is the source of the difference  
11 in the results. In fact, big farms are more likely to be subject to workers' rights inspections than small-  
12 holder farms, because the latter are usually located far from villages and personal arrangements  
13 between employers and workers are preferred to formal regulation. For this reason, the analysis  
14 reveals 25% illegally contracted workers in the farms of *A* and the presence of child labour, in  
15 particular among employers' family members.

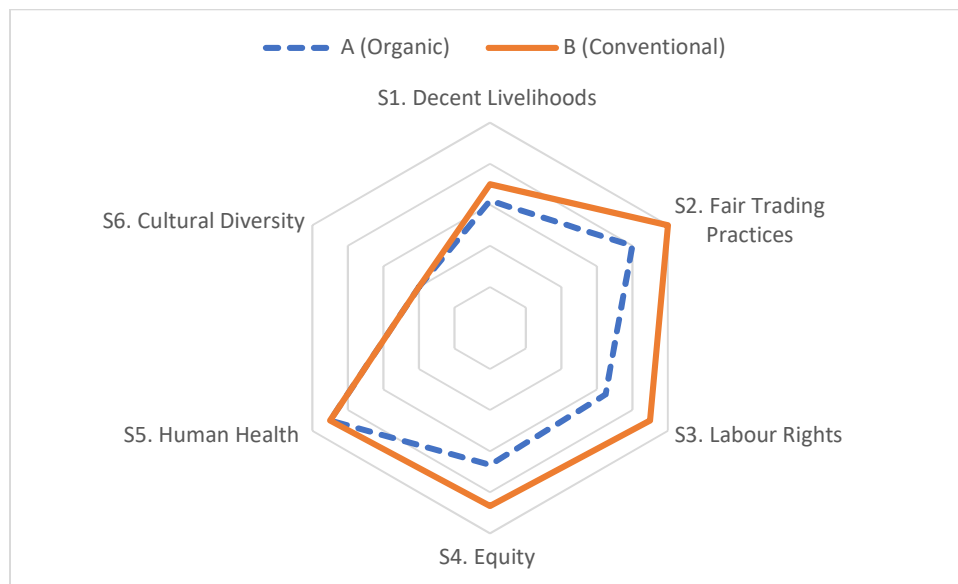
16 Theme S4 is related to equity with respect to minorities, women and disabled individuals. The  
17 difference is the fact that not all *A*'s farmers claimed to respect women's right to maternity leave, but  
18 a third of them prefer to hire a man rather than a woman to avoid this situation. Similarly, *A*'s farmers  
19 did less to reduce the gap in hiring disabled people than *B*'s farmers did.

20 Theme S5 relates to health and safety. Although both organisations supposedly provide training  
21 courses in first aid and safety, a higher rate of accidents was found in *A*. This fact is probably related  
22 to the less strict observance of safety regulations of small farms. Nevertheless, *A* performs better than  
23 *B* as it possesses, according to FT standards, a formal plan aimed at not contaminating the surrounding  
24 environment, even though in both *A* and *B*, there is no evidence of surrounding contamination.

25 As for theme S6, which is related to indigenous knowledge and local species, it is rather interesting  
26 that both *A* and *B* obtained the same results. In both cases, records show very poor outcomes as no  
27 plans or contracts take into account indigenous intellectual property and plant species respond to  
28 market demand rather than local needs.

29

1 **Figure 5. Social (S) Well-being dimension results**



4 5.5. Overview

5 However, SAFA is a tool that allows different levels of depth. In fact, the analysts may refer to very  
6 high-quality data or simply personal estimations. The accuracy of the score is reported on a 3-point  
7 scale for each theme in the spider graph (Figure 6).

8 The way SAFA calculates the score for each theme is through arithmetic mean. The present analysis  
9 kept one decimal digit. In contrast, SAFA rounded the score to the next integer so that, for example,  
10 3.1 and 3.9 both score 4. The scores are displayed below as they appear in the SAFA tool.

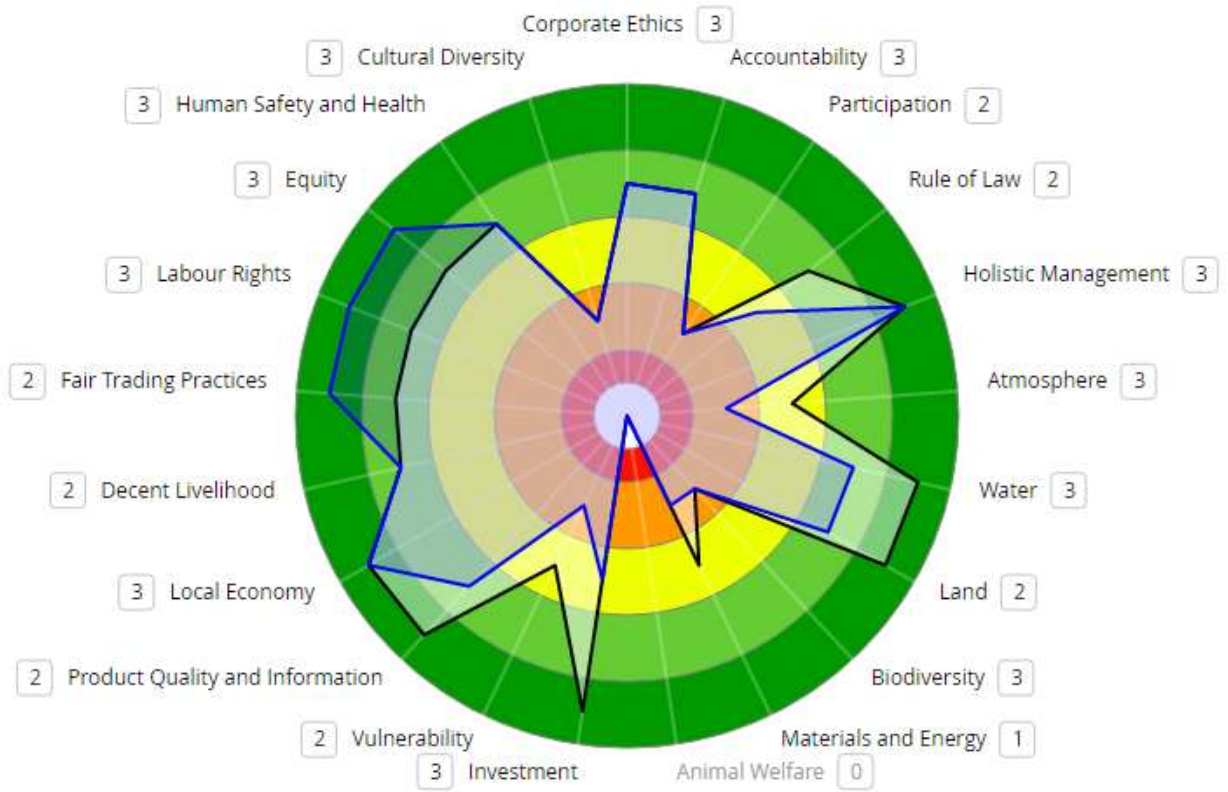
11 An overall view of the evaluation results shows how no theme is rated “unacceptable”, so it is possible  
12 to conclude that certification and government effort succeeded in guaranteeing a minimum level of  
13 sustainability.

14 At the same time, it is important to observe that 9 out of 20 themes report the same score for both  
15 organisations; 8 themes reveal progress for *A* over *B*, and 3 themes display an advantage of *B* over *A*  
16 (see Table 7).

17 In addition, *A* achieves the “Best” scores 6 times, while in 3 themes it scores the lowest rate of  
18 “Limited” (see Figure 7). However, *B* scores “Best” 5 times and “Limited” 6 times (see Figure 8).

1

**Figure 6. Overall SAFA results**



2

3 **A (Organic)** ———

4 **B (Conventional)** ———

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6

7 Rating:

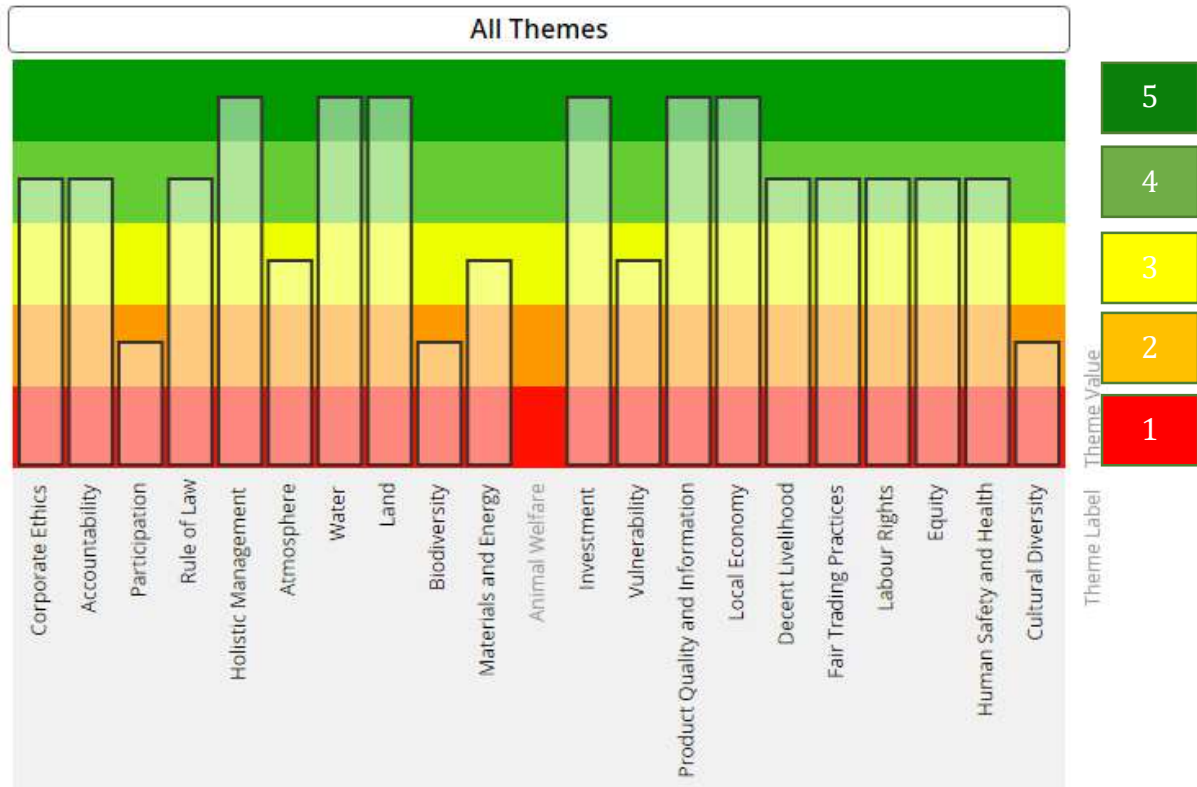


Accuracy score: 0 no data; 1 – low quality data; 2 – moderate quality data; 3 – high quality data.

**Table 7. Results comparison**

<b>Comparison A (Organic) vs B (Conventional)</b>	<b>Code</b>	<b>Theme name</b>
A is more sustainable than B	G4	Rule of law
	E1	Atmosphere
	E2	Water
	E3	Land
	E5	Materials and energy
	C1	Investment
	C2	Vulnerability
	C3	Product quality and information
	A and B are equally sustainable	G1
G2		Accountability
G3		Participation
G5		Holistic management
E4		Biodiversity
C4		Local economy
S1		Decent livelihood
S5		Human safety and health
S6		Cultural diversity
B is more sustainable than A		S2
	S3	Labour rights
	S4	Equity

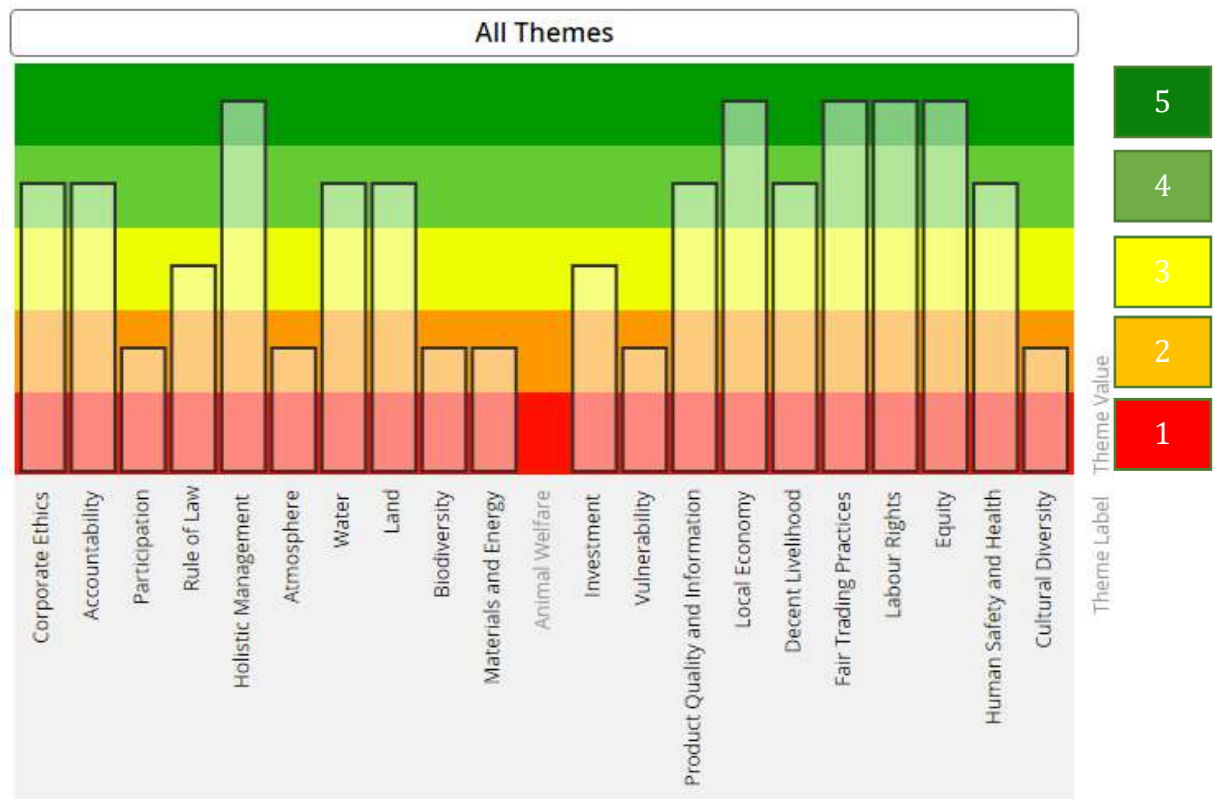
**Figure 7. A scores per themes**



Rating:



**Figure 8.** *B* scores per themes



Rating:



1  
2  
3

## 6. Discussion

4 These results generate the need for an in-depth analysis of three main aspects: firstly, the main  
5 objective of this study, i.e. the effect of certification on banana agri-system sustainability; secondly,  
6 the actual situation of the banana agri-system; and, finally, the effectiveness of SAFA.

### 7 6.1. Certifications

8 The positive effect of certification on sustainability is indubitable: both organisations would have  
9 scored considerably worse if they had not respected certifiers standards. Furthermore, the difference  
10 between the two organisations is generally ascribable to better standards implemented by *A*.

11 In particular, if in the Environment dimension, the organic process of *A* results in better performance  
12 in atmosphere, water land and energy themes, FT standards generate better achievements in Economic  
13 and Governance dimensions.

14 Interestingly, *B* surpasses *A* in three social well-being themes. The fact that FT is stricter than private  
15 standards seems not automatically lead to a better level of sustainability. There may be different  
16 explanations for this outcome, but two seem the most probable: the first is that FT standards are



1 matched by private standards; the second is that the cause of this result is more likely to be found in  
2 other aspects, for example, in the size and processes of the single farm rather than in the certification  
3 standards. The latter is precisely the line of study in Clercx and Huyghe (2013), who remark how  
4 certifications are more concerned with the product than land and thus underrate complex social  
5 dynamics at, for instance, workforce level.

6 Nevertheless, to investigate this situation more in depth, it is necessary to conduct another study  
7 focused on social sustainability at worker level, since this group represents the weakest participants  
8 in the system.

9

## 10 6.2. The banana agri-system

11 The analysis reveals some interesting aspects of the agri-system. First of all, sustainability is an issue  
12 that has only received attention from stakeholders in recent years as a consequence of consumers'  
13 interest and requirements. A deep interest in the sustainability of local agriculture from producers and  
14 key stakeholders appears to be far from being achieved.

15 Specifically, the weakest points in the evaluation were shown to depend more on the situation of the  
16 agri-system rather than on a single organisation. In fact, in three themes both *A* and *B* have the lowest  
17 mark: the lack of performance in Participation, Biodiversity and Cultural diversity reflects  
18 backwardness of the entire system and the use of land in the past (Clercx et al., 2015).

19 In the last decade, the government has developed policies focused on sustainable development  
20 (Santos et al., 2016; SENPLADES, 2013) that are more the result of from-above planning rather than  
21 the product of a collective stakeholders' agreement.

22 Hence, the implementation of a bottom-up sustainability programme is once again a solution  
23 recommended by the present study.

24

## 25 6.3. Sustainability assessment tools

26 SAFA demonstrates its capacity to represent an agri-system. The 114 indicators applied in this study  
27 (the five indicators of theme E6 were not applied as the farms do not grow livestock) cover a wide  
28 spectrum of aspects, so all relevant factors were analysed. Hence, SAFA fully demonstrates its  
29 capacity to evaluate in depth a specific agri-system and its approach allows for a sound evaluation  
30 that is easily understood by both researchers and, more important, farmers. In fact, the visual  
31 representation of scores leads farmers to ask for the reason why a specific indicator scored badly and  
32 the possible way to improve the performance and raise the mark.

33 Nonetheless, the high variety of themes is the main obstacle to its application since the analysis of  
34 the four dimensions requires a process where several steps are necessary to plan the analysis and  
35 different instruments must be applied simultaneously. In this study, a novel approach for the  
36 operationalisation of SAFA was applied. It consists of set structured interviews with seven managers  
37 and employees of both organisations, inspections of farms to control the application of rules and  
38 procedures and two surveys of farmers and workers. The process took a total of nine months; thus,  
39 the instrument cannot be considered as quick and agile as it seemed initially. However, since a  
40 relevant part of the time was spent designing the operational approach, practitioners applying the  
41 same approach could conduct the analysis more rapidly.

1 Moreover, the framework reflects the limitations of the top-down approach. In particular, since  
2 farmers are not involved in the process of defining indicators, they could not understand the logic and  
3 relevance of some indicators.

4 For example, indicator S6.1 refers to indigenous communities and asks if farmers respect indigenous  
5 rights and intellectual property. In this case, farmers state that they have no contact with indigenous  
6 people since those communities are present in other parts of the country and not in the province.  
7 However, in particular in the case of small farmers, although they do not belong to the native  
8 community, they may consider themselves as indigenous, since their ancestors were the first to  
9 cultivate those lands. Thus, the indicator proved difficult for researchers to manage and irrelevant to  
10 farmers.

11 For this reason, as recommended by Bonisoli et al. (2018), a solution could be a combination of SAFA  
12 and a bottom-up approach, MESMIS for instance, so that SAFA indicators could be the basis for a  
13 participative process involving key stakeholders in indicators recognition.

14

## 15 **7. Conclusions**

16 **The present study presents an analysis of the sustainability of certified agri-food produce.** This  
17 analysis contributes to the academic debate concerning the comparison between certified and  
18 conventional agri-systems in three key ways: it develops an exhaustive evaluation that comprehends  
19 the four sustainability dimensions, employs an original approach that operationalises SAFA, and  
20 delivers a detailed evaluation whose results can be transformed into actions to improve the  
21 sustainability of a system that strongly depends on market demand.

22 The study utilised SAFA as an instrument to assess and compare the sustainability of the certified  
23 and conventional banana agri-systems because of the wide spectrum of sustainability themes  
24 considered in the evaluation, it can be easily implemented and understood by producers and decision  
25 makers, and the consequential possibility to identify precise measures to enhance sustainability in the  
26 short term.

27 The results demonstrate that the certified banana system performs at a higher level of sustainability  
28 in the governance, environmental and economic dimensions, yet it leads to lower sustainability  
29 outcomes in the social dimension. This finding is particularly important since it calls into question  
30 whether certification schemes actually achieve one of their two main objectives, i.e. the improvement  
31 of stakeholder's well-being.

32 **Nevertheless, SAFA reveals that the agri-system displays certain flaws regardless of the type of**  
33 **production. For instance, with the sole exclusion of agri-forest farms, all producers are growing a**  
34 **monoculture, and intercropping is not considered an option since the introduction of a second crop**  
35 **would mean a drop of revenues. This fact increases vulnerability and jeopardises soil quality.**  
36 **Moreover, there is no evidence of any air contamination control or air contamination awareness**  
37 **among farmers and workers as the vast majority of farms still use fuel-based energy generators rather**  
38 **than renewable-based ones. Finally, most of the material utilised is raw and non-renewable, and a**  
39 **satisfactory waste recycling scheme is a target still far from being reached.**

40 The present study has the limitation that it analyses a specific sector of Ecuadorian agriculture.  
41 However, the depth and set of factors analysed offers a methodology that can be extended to the  
42 assessment of sustainability in other agri-systems, particularly in those where there may be

1 controversy between different certifications. Furthermore, this paper applies an original approach for  
2 the operationalisation of SAFA, which could possibly be implemented by other practitioners,  
3 although its detailed presentation is beyond the scope of this analysis.

4 Additionally, this study discloses, on one hand, a general higher level of sustainability of certified  
5 farms and, on the other hand, the need for ensuring demand for certified products in destination  
6 markets. Hence, further studies could target at least three possible subjects. Since certified producers  
7 obtain lower results in social sustainability, an initial issue to address could be the analysis of reasons  
8 and the identification of possible measures that might improve performance in this dimension.  
9 Secondly, due to the high scores in environmental and economic sustainability, future research should  
10 consider the most suitable marketing tools aimed at enhancing demand for certified products in both  
11 local and foreign markets. Finally, since the decisive performance in all sustainability dimension of  
12 agri-forest farms, an in-depth inquiry targeting decision-makers is required, one which contemplates  
13 large-scale financial and operational aid for a possible conversion of conventional farms to agri-  
14 forest. In the three cases, SAFA could provide a reliable basis for carrying out said research.

15

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