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Evolution of social norms with heterogeneous preferences:
A general model and an application to the academic review process

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The article presents a model of social norm evolution, which suggests how the increase in optimal and actual first response times (FRT) of economics journals can be related. When the optimal FRT and the norm about how much time refereeing should take increase, it seems that the existence of a norm increases the average refereeing time. The model suggests the surprising result that this is not necessarily true. I also discuss applications of the model in other contexts, differences in the optimal FRT between disciplines, the effects of the FRT on the tenure process, and strategic behavior of referees.

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Keywords: social norms; evolution; first response times; refereeing; academic publishing; turnaround times; journals; review process.

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1. Introduction

Academic publishing has received attention in several articles in recent years. A few studies considered the pricing of academic journals (e.g. Bergstrom, 2001 and McCabe, 2002), while others focused on various aspects of the review process, for example payment to referees (Engers and Gans, 1998; Chang and Lai, 2001), the value-added from the review process (Laband, 1990), and the increase in the number and the extent of revisions requested prior to publication, which also increases the submit-accept time (Ellison, 2002a; 2002b). This trend is an acknowledgement that research on the academic review process is not only interesting, but is also very important, because knowing more about the process and understanding it better may suggest how it can be improved, enhancing the productivity of economists and scholars in other disciplines.

One of the most criticized aspects of the review process is the long delay in publication it creates. The most important part of the editorial delay is the first response time (the time from submission to first editorial decision, henceforth FRT): while most articles go through rounds of revisions and the delay from acceptance to publication only in the journal that publishes the article, the FRT is imposed on the article also in any journal that rejects it. Azar (2004a), for example, estimates that the average article is submitted (and therefore suffers from the FRT) 3-6 times prior to publication.

A recent article (Azar, 2004b) suggests that the FRT of economics journals increased from about 2 months 40 years ago to 3-6 months today. Interestingly, Azar argues that the optimal FRT has also increased during this period. He explains that the optimal FRT is not zero, because the delay caused by the FRT deters submissions of mediocre papers to good journals, and thus a longer FRT reduces the costs of the review process (mainly the cost of referees’ and
The optimal FRT is determined according to the trade-off between reducing the review process costs and disseminating new research quickly. Azar claims that because new research today is often available as a working paper on the Internet even before publication in a journal, it became less important from a social perspective to publish new research quickly in journals. Moreover, because papers today are longer and more mathematical than in the past, refereeing them is more costly, and therefore it became more important to deter frivolous submissions. Azar explains that these two changes have increased the optimal FRT.

The fact that both the actual and the optimal FRT increased during the same period raises several interesting questions. Did referees or editors think (consciously or not) about the optimal FRT, and therefore the actual FRT increased together with the optimal FRT? What if some referees do not care about the optimal FRT – are they also slower today than 40 years ago? If referees follow a social norm in deciding how quickly to referee a paper, will this increase social welfare or not? I address these questions and some other related questions using a model in which referees care about several different things: the optimal FRT, the social norm about how quickly a referee should respond, and their own personal preferences. I allow for heterogeneity among referees in several dimensions and I analyze how the social norm evolves over time, in particular when there is also an external change in the environment (e.g. an increase in the optimal FRT). The model suggests the surprising result that even when the social norm changes in a welfare-improving way, its existence may reduce welfare.

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2 Azar (2006), however, offers a few ideas how the FRT can be shortened without increasing the costs of the review process.

3 For a detailed analysis of the optimal FRT (and the optimal submission strategy of the author) see Azar (2005).
While the discussion focuses on the review process, the model is more general and can be applied to other contexts as well, thus contributing to the literature on the evolution of social norms (see for example Sethi (1996) for an evolutionary model of social norms, Sethi and Somanathan (1996) for an evolutionary model in the context of common property resource use, and Azar (2004c) for a model which is applied to analysis of the tipping norm). I discuss briefly two examples of other norms that can be analyzed using the model: workplace norms, and norms of proper dress.

The rest of the article is organized as follows: Section 2 discusses potential reasons for the increase in the FRT over the years. Section 3 presents a model of the evolution of social norms applied to the refereeing context. The model is applicable to a broad range of social norms; Section 4 discusses briefly two examples. Section 5 discusses three additional questions regarding the FRT, and Section 6 concludes.

2. The Slowdown in First Response Times of Economics Journals

Azar (2004b) suggests that the FRT grew from about 2 months circa 1960 to about 3-6 months today. What has changed over the last 40 years that could increase the FRT so much? Technology obviously advanced significantly, but should have the opposite effect – to shorten the FRT. With the software that exists today, it is easier to detect papers that spend too much time in the referee’s hands. E-mail and faxes can be used for certain tasks and are faster than mail. Electronic submissions were adopted by various journals and allow to eliminate the mailing delays.

Ellison (2002a) documents an increase in the submit-accept time of economics journals and considers several potential reasons for it, some of which may also explain a longer FRT (e.g.
papers becoming longer and more complex). His empirical analysis, however, leads him to conclude (p. 989), “What I find most striking in the data is how hard it seems to be to find substantial differences between the economics profession now and the economics profession in 1970. The profession is not much larger. It does not appear to be much more democratic. I cannot find the increasing specialization that I would have expected if economic research were really much harder and more complex than it was 30 years ago.” Consequently, these issues also do not seem to be the reason for the slowdown in the FRT.

Papers have become longer over the last few decades (see Ellison, 2002a; 2002b), and this may increase the time needed to referee a paper. But refereeing most papers requires only a few hours. Hamermesh (1994), for example, suggests that it takes six hours to referee an average paper. The Canadian Journal of Economics provides advice to referees in which it states “The amount of time taken with a paper can vary enormously – anything from a couple of hours to a couple of days of full-time effort. A typical report should probably take 3 or 4 hours.” Assume that today it takes on average five hours to referee a paper. No matter how little time it took to referee a paper forty years ago, a few more hours required for the task today cannot justify an increase of about three months in the FRT.

The FRT consists of the time it takes the editor to choose referees, the mailing time to and from the referees, the time it takes the referees to write the reports, and the time it takes the editor to make a decision based on these reports. The main component of the long FRT today is the time the paper spends in the hands of referees. But it takes many referees a few months to write a report not because they ponder about the importance of the paper for several months, but because the paper waits a long time unread. In Franklin Fisher’s words, “Such a paper is delayed

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not because a referee is taking three months to decide on it but because it is sitting in a pile on his or her desk” (Shepherd, 1995, p. 103). Why do referees leave papers in the pile for more time today than in the past? I suggest two reasons: because the social norm of how much time it should take to referee a paper has increased, and because the optimal FRT is longer today.

The explanation why the optimal FRT has increased over the years was briefly discussed in the introduction and appears in more detail in Azar (2004b). We might wonder how the optimal FRT translates into referees’ behavior. Does it require that referees will compute the optimal FRT or think about it explicitly? The answer is no, just as people might behave as if they are utility maximizers even without actually solving a utility maximization problem. For example, one of the two changes that increased the optimal FRT is the higher availability of working papers today. Even without thinking explicitly about the optimal FRT, referees in the past might have felt very guilty when it took them a long time to write their referee report because they knew they were delaying the dissemination of this new research. Today, referees know that the paper is probably already available on the Internet, and therefore they might feel less guilty when delaying the review process.

Why are social norms related to the refereeing time (the time the paper spends in the referee’s hands)? The refereeing time can be thought of as a social norm because when referees contemplate how quickly they should send their report, they consider, directly and indirectly, how quickly others write referee reports. That is, the refereeing time is affected by the norm

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5 The indirect effect is that the editor’s expectations from the referee (and a major expectation deals with how quickly the report should be returned) are based on the behavior of other referees. Meeting the editor’s expectations is important to referees for several reasons. First, the referee might feel irresponsible and uncomfortable when he is much slower than others. Second, the editor may be asked to write a reference letter about the referee in the future.
about how much time it takes to referee a paper.\textsuperscript{6} Most referees today do not feel especially embarrassed or guilty to send reports after three months, knowing that this is the time it takes many other referees as well. But a few decades ago, when most referees responded within a few weeks, it probably was much more embarrassing to send referee reports only after three months. Comparison to other referees works also in the other direction: some referees may not want to be faster than others, to avoid receiving too many refereeing requests (see Thomson, 2001, p. 116).

Obviously, if referees change their behavior because the optimal FRT has changed, this also affects the social norm about how much time refereeing should take. The change in the norm further affects referees’ behavior, so the norm changes again and so on. In what follows, I introduce a dynamic model that describes the evolution of the social norm about refereeing time and analyzes how the behavior of referees and the norm change when there are changes in the environment (e.g. an increase in the optimal FRT).

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\textsuperscript{6} See also Ellison (2002a, p. 984), who writes: “I use the term “social norms” to refer to the idea that the publication process may be fairly arbitrary: editors and referees could simply be doing what conventions dictate one does with submissions.”
3. The Evolution of the Social Norm of Refereeing Time

Let us think about a referee who receives a paper to referee, puts it aside for some time, and then reads it and writes the report. The factors that affect the refereeing time chosen by the referee (denoted by \( r \)) can be divided to three: the social norm about how long it should take to referee a paper, the optimal delay (denoted by \( D^* \)), and all other factors.\(^7\) These other factors include how busy the referee is, how much he tends to procrastinate, whether the paper interests him, and so on; I denote the delay that the referee would choose if these were the only factors by \( v \) (“various factors”), which may differ across referees. The preferred refereeing time from the referee’s perspective (ignoring the social norm for the moment) is denoted by \( p \), and is equal to a weighted average between \( D^* \) and \( v \):

\[
(1) \quad p = wD^* + (1 - w)v.
\]

The weight given to the optimal delay, \( w \in [0, 1] \), may be different across referees. Referees who do not care at all about the optimal delay correspond to \( w = 0 \), for example. Notice that while \( p, w \) and \( v \) are potentially different across referees, \( D^* \) is the same for everyone.\(^8\)

The relative importance of the social norm for each referee is measured by \( m \), where \( 0 \leq m < 1 \). The values of \( m, p, v, \) and \( w \) represent the referee’s personality and concerns and are exogenous. The referee only chooses the refereeing delay, \( r \). The desire of the referee to choose a

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\(^7\)The optimal delay is the optimal refereeing time (from a social perspective). It equals the optimal FRT minus the time that the paper spends in the editor’s hands and in the mail to and from the referee. A longer optimal FRT therefore increases also the optimal delay.

\(^8\)The notation also makes it easy to remember which variables are potentially heterogeneous: capital letters denote variables that are the same for all referees and small letters denote variables that may be different across referees.
refereeing delay that is close to \( p \) on one hand, but also close to the norm in period \( t \) (denoted by \( N_t \)) on the other hand, is expressed in the following utility function:

\[
(2) \quad u(r; p, m, N_t) = -m(r - N_t)^2 - (1 - m)(r - p)^2.
\]

Taking the first-order condition of the utility maximization problem and rearranging suggests that the optimal choice of \( r \) in period \( t \) (denoted \( r_t \)) is given by the weighted average of \( p \) and \( N_t \):

\[
(3) \quad r_t = mN_t + (1 - m)p = mN_t + (1 - m)[wD^* + (1 - w)v].
\]

The social norm in period 0 is arbitrarily determined and denoted as \( N_0 \), and afterwards it evolves as follows: the norm in period \( t \geq 1 \) is equal to a weighted average of the norm in the previous period and the average refereeing delay in the previous period. That is,

\[
(4) \quad N_t = zN_{t-1} + (1 - z)E(r_{t-1}),
\]

where \( E(r_{t-1}) \) is the average of \( r \) (over all the referees) in period \( t-1 \) and \( z \) is a parameter satisfying \( 0 \leq z < 1 \). To examine how changes in the environment affect the long-run social norm, we should find the equilibrium level of the norm. One possible definition for the equilibrium level of the norm is the level to which the norm converges. An alternative definition is the value \( N \) such that if \( N_t = N \) then \( N_{t+1} = N \). The following proposition suggests that the two definitions are equivalent, and also computes the equilibrium level of the norm, which I refer to also as the “stable norm” or \( N_\infty \).

**Proposition 1:** The social norm converges to \( N_\infty = E[(1 - m)p] / [1 - E(m)] = E(p) - \text{cov}(m, p)/[1 - E(m)] \), where \( \text{cov}(m, p) \) is the covariance of \( m \) and \( p \) over all the referees, and similarly for \( E(m) \) and \( E((1-m)p) \). Moreover, if \( N_t = N_\infty \) then \( N_{t+1} = N_\infty \), implying that if the
norm is equal to \( N_\infty \) it does not change anymore as long as the environment (the distribution and preferences of referees, the optimal delay, etc.) remains the same.

Proof: Using equations (3) and (4) we get

\[
N_t = zN_{t-1} + (1 - z)E(r_{t-1}) = zN_{t-1} + (1 - z)E[mN_{t-1} + (1 - m)p] = N_{t-1}[z + (1 - z)E(m)] + (1 - z)E[(1 - m)p].
\]

Since this is true for all \( t \), as long as \( t \) is large enough, we can express \( N_{t-1} \) as a function of \( N_{t-2} \), and then \( N_{t-2} \) as a function of \( N_{t-3} \) and so on. For notational convenience, let us define first \( x = z + (1 - z)E(m) \) and \( y = (1 - z)E[(1 - m)p] \). It then follows that

\[
N_t = xN_{t-1} + y = x(xN_{t-2} + y) + y = x[x(xN_{t-3} + y) + y] + y = \ldots
\]

Continuing in this fashion establishes that for any integer \( k \) such that \( k \leq t \) we have:

\[
(5) \quad N_t = x^kN_{t-k} + y(1 + x + x^2 + \ldots x^{k-1}).
\]

To proceed, notice that \( x \) can be thought of as a weighted average of 1 and \( E(m) \), with a strictly positive weight given to \( E(m) \) (a weight of \( 1 - z \), and recall that \( 0 \leq z < 1 \)). Since \( m \in [0, 1) \), it follows that \( E(m) \in [0, 1) \) and therefore \( x \in [0, 1) \). As \( t \to \infty \), the equation is true for values of \( k \) that approach infinity, implying that \( x^k \to 0 \) and that the expression in parentheses approaches \( 1/(1 - x) \). Using these observations and substituting for \( x \) and \( y \) we then obtain:

\[
\lim_{t \to \infty} N_t = N_\infty = y / (1 - x) = (1 - z)E[(1 - m)p] / [1 - z - (1 - z)E(m)] = (1 - z)E[(1 - m)p] / (1 - z)[1 - E(m)] = E[(1 - m)p] / [1 - E(m)].
\]

Rearranging, substituting \( E(mp) = \text{cov} (m, p) + E(m)E(p) \), and then simplifying, shows that this expression is equal to \( E(p) - \text{cov}(m, p)/(1 - E(m)) \). To see that if \( N_t = N_\infty \) then \( N_{t+1} = N_\infty \) it is again simpler to use the definitions of \( x \) and \( y \).

Notice that

\[
N_{t+1} = xN_t + y = xN_\infty + y = xy/(1 - x) + y = [xy/(1 - x)] + [y(1-x)/(1-x)] = y[x + (1 - x)]/(1 - x) = y/(1 - x) = N_\infty.
\]

Proposition 1 suggests that we have a well-defined notion of equilibrium in the model, since the norm converges to a unique value. Notice that the value of \( z \) does not affect the stable
norm; it does affect the speed of convergence, however. The result that the stable norm equals $E(p) - \text{cov}(m, p)/[1 - E(m)]$ has an interesting intuition. In the absence of a social norm, each referee chooses a delay equal to his $p$ and therefore the average refereeing time is equal to $E(p)$. With a social norm, the average refereeing time (which is also the norm) is higher than $E(p)$ if and only if $\text{cov}(m, p) < 0$ (since $E(m) < 1$). The intuition why this holds is that people with a low $m$ put a little weight on the norm and a high weight on their own preference ($p$). Consequently, $\text{cov}(m, p) < 0$ implies that those with a high $p$ care less about the norm than those with a low $p$; as a result, those with a high $p$ affect the others more than the others affect them (through the social norm). Therefore the average refereeing time is higher than in the absence of a social norm – higher than $E(p)$. The intuition why $\text{cov}(m, p) > 0$ implies that $N_\infty < E(p)$ follows a similar argument.

A natural question is whether the stable norm is higher, lower, or equal to the optimal delay. The following proposition suggests a simple expression that determines whether the stable norm is higher than the optimal delay:

**Proposition 2:** The value of $(N_\infty - D^*)$ is equal to $E\{[1 - m](1 - w)(v - D^*)\}/[1 - E(m)]$. It follows that the sign of $(N_\infty - D^*)$ is the same as the sign of $E\{[1 - m](1 - w)(v - D^*)\}$.

**Proof:** Using Proposition 1 and substituting for $p$ from equation (1) we get that $N_\infty - D^* = E\{(1 - m)[v(1 - w) + D^*w]/[1 - E(m)] - D^*\}$. Rearranging this expression then yields $\{E[(1 - m)v(1 - w)] + D^*[E(w) - E(mw) - 1 + E(m)]\}/[1 - E(m)]$, which after further simplification becomes $E\{(1 - m)(1 - w)(v - D^*)\}/[1 - E(m)]$. Since $m \in [0, 1)$, the denominator is strictly positive, so the sign of $(N_\infty - D^*)$ is equal to the sign of the numerator. $Q.E.D.$
Proposition 2 shows that $E(v) = D^*$ does not guarantee that the stable norm is equal to the optimal delay. It also suggests that higher values of $v$ make it more likely that the stable norm is higher than the optimal delay, and vice versa. In particular, if $v \geq D^*$ for all referees, then $N_\infty \geq D^*$, and vice versa. In addition, $(N_\infty - D^*)$ is strictly increasing in the value of $v$ of any referee for whom $w < 1$. This implies that from a social-welfare perspective, if the stable norm is higher than the optimal delay, we would like to reduce the values of $v$ of the referees. There are various ways to reduce the value of $v$, for example to pay referees for a report that is written in a short time. It is worth pointing out that

An interesting question to ask is how a change in the environment affects the stable norm. In particular, what is the effect of an increase in the optimal delay on the social norm? How does it affect individual referees? The following proposition answers these questions.

Proposition 3: (i) A change in $D^*$ from $D^*_0$ to $D^*_1$ changes the stable norm by $(D^*_1 - D^*_0)E[(1 - m)w] / [1 - E(m)]$. This implies that if no referee cares about the optimal delay ($w = 0$ for all referees), then a change in $D^*$ does not affect the stable norm. Otherwise, the stable norm changes in the same direction as the change in $D^*$. If $w < 1$ for at least one referee, then the change in the norm is smaller than the change in $D^*$.

(ii) Assume that at least some referees care about the optimal delay. Then, every referee will change his choice of $r$ in the direction of the change in $D^*$, except for referees who do not care about the norm ($m = 0$) and also do not care about the optimal delay ($w = 0$), who do not change their choice of $r$.

Proof: (i) We want to compare the stable norm before and after the change in $D^*$, assuming that all other parameters ($m$, $v$, and $w$) are unchanged ($p$ is changed because it is a function of $D^*$). Denote the stable norm before and after the change in the optimal delay as $N_\infty^0$.  

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and $N^1_\infty$, respectively. Similarly, denote the values of $p$ before and after the change as $p_0$ and $p_1$ (each referee may have different values of $p_0$ and $p_1$, however). Using Proposition 1 and equation (1) and rearranging we get: $N^1_\infty - N^0_\infty = E[(1 - m)(p_1 - p_0)] / [1 - E(m)] = E[(1 - m)w(D^*_1 - D^*_0)] / [1 - E(m)] = (D^*_1 - D^*_0)E[(1 - m)w] / [1 - E(m)]$. Since $m \in [0, 1)$, the denominator is strictly positive, and so is the term $(1 - m)$ in the expectation in the numerator. If $w = 0$ for all referees, the numerator is equal to zero, implying that the stable norm does not change. If $w > 0$ for at least one referee, however, the numerator has the same sign as $(D^*_1 - D^*_0)$, implying that the norm changes in the same direction as the change in the optimal delay. To see that the change in the norm is smaller than the change in $D^*$, notice that since $(1 - m)$ is strictly positive and $w$ is smaller than 1 for at least one referee, it follows that $E[(1 - m)w] < E[(1 - m)w] = 1 - E(m)$ and the change in the stable norm is strictly smaller than the change in $D^*$.

(ii) Recall from equation (3) that $r_t = mN_t + (1 - m)[wD^* + (1 - w)v]$. Denote the choice of $r$ with a stable norm before and after the change in $D^*$ as $r^0_\infty$ and $r^1_\infty$. It follows that $r^1_\infty - r^0_\infty = m(N^1_\infty - N^0_\infty) + (1 - m)w(D^*_1 - D^*_0) = m(D^*_1 - D^*_0)E[(1 - m)w] / [1 - E(m)] + (1 - m)w(D^*_1 - D^*_0) = (D^*_1 - D^*_0)\{mE[(1 - m)w] / [1 - E(m)] + (1 - m)w}\}.^9$ Since the assumption in this part is that some referees care about the optimal delay ($w > 0$), it follows that $E[(1 - m)w] > 0$. Since $m \in [0, 1)$ and $w \in [0, 1]$, it follows that $(r^1_\infty - r^0_\infty)$ has the same sign as $(D^*_1 - D^*_0)$, unless both $m = 0$ and $w = 0$ (in this latter case, $r^1_\infty - r^0_\infty = 0$).

Part (i) of Proposition 3 suggests that it is sufficient that at least one referee cares about the profession’s welfare (and therefore about the optimal delay) in order for the social norm to

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^9 Recall that $m$ and $w$ are the specific parameters of the individual referee, whereas $E[(1 - m)w]$ and $E(m)$ are the expectations over the entire population of referees.
change in the direction of the optimal delay. Since the optimal delay increased in the last few decades, Proposition 3 provides a potential explanation why the social norm, or the mean refereeing time, increased as well.

In addition, since the social norm increases in the period following the change in the optimal delay, referees further increase their delay, the norm increases even further and so on. Despite this recurring increase in the norm, however, the proposition tells us that the overall increase in the norm is still smaller than the change in the optimal delay (with $w < 1$ for at least one referee). Part (ii) of Proposition 3 implies that even referees who do not care about the optimal delay ($w = 0$) increased their refereeing time because of the change in the social norm, except for the extreme case in which they do not care at all also about the norm.

It seems that the social norm is a mechanism that reinforces the tendency of referees to change their behavior in the direction of the change in the optimal delay. For example, suppose that the optimal delay increases. Referees change their preferences toward a higher delay ($p$ increases because $D^*$ increases). This implies that referees choose higher values of $r$; doing so increases the norm, which further increases the values of $r$ chosen by the referees and so on. It seems that the existence of the social norm magnifies the increase in the average refereeing time (which is by definition the stable norm). The following proposition suggests the surprising result that this is not necessarily true.

Proposition 4: Assume that the optimal delay changed, and denote the change by $\Delta D^*$ (which is positive if $D^*$ increased and vice versa). Denote the change in the stable norm if referees do not care about the norm ($m = 0$ for everyone) as $\Delta N_{m=0}$ and the change in the stable
norm when referees care about the norm as $\Delta N_{m>0}$ (the distribution of $w$ remains the same). $^{10}$ We then have $\Delta N_{m=0} - \Delta N_{m>0} = \text{cov} (m, w) \Delta D^*/[1 - E(m)]$, implying that the sign of $(\Delta N_{m=0} - \Delta N_{m>0})$ is the same as the sign of $[\text{cov} (m, w) \Delta D^*]$, where $\text{cov} (m, w)$ is computed when referees care about the norm (when they do not the covariance is 0 since $m = 0$ for all referees).

Proof: Using Proposition 3 and substituting $m = 0$ and $E(m) = 0$ when referees do not care about the norm, we get that 

$$\Delta N_{m=0} - \Delta N_{m>0} = \Delta D^* E(w) - \Delta D^* E[(1 - m)w]/[1 - E(m)] = \Delta D^* \{E(w)[1 - E(m)] - E[(1 - m)w]/[1 - E(m)] = \Delta D^* [E(mw) - E(w)E(m)]/[1 - E(m)] = \text{cov} (m, w) \Delta D^*/[1 - E(m)],$$

where all the expressions involving $m$ refer to the case in which referees care about the norm ($m = 0$ was already substituted for the other case). The fact that $E(m) \in [0, 1)$ completes the proof. $Q.E.D.$

Since the norm changes in the direction of $\Delta D^*$ (see Proposition 3), Proposition 4 suggests the surprising result that when $\text{cov} (m, w) > 0$, the stable norm changes more when referees do not care about the norm (whether $\Delta D^*$ is positive or negative). The intuition for this

$^{10}$ Some readers may find the term “the average delay in the long run when there is no social norm” more intuitive than “the stable norm if referees do not care about the norm.” The two expressions, however, are equivalent, since the stable norm is by definition the average delay (in the long run) and “no social norm” is equivalent to the case in which there is a norm but $m = 0$ for all referees. The latter equivalency is intuitive, and can also be seen formally: if no social norm exists, each referee chooses a delay equal to his value of $p$ (to see this, maximize the utility function in (2) after eliminating the first term, which includes the norm), and the average delay is $E(p)$. If we use the framework developed so far and substitute $m = 0$ and $E(m) = 0$ in Proposition 1, we also get $N_\infty = E(p)$. I find it more convenient to stick to the established framework and substitute $m = 0$, and therefore I use the somewhat counter-intuitive term “the stable norm if referees do not care about the norm.”
result is as follows (assume, without loss of generality, that the optimal delay increased; the same idea is true when it decreased): when referees care about the norm, the norm indeed increases the delay of those who do not care much about the optimal delay. At the same time, however, since the norm is affected by those who do not care about the optimal delay, the norm reduces the delay of those who care about the optimal delay. These two effects of the norm act in opposite direction on the average delay, and which one dominates depends on \( \text{cov} (m, w) \). When \( \text{cov} (m, w) > 0 \), it implies that generally, those who care a lot about the optimal delay (high value of \( w \)) also care more about the norm (high value of \( m \)). Since they care more about the norm, they are more affected by the others than they affect the others, leading the average delay to increase less than if no one cared about the norm.

An interesting question is whether the existence of the social norm improves social welfare. Non-existence of the norm is equivalent to assuming \( m = 0 \) for all referees; the stable norm is useful because it equals the average delay, but the norm has no effect on the behavior of individual referees (see the last footnote). Let the subscripts \( m>0 \) and \( m=0 \) denote the cases where referees care or do not care about the norm, respectively (as in Proposition 4), and denote the absolute value of \( (v - D^*) \) by \( |v - D^*| \). The next proposition describes the effect of the norm on social welfare (denoted by \( W \)):

Proposition 5: Assume that \( W \) is strictly concave in the delay and that either \( W \) is symmetric in \( d \), or that \( (N^\infty - D^*)_{m>0} \) and \( (N^\infty - D^*)_{m=0} \) have the same sign. Welfare is then higher when referees care about the social norm if and only if \( \text{cov} [m, (1 - w)|v - D^*|] > 0 \); welfare is lower when referees care about the social norm if and only if \( \text{cov} [m, (1 - w)|v - D^*|] < 0 \).

Proof: Since \( W \) is concave in the delay, a higher deviation (in absolute value) of \( N^\infty \) from \( D^* \) implies lower welfare if either (i) \( W \) is symmetric in \( d \), or (ii) the two deviations are in the
If at least one of these conditions is met, then welfare is higher when referees care about the social norm if and only if \( |N_\omega - D^*|_{m=0} - |N_\omega - D^*|_{m>0} > 0 \) (and welfare is lower when referees care about the social norm when this expression is negative). Using Proposition 2, substituting \( m = 0 \) in the case when referees do not care about the norm and rearranging yields that \( |N_\omega - D^*|_{m=0} - |N_\omega - D^*|_{m>0} = E[(1 - w)|v - D^*|] - E[(1 - m)(1 - w)|v - D^*|]/[1 - E(m)] = \{[1 - E(m)]E[(1 - w)|v - D^*|] - E[(1 - m)(1 - w)|v - D^*|]/[1 - E(m)] = \{E(m(1 - w)|v - D^*|) - E(mE[(1 - w)|v - D^*|])/[1 - E(m)] = \text{cov } [m, (1 - w)|v - D^*|]/[1 - E(m)]. \]

The proposition then follows immediately from 0 \( \leq E(m) < 1 \).

Proposition 5 suggests that the social norm can increase or decrease social welfare, depending on the characteristics of referees (the distribution of \( m, w, \) and \( v \)). Other things being equal, welfare is likely to be improved by the social norm when relatively high values of \( m \) are associated with relatively low values of \( w \) (relative to the distributions of \( m \) and \( w \)). In particular, if \( v \) is the same for all referees (and different from \( D^* \)), the condition for the social norm to be welfare improving becomes \( \text{cov } [m, (1 - w)|v - D^*|]/[1 - E(m)] < 0 \). The intuition is similar to the one discussed before.

Referees improve welfare more the closer their personal preference is to the optimal delay, which happens when they have high values of \( w \). The social norm creates two opposite effects: the “bad” referees (whose \( w \)-value is low and therefore their preferred delay is far from the optimal delay) affect the “good” referees (high \( w \)-values) negatively, but the good referees affect the bad referees positively. The positive effect dominates when the good referees are less affected by the social norm than their bad colleagues. Since \( m \) measures the effect of the norm, this means that high values of \( w \) are associated with low values of \( m \), or \( \text{cov } (m, w) < 0 \).
4. Additional Applications of the Model

While the model is used here to discuss the review process, it has many other applications. One example is that of workplace norms. Workers are often affected by the effort level of other workers around them, either because it gives them an idea of what is considered appropriate and they feel guilt if they are much lazier than their colleagues, or because of direct peer pressure. Pressure can go either way: if workers receive a bonus that depends on the firm’s profits, the pressure is to work hard. If workers are afraid that they will be measured in comparison to the most productive workers (and especially if a quota or a pay-for-performance scheme is determined according to the achievements of the best workers), the pressure is not to work too hard.

The assumption that the social norm enters the utility function is therefore reasonable in the context of the workplace. What about the rest of the model? Clearly, workers have additional characteristics that determine how hard they want to work, and there is heterogeneity in these characteristics. One alternative to apply the model is to think about the hard workers as those who care more about the level of effort that is optimal for the firm. Naturally, this level ($D^*$) is higher than the level implied by the worker’s various other reasons ($v$), implying that workers who care more about what is optimal for the firm (higher $w$) have a personal preference for a higher effort level (higher $p$). But we can also use a simplified version of the model, assuming that no one cares about what is optimal for the firm ($w = 0$). It then follows that $p = v$, but since the model allows $v$ to vary across agents, we can still capture worker heterogeneity (in desired effort) in our analysis.

Proposition 2 now suggests that the average effort level is lower than the optimal effort level for the firm (because $v < D^*$ for everyone). Proposition 1 suggests that when $\text{cov} (m, p) < 0,$
the social norm increases the average effort level, thus increasing the firm’s profit. The intuition is that \( \text{cov} (m, p) < 0 \) means that those who work harder (high \( p \)) are in general less affected by the norm (low \( m \)). Consequently, the effect of the good workers on the bad workers is stronger than the opposite effect. The opposite occurs when \( \text{cov} (m, p) > 0 \). One implication of the model is that the firm should prefer a worker that is not affected by others if he is a hard worker by his nature, but a worker who is affected by his colleagues if he is a relatively lazy worker.

Moreover, the insights of the model apply also when there is no optimal action at all. For example, consider dressing norms, and suppose that there are two types of people: those who prefer to dress elegantly, and those who prefer to dress simply (because it is cheaper or more convenient, for example). Everyone, however, is also concerned by the norm and suffers some disutility that increases as his deviation from the norm increases, as in the model (assume that elegancy of dress is a continuous variable; the norm is the average choice of elegancy). By the same analysis as in the model, if the elegancy lovers are concerned about the norm more than the simplicity lovers, the norm will make the average clothes simpler than if no one cared about the norm.
5. Discussion

5.1. The Optimal First Response Time in Different Disciplines

There are several interesting questions about the optimal FRT and the evolution of the refereeing delay that I want to address below. The first question is why in many other disciplines the FRT is much shorter than in economics. As an example, let me take the case of physics. While in economics the average FRT is a few months, in physics it is a few weeks. Suppose that the optimal FRT in economics is indeed a few months, because the long FRT prevents submissions of mediocre papers to good journals and therefore reduces the costs of the review process (for further discussion of the optimal FRT in economics see Azar, 2005). Can we infer that the FRT in physics is much shorter than optimal?

The answer is no. The disciplines are different in many important ways, and these differences result in a different optimal FRT. One of the main determinants of the optimal FRT is the social cost associated with delaying the publication of new research. This cost is lower today than in the past because of the availability of working papers on the Internet. The cost was not eliminated, however, because not all research is posted on the Internet, and because the certification of quality that journals offer is important: the signal they provide allows readers to save their scarce time for reading only the best research. This social cost is higher in disciplines in which published research affects further research more rapidly (let us call these “immediate” disciplines). If research today uses mostly findings from research conducted a few months ago,

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11 I thank the Editor, J. Barkley Rosser, Jr., for suggesting these questions; I present here a short discussion of these questions, but the questions are important enough to justify a fuller treatment in separate articles and are therefore also offered as interesting topics for future research.
then it is much more important to disseminate new research quickly than if research today is based on previous research conducted 15 years ago. Is physics a more immediate discipline than economics?

The answer is unambiguously yes. Journal Citation Reports (JCR) of Thomson ISI records data on citations in various journals and disciplines. JCR includes 8 different sub-disciplines of physics, which I aggregated by summing the number of citations, journals, and articles, and averaging the immediacy index and the cited half-life index. Table 1 compares economics and physics, based on the data in JCR of 2004.

<table>
<thead>
<tr>
<th></th>
<th>Total cites</th>
<th>Number of articles</th>
<th>Cites / articles</th>
<th>Number of journals</th>
<th>Immediacy index</th>
<th>Cited half-life</th>
</tr>
</thead>
<tbody>
<tr>
<td>Economics</td>
<td>148,130</td>
<td>7,490</td>
<td>19.8</td>
<td>172</td>
<td>0.139</td>
<td>&gt; 10.0</td>
</tr>
<tr>
<td>Physics</td>
<td>2,055,985</td>
<td>95,635</td>
<td>21.5</td>
<td>285</td>
<td>0.502</td>
<td>6.7</td>
</tr>
</tbody>
</table>

The two measures that indicate immediacy of a discipline are the immediacy index and the cited half-life number. The immediacy index is the average number of times an article is cited in the year it is published, and it indicates how quickly articles in the subject category are cited. If in one discipline papers are cited much more (per article) than in another, this can also increase its immediacy index, but we can see in the “Cites / articles” column that each article is cited on average a similar number of times in both disciplines. Physics, however, has an immediacy index which is about 3.6 times that of economics, indicating that physics is a much more immediate discipline.
Another measure that shows this is the cited half-life. JCR explains that “The cited half-life for the category is the median age of its articles cited in the current JCR year. Half of the citations to the category are to articles published within the cited half-life.” In economics the median cited article was over 10 years old; in physics it was 6.7 years old. These two findings suggest that in physics new research is used as the background for further research much more quickly than in economics. Consequently, in physics the social cost of delaying publication of new research is higher, and the optimal FRT is lower.

Another important determinant of the optimal FRT is the cost of the review process, which is mostly the time of editors and referees involved in the process. I am aware of no hard data on how much time a referee spends on a paper, but a reasonable conjecture is that a longer paper requires more hours of work. Table 2 presents data about the average article length in several top journals in economics and physics.

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12 The highest category for cited half-life in JCR is “>10.0 years”, so an exact number is not available in economics, but the median is only slightly above 10 years, because the last 10 years account for 49.76% of the citations in economics.
Table 2: Article Length in Top Journals in Economics and Physics

<table>
<thead>
<tr>
<th>Economics Journals</th>
<th>Average length</th>
<th>Physics Journals</th>
<th>Average length</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>American Economic Review</em>(^a)</td>
<td>19.3</td>
<td><em>Physical Review B</em></td>
<td>7.2</td>
</tr>
<tr>
<td><em>Econometrica</em></td>
<td>31.1</td>
<td><em>Journal of Chemical Physics</em></td>
<td>8.7</td>
</tr>
<tr>
<td><em>Journal of Political Economy</em></td>
<td>29.9</td>
<td><em>Journal of Applied Physics</em></td>
<td>6.5</td>
</tr>
<tr>
<td><em>Quarterly Journal of Economics</em></td>
<td>39.6</td>
<td><em>Physical Review D</em></td>
<td>10.6</td>
</tr>
<tr>
<td><em>Review of Economic Studies</em></td>
<td>25.8</td>
<td><em>Physical Review A</em></td>
<td>7.0</td>
</tr>
<tr>
<td>Average</td>
<td>29.1</td>
<td>Average</td>
<td>8.0</td>
</tr>
</tbody>
</table>

\(^a\) Not including Papers and Proceedings.

Because in economics papers are much longer than in physics, it means that the social cost of a submission is higher in economics, because the referees are likely to need more time to read the paper. As a result, it is much more important to deter frivolous submissions in economics than in physics, once again resulting in a higher optimal FRT in economics. Consequently, even if in economics the optimal FRT is a few months, it is possible that in physics the optimal FRT is a few weeks.

### 5.2. First Response Times and Untenured Faculty

A second intriguing issue is the effect of the FRT on untenured professors and on the tenure process in general. The common wisdom is that the people who get hurt the most from the current long FRTs in economics are untenured faculty. They must obtain a certain number of publications in order to get tenure, and the long delays in the publication process (especially the FRT, which can delay the same paper several times, if the paper is rejected from a few journals first) make it hard for them to publish enough before the tenure decision. I want to challenge this...
common wisdom and claim that getting tenure is not harder because of the long FRTs in economics; nevertheless, I will explain why the long FRTs do have adverse effects on untenured faculty and in the tenure process more generally.

The reason why long FRTs do not make it harder to get tenure is essentially that the tenure decision is a tournament. The candidate to be tenured has to show that given the quality of the institution he works at, his publication record is satisfactory. What determines how many publications (and in which journals) are sufficient to be considered satisfactory? A comparison to other young researchers at the institution and elsewhere does. So the tenure process is essentially a competition among untenured faculty. The best ones get tenure at the best places, the ones with slimmer publication records either get tenured in lower-ranked schools, or leave academia. In a competition, if something makes the task harder for anyone, there might be winners and losers, but it cannot be that everyone ends up in a lower rank than otherwise. What this means in our context is that if FRTs were shorter and young faculty could get more publications by the time they are up for tenure, the tenure committees would have required more publications in order to get tenure. Consequently, the average untenured professor is not less likely to get tenure with long FRTs than with shorter FRTs but higher expectations.

The long FRTs, however, do hurt untenured faculty somewhat; not in getting tenure, but in putting them in a disadvantage compared to tenured faculty (in addition to the obvious disadvantage…). Untenured faculty have little time to produce several publications, and because of the high rejection rates of top journals, they should adopt an impatient submission strategy and go down the list of journals (in terms of their quality) relatively quickly. It is a risky strategy for untenured faculty to submit a paper to several top general journals before starting to submit it to several top field journals and then to lower-quality journals if the paper is still rejected. This
strategy is risky because the author can find himself without enough publications by the time of his tenure decision (for a formal model that analyzes optimal submission strategy, see Azar, 2005).

Tenured faculty, on the other hand, have much less time pressure, and can therefore go down the list of journals to which they submit more slowly. Because they can adopt a more patient submission strategy and try more top journals before giving up and submitting to lower-quality journals, tenured faculty have better chances to publish in top journals, given a constant quality of the submitted paper. Thus, untenured faculty are at a disadvantage compared to tenured faculty.

There is, however, a social cost related to the tenure process because of the long FRTs. Publication records are shorter than they could be with shorter FRTs, and papers that could already be published with shorter FRTs are still working papers. This makes it harder to evaluate the quality of these working papers (if they were published, the identity of the journal that published them would have provided an informative signal about their quality). This can result in two things: first, it might require more effort from the tenure committee and from people who write reference letters about the candidates for tenure. For example, they might have to read a few of the candidate’s working papers in order to evaluate them, instead of observing which journals published them (which could be the case with shorter FRTs). Second, less information implies that the process becomes more prone to mistakes, in both directions: denying tenure to people who are above the institution’s standards and vice versa.

The above discussion suggests that the optimal FRT is lower when considering its implications on the tenure process than what it would be absent these implications. But it does not mean that these implications overweight completely the benefits to long FRTs, namely
deterring submissions of mediocre papers to good journals and thus reducing the costs of the refereeing system.

5.3. Selfish Strategic Behavior and the Evolution of the Refereeing Delay

A third interesting question is how the desire to avoid receiving too many refereeing requests affects the evolution of the refereeing delay. If one wants to minimize the number of refereeing requests he receives, being a slow referee can help him achieve this goal: editors will learn of his tardiness and will be less inclined to send him additional requests to referee in the future; the referee will also have more papers waiting to be refereed on his desk, and will thus be able to refuse to additional refereeing requests with the excuse that he already has too many referee reports to write (assuming that referees use this excuse only when it is true). I believe, however, that such strategic behavior is uncommon. After all, someone who wants to minimize the effort he makes on refereeing activities can simply decline the refereeing requests he receives rather than be slow in returning the report.

There are two main reasons that lead people to agree to refereeing requests despite the effort required. One is that they are altruistic and they realize that the review process is a public good to which one should contribute when asked to do so. The second reason is more selfish: they want to retain good relations with the editor; he might be asked one day to write a letter of reference about them, and he also can affect the outcome when they submit papers to this journal.

An interesting anecdote is that the editors of the Economic Journal in the early 1970s report that any referee who took more than 2 months to return his report was dropped from the list of referees, unless there was a good reason for the delay (Champernowne, Deane and Reddaway, 1973); today an economics journal with a similar policy is likely to find itself with very few referees…
If the referee agrees because he is altruistic, then he probably realizes that contributing to the academic community requires not only writing referee reports, but also writing them in a timely manner. If the referee agrees because he wants to retain good relations with the editor, he also understands that being very slow will annoy the editor and can hurt him in the future. Those for whom neither reason is important (they are neither altruistic nor do they value good relations with the editor), should simply refuse to referee rather than be very slow. They will save themselves a lot of effort, and even the author and the journal will be better off.

It might still be the case that because of such considerations of not being a referee who is too good (and therefore receives many refereeing requests), people will be slower than otherwise. There are two main ways to represent such behavior in the model, depending on what assumptions we have regarding this behavior. If we assume that people will choose refereeing delays very close to the norm so that they are not much faster than others, this can be captured by a higher value of $m$ than otherwise.\textsuperscript{14} If we assume, however, that people will be slower because of strategic considerations regardless of the norm, this can be captured by a higher value of $v$. In the latter case it is clear that this strategic behavior will lead to a longer norm of refereeing delay (and a longer FRT). If the FRT is already longer than the optimal FRT even without strategic behavior, it follows that this strategic behavior increases the difference between the optimal and the actual FRT and thus reduces social welfare.

If the trade-off between avoiding too many refereeing requests and keeping good relations with the editor (or altruistic motivations) is such that the optimal behavior is always to be slightly slower than the norm, we can have a situation where everyone tries to be a little

\textsuperscript{14} Notice, however, that a higher value of $m$ also implies that people who tend to choose a refereeing delay higher than the norm will now want to choose closer to the norm.
slower than the norm, this results in the norm becoming longer, people then choose a delay slightly longer than the new norm, and so on. In this case the refereeing delay can become longer and longer even without any increase in the optimal delay.

While such strategic behavior possibly contributed to the slowdown in the FRT since the 1960s, there are several reasons why it does not seem to be the major reason for the slowdown. First, it requires that the optimal behavior for most people is to be slower than the norm, something that is not obvious given that both altruistic motivations and retaining good relations with the editor are reasons to be a fast referee. Second, why didn’t strategic behavior cause a similar slowdown in refereeing in other disciplines, such as physics?

Finally, if this is a major reason for the slowdown, why did the slowdown start only in the 1960s? Champernowne, Deane and Reddaway (1973), for example, report that between January 1, 1971 and June 13, 1972, the *Economic Journal* obtained 286 referee reports, of which 158 were written in less than 3 weeks. Marshall (1959) sent questionnaires to editors of 30 economics journals, and received usable answers from 26 journals. Out of these 26 journals, Marshall reports that “Twenty-three editors reported that they gave notification one way or the other within 1 to 2 months, and only 2 editors reported a time-lag of as much as 4 months or more.” If editors could make a decision in 1-2 months, including the time it takes to mail the paper to and from the referees and the time it takes editors to choose referees and read their reports, this means that referees were very quick, writing a report in less than a month. Presumably, referees in the 1930s did not write reports much faster than the referees in the 1960s. It then requires an explanation, if referees have an incentive to be slower than the norm and this is what caused the slowdown in the FRT, why did it start only in the 1960s or 1970s and not before?
6. Conclusion

The review process in economics is an important research topic since insights about it can help us improve the process and increase the productivity of economists and other scholars. Previous research suggested that the optimal and the actual FRT both increased over the last few decades (Azar, 2004b). This article suggests a theoretical analysis of how the two changes may be related, using a model of social norm evolution that can also be applied to other contexts. The model describes how the refereeing time reacts to changes in the optimal FRT, taking into account the various preferences of referees, including their desire to conform to the social norm. The model suggests that even referees who do not care about the optimal FRT increase their refereeing time because of the change in the social norm.

When the optimal FRT increases and as a result the norm about how much time it should take to referee a paper also increases, the existence of the social norm seems to reinforce the increase in refereeing time, and therefore to be welfare improving. The model, however, suggests the surprising result that under a reasonable condition, the average refereeing time is in fact longer in the absence of a social norm, and consequently the existence of a social norm reduces social welfare.

In the conclusion of his recent article about the slowdown in submit-accept times of economics journals, Ellison (2002a, p. 989-990) discusses directions for future research, writing, “What future work do I see as important? … On the theory side, there is surely much more to be said on why social norms might change.” Ellison then adds, “The most important unresolved issue is surely the welfare consequences of the journal review process.” I agree with Ellison, and this article addresses these two issues, among other things. But there is surely more work to be done along these lines.
References


