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ABSTRACT

Background: A central aim of Universal Health Coverage (UHC) is protection for all against the cost of illness. In a low income country like Bangladesh the cost burden of health care in tertiary facilities is likely to be significant for most citizens. This cost of an episode of illness is a relatively unexplored policy issue in Bangladesh. The objective of this study was to estimate an outpatient's total cost of illness as result of treatment in private and public hospitals in Sylhet, Bangladesh.

Methods: The study used face to face interviews at three hospitals (one public and two private) to elicit cost data from presenting outpatients. Other socio-economic and demographic data was also collected. A sample of 252 outpatients were randomly selected and interviewed. The total cost of outpatients comprises direct medical costs, non-medical costs and the indirect costs of patients and caregivers. Indirect costs comprise travel and waiting times and income losses associated with treatment.

Results: The costs of illness are significant for many of Bangladesh citizens. The direct costs are relatively minor compared to the large indirect cost burden that illness places on households. These indirect costs are mainly the result of time off work and foregone wages. Private hospital patients have higher average direct costs than public hospital patients. However, average indirect costs are higher for public hospital patients than private hospital patients by a factor of almost two. Total costs of outpatients are higher in public hospitals compared to private hospitals regardless of patient's income, gender, age or illness.

Conclusion: Overall, public hospital patients, who tend to be the poorest, bear a larger economic burden of illness and treatment than relatively wealthier private hospital patients. The large economic impacts of illness need a public policy response which at a minimum should include a national health insurance scheme as a matter of urgency.

Keywords: Total cost of outpatients, Direct cost, Indirect cost, Health care, Public vs private, Bangladesh.

Introduction

The health of the people of Bangladesh has improved in recent years. This is evidenced by reductions in infant and child mortality rates, increased vaccination rates, increased availability of birth control, reduction in cholera prevalence and improved arsenic prevention [1]. Over the past 20 years health care availability has increased as has the cost of treatment. Individuals' expenditure on health care has increased as a result. Cost barriers however still prevent the poorest of the poor from accessing health care [2]. According to the Bangladesh Bureau of Statistics [3] in 2010, 15% of sick people were not treated due to their inability to pay for the (relatively) high cost of health care. Detailed cost of illness studies make a significant contribution to understanding the differential cost burden of illness [4, 5].

Bangladesh has a mixed health care system with both public and private providers of primary health care and outpatient services through tertiary hospitals. Bangladesh is a low income country and in the face of inadequate public health care expenditure, health care providers have adopted the pre-payment mechanism where individuals must pay for treatment before receiving it. This is a barrier to health care because of the relatively high costs involved [6, 7]. In low income countries households spend up to 40% of their incomes on health care, whereas that figure is less than 20% for middle and high income countries [8, 9, 10, 11]. Thus the large financial burden of health care is borne by the poorest of society [9, 10, 11, 12].

A recent International Center for Diarrhoeal Disease Research, Bangladesh (ICDDR'B) study revealed that around 6.4 million or 4% of people in Bangladesh get poorer every year due to excessive health costs [13]. It found that the poorest 20% of the population spent 16.5% of their household income on direct health care costs, while the richest 20% spent just 9.2%. Out of pocket health expenditure by households totaled 64% of direct costs with the rest coming from government and other sources [13]. This is an unreasonable burden

for many households in a nation with an average per capita income of just on \$US1000 per year [3].

This current study aims to inform policy makers about the costs, both direct and indirect, of outpatient treatment in public and private hospitals in one city in Bangladesh. Given low incomes the financial burden of health care is beyond the means of many people. This results in significant numbers of people receiving inadequate treatment for illnesses or worse receiving no health care at all, due to the insurmountable financial burden of its cost. The results of this study will inform those organizations trying to achieve Universal Health Coverage (UHC) in Bangladesh. The WHO (2010) defines UHC as access to good quality health care services where people do not suffer unreasonable financial hardship to pay for them [7, 14, 15, 16, 17]. Research on the cost of illness is required to inform the development of appropriate social policies to improve access to essential health services and break the vicious cycle between illness and poverty [10]. Therefore, an analysis of total (direct and indirect) costs of outpatients in both the public and private hospital sectors is extremely important. It will assist Bangladeshi policy makers to develop alternative methods to protect individuals and households from the extreme and catastrophic financial burden of illness and health care treatment and assist to increase access to health care services.

The purpose of the study is to calculate the total cost of illness for outpatients due to different types of illnesses in public and private hospitals in Sylhet, Bangladesh. This study defines the direct costs of treatment (such as fees, medications) and indirect costs of illness (such as travel time and loss of income) of outpatients for different types of illness using established and validated cost methodologies [4, 14].

Methods

Study Area

The divisional city of Sylhet (a major city in north-eastern Bangladesh) which is situated in north-eastern of Bangladesh was purposefully selected (Figure 1). As a divisional city, people from surrounding areas also received health care in Sylhet. The city was chosen as it has one public and three private medical training colleges and public hospitals and many private primary health care clinics [18]. Data were collected in 2011 via face to face interviews with a total of 252 outpatients from one public medical college (MAG Osmani Medical College Hospital) and two private medical college hospitals (Jalalabad Ragib Rabeya Medical College and Hospital and the Women's Medical College and Hospital) (Figure 2).

Participants, Procedures and Ethical Clearance

Patients were randomly selected and interviewed immediately after their consultation. A serial number was assigned to each patient before their consultation and patients were randomly chosen. The random sample of patients avoided sample selection bias and also any potential identification problem. Enumerators waited outside the doctor's office for the randomly assigned patient to exit. Any patient who came for treatment was eligible to take part in the study.

A structured questionnaire was administered to patients. This was designed to collect data including components of direct medical and non-medical costs, indirect costs, illness details and details of their socio-economic status. The questionnaire is shown in Appendix 1. These data were supplemented with data from hospital staff on some direct costs and informal payments.

Enumerators provided some initial basic information to patients about the study to get their agreement and cooperation. No inducement, financial or otherwise, was offered. Verbal informed consent was obtained before proceeding with the interview. When the patient was a child (below the age of 14) the accompanying adult person answered the questionnaire. Ten enumerators (university students) were trained to administer the questionnaire.

The ethics committee of the Medical Faculty, Shahjalal University of Science & Technology, approved the study, reference number 570-2007/11.

Figure 1: Region specified map of Bangladesh									
Source:	Banglapedia	-	National	encyclopedia	of	Bangladesh	2011		
(<u>http://en.b</u>	(http://en.banglapedia.org/index.php?title=Climate Accessed on 28th May 2016)								

Figure 2: Sylhet City Map

Source: Google Maps 2016

Measuring the Cost of Illness

The total cost of an outpatient's illness includes direct, indirect and intangible costs [19]. Direct costs are the range of financial costs of health provider services, medicines and other related observable costs. Indirect costs are the monetary value of productive time losses to the patient and other family members as a result of the illness [10]. Intangible costs relate to suffering and grief from illness and are not generally measurable due to their subjective nature [19, 20]. In this study, the intangible costs of illness were not considered.

Direct Costs

Direct costs includes medical and non-medical costs; medical costs include diagnosis, registration fees, medications, diagnostics, continuing care, hospitalization, rehabilitation; and non-medical costs are the costs of transport to the hospital and any informal payments

[21, 22]. Informal payments are defined as a money transfer from patient to hospital staff with the expectation of quick or better treatment [23]. The informal payments and medicine cost information were collected from patients during the interview though those were not included in the formal questionnaire. When the patient spoke about informal payments (bribes) to hospital staff, the enumerators asked about the amount and wrote it beside the related section. A similar method was employed for the medicine costs. These payments were cross checked with staff and the patient values were utilized in the analysis.

Calculating the Indirect Costs of Illness

Indirect costs of illness are those related to income or productivity loss. This is the monetary value of a patient or family caregiver's income lost due to illness related absences from work (both paid and unpaid) [21, 24]. Household's loss of work time or productivity are significantly affected by illness type [25]. These losses can be valued from either the societal, individual/household or employer perspectives [26]. An individual/household perspective is adopted in this study.

There are different approaches to measuring total productivity losses due to illness and most studies are based on human capital theory. The human capital approach or friction cost method estimates the value of potential production losses (or income loss as a proxy) as a consequence of illness [27, 28, 29]. Self-reported wage rates have been used. Indirect cost was calculated for both paid and unpaid work (care giving, household activities). The income loss from foregone non-market activities (unpaid work) was measured using occupation specific wages [29].

Data Analysis

Data were analyzed using SPSS 20. All entries were double checked. Independentsample t tests and one-way ANOVA tests were used to analyze if the outlined differences in direct and indirect costs in public and private hospitals were statistically significant. Costs were presented as an average with a standard deviation in the local currency, Bangladeshi Taka (BDT). US dollar (US\$) values were also reported using the exchange rate of US\$1 = 75 BDT obtained from the Central Bank of Bangladesh during the mid-point of the data collection year (2011).

Results

The objective of this study was to estimate patient's total cost (direct and indirect) of treatment and compare individual cost components between private and public hospitals in Bangladesh. This section outlines the cost burden of disease by gender, age group, income quintile, disease type, and treatment modality in both public and private hospital.

Descriptive statistics

A total of 252 respondents participated in this study with 139 attending the public hospital and 113 attending the two private hospitals. The results in Table 1 present descriptive statistics on respondent's characteristics: the mean age of respondents both in public and private hospital were almost similar. The average monthly income of public hospital respondents was half that of private hospital respondents. This indicates a common bias of higher income people obtaining health care from private hospitals in preference to public hospitals. Villagers from rural areas, who tend to be poorer than city dwellers go to public hospitals more than the city dwellers and overall 72% of public hospital respondents came from villages.

Table 1: Respondents Characteristics

Table 2 demonstrates that the average direct cost of treatment for illness was marginally more for public than for private hospital patients. Direct costs in both were less than 4% of overall total costs. The most significant direct cost issue for public patients were average

transport costs and average informal payments which were much higher than for private patients. Average indirect cost or patient's income loss were the most significant costs which in public hospital was 97% of total costs and 95% in private hospital patients. Results from Table 2 indicate that public hospital patients on average paid more for their health care compared to private hospital patients despite being poorer.

Table 2: Average cost of treatment by hospital type and treatment modality, BDT (US\$)

The analysis in Table 3 shows that the average total costs for public hospital patients were higher than private patients across all income quintiles. Costs for the lowest income public patients were the second highest of any income quintile, either public or private. That is, those with the least capacity to pay are paying the highest costs of illness and treatment. Average indirect cost analysis in Table 3 shows that patients treated in public hospital paid more for their health care across all income quintiles.

Table 3: Average cost of treatment by income quintile, BDT (US\$)

The total costs of treatment by age quintiles (Table 4) show a similar pattern with public patients at all age levels paying more than private hospital patients. Costs rise in line with age in both cohorts. Average direct cost was low compared to the average indirect cost for each age quintile in both public and private hospitals. The average direct cost analysis in Table 4 shows that patients treated in public hospital spend more money in each age quintile except 60 plus age. The average indirect cost analysis suggests that patients treated in public hospital faced more income or productivity loss in each age quintile than that of private hospital patients. From the above discussion the total costs of illness were much higher up to

the third age quintile (36 to 60) for public hospital's patients but were higher for the last age quintile (60 plus) for private hospital's patients.

The losses associated with children illness and adult care of them were significant as shown elsewhere [20].

Table 4: Average cost of treatment by age group, BDT (US\$)

In the public hospital the average total costs for males and females were higher than for public hospital patients. The analysis in Table 5 shows that average total costs of treatment for illness was higher in public hospital (BDT 9923 or \$132.31) than that of private hospital (BDT 5607 or \$74.77), regardless of patient's gender but average direct cost was higher for females in both public and private hospitals. In addition, average indirect cost was higher for both males and females patients in public hospital.

Table 5: Cost of treatment by gender, BDT (US\$)

Amongst children (under 14 years of age), analysis of total cost of treatment for illness is presented in Table 6. In public hospital the average total costs for male children were higher than in private hospital. However, this pattern was reversed for girl children treatment. However, for female children, total costs of illness in private hospital were higher than public hospital. These differentials may reflect the alternative attitudes towards girls in poorer compared to richer households and their potential future role as care givers to their parents.

Table 6: Gender differential in cost of treatment among children

Table 7 summarizes the total costs of illness by different disease types and specialized hospital departments. The average total costs do not have a consistent pattern across public and private hospitals. In fact much heterogeneity is evidenced especially direct costs. As such the results should be accepted but with caution. The analysis in Table 7 indicates that the total costs of treatment by illness varied across all hospital departments both in public and private hospitals. The direct costs of treatment for illness were higher in all hospital departments in public hospital than private hospital except surgery, gynecology, and orthopedics. Indirect costs of treatment for illness was also higher for public hospital patients except medicine, chest medicine, orthopedics, and rheumatology departments compared to private hospital patients.

Table 7: Cost of treatment by department

The higher indirect costs in public hospital patients is primarily explained by high travel and long waiting times, especially compared to private hospital patients. Public hospital patients spend on average almost double the time accessing treatment which includes travel time and waiting time at the hospital to see a doctor. Table 8 indicates that public hospital patients spend approximately double the time compared to private hospital patients. Most public hospital patients (71%) were coming from rural areas and their travel time and cost is higher than that of patients who visited private hospitals who mainly resided in the city. In public hospital the numbers of doctors were insufficient and there were always long queues for treatment observed. Some of the public hospital patients tried to jump the queue by offering bribes to staff in an attempt to get to see the doctor more quickly. In public hospital, 114 out of 139 patients (82%) paid money as informal payments to see the doctor

earlier. On the contrary, only 44 out of 113 patients (38%) paid money as informal payments to private hospitals.

Table 8: Travel and waiting time for treatment

Some patients in both the public and private hospital also expressed dissatisfaction about treatment and wanted to change their current hospital to access better treatment. The prevalence of this dissatisfaction was higher in the public hospital. In the public hospital, 22% of patients were interested to change, compared to 8% among the private patients (Table 9).

Table 9: Dissatisfaction with treatment received

Statistical Analysis

Independent-sample t tests and one-way ANOVA tests were used to analyze if the outlined differences in direct and indirect costs in public and private hospitals were statistically significant.

Table 10a shows the independent-samples t test results of the group summary statistics of the total direct costs and total indirect costs. For public hospital patients, total direct medical costs and total indirect costs were higher than for private hospital patients. This result is antithetical to an equitable outcome for health care given the income and wealth differentials.

Table 10a: Independent-Sample t Test Summary Statistics

In table 10b the Levene's Test for Equality of Variances show that for total direct cost the outcomes are not statistically significant. Further it can be concluded that the means of total direct costs for public and private hospital patients were not significantly different. The mean difference was 0.129, and the p-value is 0.621 which indicates the absolute difference between the two means is about 62%.

The Levene's Test for Equality of Variances for the total indirect costs indicate statistical significance. This result suggests that variances for the two groups, public and private, were different. The mean difference was 31.06 which suggests that the difference in means is statistically significantly different from zero.

Table 10b: Independent-Sample t Test Analysis

Table 11a shows the results of the one way ANOVA to test the homogeneity of variances for the total direct and total indirect costs. The test assumes that the two variances are the same, that is, H₀: $\sigma^2_{\text{public}} = \sigma^2_{\text{private}}$. For total direct cost it failed to reject H₀ implying that there was little evidence that the variances were not equal and the homogeneity of variance assumption may be reasonably satisfied. On the contrary, for total indirect cost H₀ is rejected implying that there was evidence that the variances were equal and the homogeneity of variance assumption may not be reasonably satisfied.

Table 11a: One Way ANOVA Test - Test of homogeneity of variances

Table 11b shows the output of the one way ANOVA analysis indicating whether there were significant differences between group means. The results on total direct medical cost shows that there was no statistically significant difference between public and private hospital patient groups. On the contrary, the one way ANOVA on total indirect medical cost shows there was a statistically significant difference between public and private hospital patient groups.

Table 11b: One Way ANOVA Test Analysis

Table 11c shows the results of the Robust Test of Equality of Means, which has been conducted using the Welch and Brown-Forsythe method. The result of the total direct medical costs show that there was no statistically significant difference between public and private hospital patient groups. On the contrary, the Welch and Brown-Forsythe test on total indirect medical costs show that there was a statistically significant difference between public and private hospital patient groups.

Table 11c: One Way ANOVA Test- Robust Test of Equality of Means

Discussion and Policy Implications

The purpose of this study was to examine the direct and indirect costs of outpatient treatment for different types of illnesses in public and private hospitals in Sylhet, Bangladesh. The direct costs of treatment make up only a small part of the total costs of treatment. However, these direct (monetary) costs are a large burden in the context of extremely low incomes particular for public hospital patients. The majority of the costs however are indirect which are primarily income losses of patients and their caregivers due to illness. The indirect costs are over 95% for both public and private outpatients of total costs of illness.

Among the individual features: age, gender and disease differences have an effect on the direct, indirect and total costs of illness, whilst outpatients age 60 and over experience the highest direct cost of illness. The average direct cost for female outpatients is higher than male outpatients both in public and private hospitals. The loss of income to parents due to a children illness was significant. Amongst child outpatients female children's average direct cost is also higher than that of male children in private hospital. Old age patients and females are more vulnerable and negatively affected by fees and associated direct spending for treatment. The divergent social roles assigned to women, men and older people affects accessibility and control over resources and decision-making needed to protect health. This results in inequitable patterns of health services especially when the cost of treatment is higher for women (cost of gynecology is higher any other department) and old age people. Health service delivery should strive for equity, therefore, age and gender sensitive service delivery should be effectively addressed by innovative health policies.

Overall public hospital outpatients experience higher total costs than those treated in private hospital. This is significant and the causes and consequences are shown in Figure 3. Poverty is the main problem of public hospital outpatients. The relatively high cost of health care services reduces its demand, but not the need for the health care. Usually the poorest outpatients waited the longest to consult a doctor. This is problematic when their conditions have already deteriorated as a result of delaying treatment and the associated financial cost. Medications that are provided in public hospitals are meant to be "free" but are often unavailable. Moreover, poor outpatients regularly substitute doctor care with the local pharmacy owners' opinion. This can be dangerous because those sellers rarely have any formal education in medicine or pharmaceuticals. Further, the pharmaceutical supply chain in developing countries like Bangladesh are fraught with various problems and put treatments at risk [30]. As a result of these issues, the morbidity of the poor frequently becomes complicated and increases the duration of treatment. This study recommends that more attention be paid to the costs of medication. It is apparent that the present technology infrastructure of Bangladesh's pharmaceutical companies are not sufficiently developed, moreover there is a lack of adequate research funding [31] which contribute to inaccessibility to medications.

Figure 3: Causes and consequences of public hospital outpatients higher cost

Transport costs were the second most expensive direct cost of treatment for illness in both public and private hospitals. Villagers from rural areas were especially hard hit by high fuel prices and high associated transport costs, with this situation potentially limiting access to hospital health care facilities which are mostly located in towns and cities. This results in a significant welfare loss for rural and poor villagers seeking health care services. There is a role for government to play to ensure incentives are made available for doctors to relocate to primary health care centers based in rural areas. Otherwise, villagers will be adversely affected by high transport costs which results in inaccessibility to health services.

Income reductions caused by illness were very large. The majority of costs were indirect costs or loss of income from illness which was 97% of the total cost for public patients and 95% for private patients. These income losses were catastrophic with the economic burden varying little between illness morbidity and treatment modality. It has been recently observed elsewhere in a cost of cholera study in Bangladesh that indirect costs were over 75% of total costs of illness [32]. These significant indirect costs of illness are routinely ignored by the health system and government.

Hidden and informal payments in public hospitals are widespread due to the long waiting times and poor management. Efficient functioning of any health system especially public hospitals which are frequently the only supply option for health care for the poor should not be dependent on bribery.

The public hospital quality of care was considered inferior compared to private hospitals due to the lack of an efficient and effective operating environment in public hospitals. This was manifested through informal payments, long waiting times and staff indifference and negligence. Policy makers should initiate behavioural training into the professional development programme for all of public health employees.

Other problems include the limited government health care budget, hospital management power and lack of information for consumers. Government has in recent times initiated some health care information services through mobile phones [33] but access to information is still uncertain due to the relatively high cost of mobile phones for the poorest. Budget limitations, hospital mis-management and a lack of human resources combine to further disadvantage poorer patients.

In the context of trying to achieve UHC whereby people do not suffer unreasonable financial hardship to pay for access to good quality health care services then a functioning and efficient insurance market for health care should be a major policy goal. Sadly this is far from the reality in Bangladesh. In this study only 10 patients (3.98%) out of 252 patients had health insurance. Direct 'out of pocket' household expenditure accounts for an estimated 60% of total spending on health care [34], with the remaining 40% covered by public health care services [35]. These numbers strengthen the argument for health insurance.

Community based health insurance schemes have been initiated on a pilot basis in the past few years by non-government organizations. These have been fragmented, local and not successful mainly due to relatively high costs and low incomes. An investigation of micro health insurance systems within a public-private partnership should be undertaken. In 2007 the Ministry of Health and Family Welfare initiated a maternal health voucher to reduce the financial barriers to access to health care in pregnancy. The scheme did not attract any new providers into the market though increased satisfaction of public patients was expressed as a result of the higher level of services that the voucher system induced [36]. Given the extremely low incomes and relatively large out of pocket payments for health care there are strong equity arguments for the development of a central government health care financing model which incorporates health insurance.

There is strong evidence that health insurance provides financial protection by reducing 'out of pocket' spending. This study recommends health policy makers examine the establishment of a national health care insurance scheme which will provide protection from the catastrophic financial impacts of illness. Further, it has been shown elsewhere that universal health insurance supplemented by private insurance is successful in offsetting large informal payments [23].

Study Limitations

This study has several limitations - small sample sizes, non-representative sample (covering only one metropolitan area) and selection bias of patients between public and private hospitals.

The small sample size makes it difficult to find significant statistical relationships using advanced statistical methods, given these require larger sample sizes to ensure a representative sample of the population. The study is a snapshot of the city of Sylhet which may or may not be representative of health care delivery in other cities and towns in Bangladesh. Patient selection of either public or private hospitals could potentially bias the observed results, however several statistical tests were conducted to examine the extent of potential bias. The poor in Bangladesh borrow money or sell household assets as their primary coping strategy to pay for the costs of treatment for illness [37]. This study did not consider the impact of high interest payments on borrowing money to pay for the cost of treatment for poor people. The implication is that the total cost of treatment is underestimated. In a few cases adult patients were accompanying by other adult family members, but the costs of these persons were not included in the cost calculations which again might underestimate the total cost of illness episodes.

Conclusion

This study compared the total costs of treatment for illness between public and private hospitals in Bangladesh. It utilized different cost components (direct and indirect) and found that the total costs of outpatient treatment for illness were higher in the public sector compared to the private sector. Illness causes high indirect costs, and it was found that indirect costs comprised more than 90% of total overall costs in both the public and private hospitals. This issue of very high indirect costs is important in a relatively poor country like Bangladesh. In the public sector, pro-poor policies such as 'free medication', and 'low registration fees' are very ineffective in reality to protect households from the financial burdens of illness. These policies cannot protect households from the large indirect costs of illness such as wage losses from long waiting times, the issue of informal payments to achieve better and/or quicker treatment and the low quality of health care services provided. Further policy actions to address these issues is urgently needed to stop and reverse the devastating financial effect of ill health and its treatment on the majority of Bangladesh citizens. Future research effort is needed to focus on equity issues associated with illness. A comprehensive national health insurance scheme should be investigated as a matter of urgency.

Authors' contributions

MSP coordinated data collection, analysis and interpretation of data, and wrote the manuscript draft. SC contributed to the design and idea of the study, as well as the analysis and interpretation of data and manuscript revision. JG contributed to development of the concept and manuscript construction, revision, editing and structure. All authors have approved the final manuscript.

Competing interests

The authors declare that they have no competing interests.

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Availability of Data and Materials

The datasets generated are not publically available due to SUST regulations but are available from the corresponding author on a de-identified basis on reasonable request.

Authors' information

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Table 1: Respondents Characteristics

	Public hospita	al (N=139)	Private hospital (N=113)		
Mean Age (S.D)	33.55 (20.10)		33.76 (20.05)		
	BDT	10969	BDT	20252	
Mean monthly income (S D)	DDT	(9822)		(15108)	
	1 ISC	146.27	11S¢	270.03	
	050	(130.96)	050	(201.44)	
Sex (Female) %	61 (43.9%)		50 (44.2%)		
Living Location (Village) %	100 (71.9%)		50 (44.2%)		

Cost	Parameters	Public ho	spital (N=13	39)	Private hospital (N=113)			
		Average	Standard	Proportion	Average	Standard	Proportion	
		cost	deviation	of total	cost	deviation	of total	
		BDT	BDT	cost (%)	BDT	BDT	cost (%)	
		(\$US)	(\$US)		(\$US)	(\$US)		
Direct	Diagnostic	123	101	1.24	151	137	2.70	
Medical		(1.65)	(1.35)		(2.02)	(1.83)		
	Medicine	29 (0.39)	21 (0.29)	0.29	28	5 (0.07)	0.50	
					(0.38)			
	Registration	21 (0.29)	19 (0.25)	0.22	37	34 (0.46)	0.67	
					(0.50)			
Direct	Transport	73 (0.98)	57 (0.77)	0.74	43	32 (0.43)	0.78	
Non-					(0.59)			
medical	Informal	31 (0.41)	31 (0.42)	0.31	8 (0.12)	14 (0.19)	0.15	
	payment							
Total		279	146	2.81	269	163	4.81	
Direct		(3.72)	(1.95)		(3.59)	(2.18)		
Cost								
Indirect	Patient's	9643	9296	97.19	5338	6590	95.19	
Cost	income loss	(128.59)	(123.95)		(71.18)	(87.87)		
Total Cost		9923	9335	100	5607	6562	100	
of		(132.31)	(124.47)		(74.77)	(87.49)		
Treatment								

Table 2: Average cost of treatment by hospital type and treatment modality, BDT (US\$)

Income	Income Public hospital (N=139)				Priv	ate hospit	al (N=113)	
Quintile BDT (US\$)	N	Average direct	Average indirect	Average total cost	N	Average direct	Average indirect	Average total cost
<6212	52	cost 282 (3.76)	cost 10683 (142,45)	10966	13	cost 270 (3.61)	cost 3763 (50,18)	4033
6212-12424 (82.82- 165.65)	53	280 (3.74)	8658 (115.44)	8938 (119.18)	36	245 (3.27)	5134 (68.48)	5379 (71.73)
12425-18637 (165.66- 248.49)	14	194 (2.59)	7980 (106.41)	8174 (108.99)	14	244 (3.26)	4898 (65.32)	5143 (68.57)
18638-24849 (248.50- 331.32)	11	326 (4.35)	12059 (160.79)	12385 (165.14)	13	236 (3.16)	8564 (114.20)	8801 (117.36)
≥ 24850 (≥ 331.33)	9	327 (4.37)	9076 (121.03)	9404 (125.39)	37	313 (4.19)	5122 (68.301)	5436 (72.49)

 Table 3: Average cost of treatment by income quintile, BDT (US\$)

Age	Put	olic hospital (N=139)		Priv	Private hospital (N=113)				
Group (Years)	N	Average direct cost	Average indirect cost	Average total cost	N	Average direct cost	Average indirect cost	Average total cost		
Up to 14	25	260 (2.60)	3993	4262	17	241	3768	4009		
	23	209 (5.00)	(53.24)	(56.84)	1/	(3.22)	(50.25)	(53.46)		
15 to 35	50	295 (2.91)	9699	9984	54	275	5137	5412		
	30	203 (3.01)	(129.33)	(133.13)	54	(3.67)	(68.50)	(72.17)		
36 to 60	27	262(2.51)	13367	13631	20	250	5444	5694		
	57	205 (5.51)	(178.24)	(181.75)	20	(3.34)	(72.59)	(75.93)		
60 plus	10	202 (4.05)	9658	9961	14	320	7806	8126		
	19	303 (4.03)	(128.77)	(132.82)	14	(4.28)	(104.08)	(108.36)		

Table 4: Average cost of treatment by age group, BDT (US\$)

Table 5:	Cost of	treatment	by	gender,	BDT	(US\$)
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Gender	er Public hospital (N=139)					Private hospital (N=113)				
	N	Averag e direct cost	Average indirect cost	Average total cost	N	Average direct cost	Average indirect cost	Average total cost		
Male	78	263 (3.51)	10027 (133.70)	10290 (137.21)	63	242 (3.24)	6074 (81.00)	6317 (84.23)		
Female	61	299 (3.99)	9153 (122.05)	9452 (126.04)	50	303 (4.04)	4410 (58.81)	4713 (62.85)		
Total	139	279 (3.72)	9643 (128.59)	9923 (132.31)	113	269 (3.59)	5338 (71.18)	5607 (74.77)		

Gender	r Public hospital, BDT (US\$)				Private hospital, BDT (US\$)			
	N	Average direct cost	Average indirect cost	Average total cost	N	Average direct cost	Average indirect cost	Average total cost
Male	16	287 (3.83)	4995 (66.61)	5282 (70.44)	12	218 (2.92)	3422 (45.63)	3641 (48.55)
Female	9	238 (3.18)	2211 (29.48)	2449 (32.66)	5	294 (3.92)	4600 (61.33)	4894 (65.26)
Total	25	269 (3.60)	3993 (53.24)	4262 (56.84)	17	241 (3.22)	3768 (50.25)	4009 (53.46)

Table 6: Gender differential in cost of treatment among children

Department Public hospital, BDT			l, BDT (US	S\$) Private hospital, BDT (US\$)					
of Hospital		Average	Average	Average		Average	Average	Average	
	Ν	direct	indirect	total	Ν	direct	indirect	total	
		cost	cost	cost		cost	cost	cost	
	11	279	11999	12278	2	738	6250	6988	
Surgery		(3.73)	(159.99)	(163.72)		(9.85)	(83.33)	(93.18)	
	8	261	7630	7891	11	164	3497	3661	
Skin		(3.48)	(101.74)	(105.22)		(2.19)	(46.63)	(48.82)	
	25	292	4806	5098	42	241	5510	5752	
Medicine		(3.90)	(64.08)	(67.98)		(3.22)	(73.48)	(76.69)	
Ear, Nose and	9	306	12921	13228	2	285	250	535	
Throat		(4.09)	(172.28)	(176.38)		(3.81)	(3.33)	(7.14)	
	8	259	9455	9715	5	244	1460	1704	
Neurology		(3.46)	(126.07)	(129.54)		(3.26)	(19.47)	(22.73)	
	16	345	11630	11976	11	555	2022	2578	
Gynecology		(4.61)	(155.08)	(159.69)		(7.41)	(26.97)	(34.38)	
	20	321	11963	12284	6	265	8431	8696	
Cardiology		(4.29)	(159.51)	(163.80)		(3.54)	(112.41)	(115.96)	
Chest	4	303	10838	11141	3	200	11550	11751	
Medicine		(4.04)	(144.51)	(148.55)		(2.68)	(154.01)	(156.69)	
	19	178	13444	13622	1	211	24000	24211	
Orthopedics		(2.38)	(179.26)	(181.64)		(2.82)	(320.00)	(322.82)	
	2	267	3150	3417	5	255	6293	6548	
Rheumatology		(3.57)	(42.00)	(45.57)		(3.40)	(83.91)	(87.31)	
Others (Non-	17	258	6171	6430	25	218	600	6219	
specific)		(3.45)	(82.29)	(85.74)		(2.91)	(80.02)	(82.93)	

Table 7: Cost of treatment by department

Table 8: Travel	and waiting	time for treatment	t
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Hospital Type	Ν	Average Time spent (minutes)					
		Travel Time	Waiting Time	Total Time			
Public Hospital	139	75.59	72.71	148.30			
Private Hospital	113	44.14	38.11	82.25			

Table 9: Dissatisfaction with treatment received

			Treated in public hospital and moved to another hospital to receive better treatment	Treated in private hospital and moved to another hospital to receive better treatment
Number patients	of	dissatisfied	31 out of 139 (22.3%)	9 out of 113 (8%)

	A	-v			
	Nature of the Health	Ν	Mean	Std.	Std. Error
	Care			Deviation	Mean
Total Direct Medical	Public	139	3.722	1.950	0.165
Cost in USD	Private	113	3.593	2.180	0.205
Total Indirect Cost in	Public	139	128.585	123.955	10.513
USD	Private	113	71.176	87.868	8.265

Table 10a: Independent-Sample t Test Summary Statistics

Table 10b: Independent-Sample t Test Analysis

Г

		Levene's Test for Equality of Variances		Levene's Test for Equality of Variances					Equality	of Means	\$	
		F	Sig.	t	df	Sig. (2- taile d)	Mea n Diffe rence	Std. Erro r Diffe	95 Confi Interva Diffe	dence dence ll of the rence		
								rence	Lowe	Uppe		
	I								r	r		
Total	Equal	0.02	0.88	0.4	250	0.621	0.129	0.260	-	0.642		
Direct	variances	0	9	96					0.383			
Medical	assumed											
Cost in	Equal			0.4	227.08	0.625	0.129	0.263	-	0.648		
USD	variances			90	4				0.390			
	not											
	assumed											
Total	Equal	20.6	0.00	4.1	250	0.000	57.40	13.84	30.14	84.66		
Indirect	variances	87	0	48			8	0	9	8		
Cost in	assumed											
USD	Equal			4.2	245.67	0.000	57.40	13.37	31.06	83.75		
	variances			93	2		8	4	6	1		
	not											
	assumed											

	Levene Statistic	df1	df2	Sig.
Total Direct Medical Cost in	0.020	1	250	0.889
USD				
Total Indirect Cost in USD	20.687	1	250	0.000

Table 11a: One Way ANOVA Test - Test of homogeneity of variances

Table 11b: One Way ANOVA Test Analysis

Г

		Sum of Squares	df	Mean Square	F	Sig.
Total Direct Medical Cost in USD	Between Groups	1.039	1	1.039	0.246	0.621
	Within Groups	1057.296	250	4.229		
	Total	1058.335	251			
Total Indirect Cost in USD	Between Groups	205422.19 3	1	205422.19 3	17.204	0.000
	Within Groups	2985107.3 60	250	11940.429		
	Total	3190529.5 53	251			

Table 11c: One Way ANOVA Test - Robust Test of Equality of Means

		Statisti	df1	df2	Sig.
		c ^a			
Total Direct Medical	Welch	0.240	1	227.08	0.625
Cost in USD				4	
	Brown-	0.240	1	227.08	0.625
	Forsythe			4	
Total Indirect Cost in	Welch	18.426	1	245.67	0.000
USD				2	
	Brown-	18.426	1	245.67	0.000
	Forsythe			2	
a. Asymptotically F distr	ributed.				



Figure 1: Region specified map of Bangladesh

Source: Banglapedia - National encyclopedia of Bangladesh

(http://en.banglapedia.org/index.php?title=Climate).

Sylhet City Map



Figure 2: Sylhet City Map



Figure 3: Causes and consequences of public hospital outpatients higher cost

Appendix 1



Health Related Contingent Valuation Study in Bangladesh

Department of Economics Shahjalal University of Science & Technology, Sylhet-3114, Bangladesh.

Hospital Code:

MAG Osmani Medical College Hospital=1, Jalalabad Ragib-Rabeya Medical College & Hospital=2, Women's Medical College & Hospital=3, Northeast Medical College & Hospital=4, Others=5...... Interviewer's Name:

Date:

I. Diagnosis of the current situation of Public Health Care services & elicitation of WTP values

1.1 Type of the disease for that visited to the PHC hospital?

1.2 By whom have you been examined?

2.1 Is this the first time that you come to here?

 1 Yes

 2 No

 During the last 12 months, how many times did you visit the hospital?

We have selected eight characteristics for the PHC services that you might be interested in, to be improved. We would like to know how do you evaluate, <u>yourself</u>, improvements on each of these characteristics. We are interested in the following eight characteristics:

A.	Geographical proximity of the PHC	В.	Waiting time before seeing the
	hospital from your home		doctor
C.	Attitude of the PHC hospital's staff toward you	D.	Being able to see the same health professional every time you come to
	·		the hospital
E.	Being able to discuss your problem with the doctor and receive sufficient	F.	Being able to find the prescribed medicine(s) in the hospital
	information about your health state and the prescribed treatment(s)		
G.	Being able to receive diagnostic test in	H.	Your chance of recovery after
	the hospital		visiting the hospital

3. We are planning to improve each of these characteristics and we would like to know the importance of such improvements, <u>for you</u>, based on your needs and your preferences. Please, rank them <u>from the most important to be improved, for you, to the least important</u>.

	Rank	
1.		(The most important <i>for you</i> , <u>to be improved</u>)
2.		
3.		
4.		
5.		
6.		
7.		
8.		(The least important <i>for you</i> , to be improved)

4. Would you be willing to pay any amount of money in order to receive a higher quality service?

- 1. Yes
- 2. No

5.1 How did you come to here?

1. On foot.	4. By private car.
2. By rickshaw.	5. By bus.
3. By CNG	6. Others. Specify:

*5.2 Total cost for that -



5.3 How long did it take you to reach here from your home (in minutes, approximately)?

5.4 Do you consider that the hospital is situated

1. Very far from your home.	4. Close to your home.	
2. Far from your home.	5. Very close to your home.	
3. At an average distance from your home.		

5.5 For the existing "distance", what you consider about your payment to the PHC is:

1. Very Cheap	How much is it? Specify:
2. Cheap	How much is it? Specify:
3. Average	
4. Expensive	How much is it? Specify:
5.Very Expensive	How much is it? Specify:

5.6 To consider that the PHC hospital is "Very Close", it should be situated at which distance from your home (measured by travel time to the hospital)?

5.7 Would you be willing to pay any amount of money more than what you already pay, in order to benefit from a hospital similar to this one and located "Very Close" to your home?

5.8 What is the maximum amount of money that you would be willing to pay, extra to what you currently pay, in order to have a hospital "Very Close" to your home; knowing that this extra amount of money will be paid at every visit?

WTP: How much can you afford?

**6.1 How long did you wait before seeing the doctor (in minutes, approximately)?

6.2 Do you consider this "Waiting Time" as.....

1. Very long.	4. Not long.	
2. Long.	5. Not long at all.	
3. Average.		

6.3 For the existing "Waiting Time", what you consider about your payment to the PHC is:

1. Very Cheap	How much is it? Specify:
2. Cheap	How much is it? Specify:
3. Average	
4. Expensive	How much is it? Specify:
5.Very Expensive	How much is it? Specify:

6.4 What is the "Waiting Time" that you consider as "Not long at all" (in minutes, approximately)?

Why?

6.5 Would you be willing to pay any amount of money more than what you already pay, in order to benefit from a "Waiting Time" which would be "Not long at all"?

1. Yes ______ 2. No

(go to Q 7.1)

6.6 What is the maximum amount of money that you would be willing to pay, extra to what you currently pay, in order to have a hospital with a "Waiting Time" that you estimate as "Not long al all"; knowing that this extra amount of money will be paid at every visit?

WTP:	How much can you afford?	

**7.1 How do you describe the attitude of the hospital's staff toward you?

1. Excellent.	3. Bad.	
2. Good.	4. Very bad.	

7.2 For the existing "attitude of the staff", what you consider about your payment to the PHC is:

1. Very Cheap	How much is it? Specify:
2. Cheap	How much is it? Specify:
3. Average	
4. Expensive	How much is it? Specify:
5.Very Expensive	How much is it? Specify:

7.3 Would you be willing to pay any amount of money more than what you already pay, in order to benefit from an "Excellent" attitude from the hospital Staff?

1.	Yes		
2.	No	Why?	(go to Q 8.1)

7.4 What is the maximum amount of money that you would be willing to pay, extra to what you currently pay, in order to benefit from an "Excellent" attitude from the hospital Staff; knowing that this extra amount of money will be paid at every visit?

WTP:	How much can you afford?	

**8.1 Do you see the same health professional every time you come to the hospital?

1. Always.	4. Never.	
2. Often.	5. This is my first visit.	
3. Rarely.		

8.2 For the existing "see the same professional", what you consider about your payment to the PHC is:

1. Very Cheap	How much is it? Specify:
2. Cheap	How much is it? Specify:
3. Average	
4. Expensive	How much is it? Specify:
5.Very Expensive	How much is it? Specify:

8.3 Would you be willing to pay any amount of money more than what you already pay, in order to be able to see the same health professional every time you come to the hospital?

2.	No	Why?	 _(go to	Q 9.	1)

8.4 What is the maximum amount of money that you would be willing to pay, extra to what you currently pay, in order to be able to see the same health professional every time you come to the hospital; knowing that this extra amount of money will be paid at every visit?

WTP:

How much can you afford?

tord?

**9.1 How long did you stay with the doctor (in minutes, approximately)?

Please indicate your degree of agreement with each of the following statements. Circle one answer only for each statement.

	Strongly	Disagree	Undecided	Agree	Strongly
	Disagree				Agree
9.2 I stayed sufficient time with the	1	2	3	4	5
doctor.					
9.3 The doctor explained to me my	1	2	3	4	5
health problem.					
9.4 The doctor explained to me how to	1	2	3	4	5
use the prescribed treatments.					
9.5 The doctor explained to me what I	1	2	3	4	5
should do to prevent (or not to					
complicate) my health state in the					
future.					
9.6 The information that I get from the	1	2	3	4	5
doctor was clear and sufficient.					

9.7 For the existing "Information from the Doctor", what you consider about your payment to the PHC is:

1. Very Cheap	How much is it? Specify:
2. Cheap	How much is it? Specify:
3. Average	
4. Expensive	How much is it? Specify:
5.Very	How much is it? Specify:
Expensive	

9.8 Would you be willing to pay any amount of money more than what you already pay, in order to be able to stay sufficient time with the doctor to discuss with him your health problem, receive sufficient and clear information about your disease and the prescribed treatment(s)?



9.9 What is the maximum amount of money that you would be willing to pay, extra to what you currently pay, in order to be able to stay sufficient time with the doctor to discuss with him your health problem, receive sufficient and clear information about your disease and the prescribed treatment(s); knowing that this extra amount of money will be paid at every visit?

How much can you afford? WTP:

**10.1 Did the doctor prescribe to you a medicament(s)?

1. Yes 2. No Go to Q 11.1

10.2 Within the range of money that you paid for registration in the PHC was (were) the medicament(s) available in the hospital?

 1. Yes
 2. No
 3. Some of them
 4. I don't know

10.3 For the existing "Available Medicament(s)", what you consider about your payment to the PHC is:

1. Very Cheap	How much is it? Specify:
2. Cheap	How much is it? Specify:
3. Average	
4. Expensive	How much is it? Specify:
5.Very Expensive	How much is it? Specify:

10.4 Were you able to buy the prescribed medicine(s)?

1. Yes, all.		
2. Yes,%	Why?	
3. No	Why? _	

10.5 How do you buy the medicine(s)?

- 1. As doctor prescribed
- 2. Pharmacy's preferences
- 3. Your own preferences

4. Some as doctor prescribed and some as pharmacy's preferences

5. Some as doctor prescribed and some as own preferences

6. Some as pharmacy's preferences and some as own preferences

10.6 Do you prefer any brand for drug (medicine)?

1. Yes Which brand? Please Specify:

2. No Or , According to question number 10.5

10.7 Would you be willing to pay any amount of money more than what you already pay, in order to be able to find the prescribed medicine(s) "always" available in the hospital?

1.	Yes			
2. 1	No	Why?	(go to Q	11.1)

10.8 What is the maximum amount of money that you would be willing to pay, extra to what you currently pay, in order to be able to find the prescribed medicine(s) "always" available in the hospital; knowing that this extra amount of money will be paid at every visit?

WTP:		How much can you afford?	
**11.1 Di	d the doctor prescribe to you	u a diagnostic test(s)?	
1. Yes 2. No	Go to Q 12		

11.2 What type(s) of diagnostic test(s)?

1. Blood 2. Urine	3. Ultra-sonogram 4. ECG	5. X-Ray6. Others, Specify:					
11.3 Was (were) the diagnostic test(s) available in the hospital?							
1. Yes 2. No 3. Some of them 4. I don't know							
11.4 For the existing	"Diagnostic Test", what ye	ou consider about your payment to the Pl	HC				
1S:	Harry much is it? Sa						
1. Very Cheap	How much is it? Spe						
2. Cheap	How much is it? Spe						
3. Average							
4. Expensive	How much is it? Spe						
5. Very Expensive	How much is it? Spe	201TY:					
11.5 Were you able to test the prescribed diagnostic test(s)? 1. Yes, all. 2. Yes, some of it. 3. No							
11.6 How much cost	of diagnostic test(s) could	you cover from your own income?					
a. 0%		d. 60%					
b. 20%		e. 80%					
c. 40%		f.100%					
11.7 Where you test the diagnostic test(s)?							
1. In hospital							
2. In diagnostic center							
11.8 What you consider for choose the hospital/ diagnostic center for the diagnostic test(s)?							
1. Doctor's preferences							
2. Intermediary's preferences							
3. Your own preferences							

Less expensive Hospital/ diagnostic center's good reputation Neat and Clean Accuracy Little Waiting Time

,	•••	inc	•
	_		

**12. Please indicate your degree of agreement with each of the following statements. Circle one answer only for each statement.

	Strongly Disagree	Disagree	Undecide d	Agree	Strongly Agree
12.1 I'm usually recovered after being examined by the doctor of the hospital.	1	2	3	4	5
12.2 Many times I need to go to a private clinic to be re-examined by a better doctor because I wasn't recovered.	1	2	3	4	5
12.3 The doctor who examined me was a good doctor who knows what he is doing.	1	2	3	4	5
12.4 I believe that private doctors are more competent.	1	2	3	4	5
12.5 I would actually prefer to go to a private clinic.	1	2	3	4	5

12.6 For the existing "chance of recovery", what you consider about your payment to the PHC is:

1. Very Cheap	How much is it? Specify:
2. Cheap	How much is it? Specify:
3. Average	
4. Expensive	How much is it? Specify:
5.Very	How much is it? Specify:
Expensive	

12.7 Would you be willing to pay any amount of money more than what you already pay, in order to be examined by more competent doctors and to have a higher chance of recovery?

- 1. Yes
- 2. No

(go to Q 13.1)

12.8 What is the maximum amount of money that you would be willing to pay, extra to what you currently pay, in order to be examined by more competent doctors and to have a higher chance of recovery; knowing that this extra amount of money will be paid at every visit?

How much can you afford? WTP: *13.1 Number of days without doing regular work -

*13.2 Income loss for those days-

Why?

14.2 What is the maximum amount of money that you would be willing to pay, extra to what you currently pay, in order to have these three characteristics improved simultaneously; knowing that this extra amount of money will be paid at every visit?

WTP:	How much can you afford?	

15.1 How much did you pay the consultation (only the consultation; i.e., without the medicines)?



15.2 Do you consider this as:

1. Very Cheap	How much is it? Specify:
2. Cheap	How much is it? Specify:
3. Average	
4. Expensive	How much is it? Specify:
5.Very Expensive	How much is it? Specify:

15.3 Why did you choose to come to this hospital?

15.4 Do you go to other PHC hospital(s) or private clinic(s) better than this one?

1. Yes Go to Q. 16.1 2. No

15.5 What aspect(s) is (are) better in the other hospital or private clinic?

15.6 How much do you pay the medical consultation in the other hospital or private clinic?



16.1 Now it became clearer for you what do we mean by improving the primary health care services. I would like to re-ask you a question that I asked you in the beginning. Would you be willing to pay anything in order to receive a better service?

 1 Yes
 Go to question 17

 2 No
 Why?

16.2 Could you please tell which one(s) of the listed reasons best explain why you are not willing to pay for an improvement in the quality of the offered services?

- [READ and tick column 1 then column 2 if several ANSWERS]
- 1. I can't afford it
- 2. I already pay enough
- 3. I prefer other ways of paying
- 4. It's my right to get the best quality
- 5. Government should allocate more resources to the health sector
- 6. Only financially comfortable people should pay
- 7. I'm not concerned
- 8. Other (please specify:_____



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II. Socioeconomic and Demographic Information:

17. Patient's Name:

18. Patient's relation with the head of the household:

1. Self	4. Mother	7. Niece/ Nephew
2. Child	5. Spouse	8. Brother/ Sister
3. Father	6. Grand Child	9. Other

19. Sex:

Male

Female	

20. In which year were you born? / / / / / or age / / /

21. Where are you coming from (name of the city/village)?

22. What is your marital status?

1 Married	3 Divorced	
2 Widowed / widowered	4 Single	

23. How many persons are there in your household (those who live together in the same home or eat together)?



24. How many persons (children, parents, etc.) are dependent on your income?



25. Number of schooling years:

26. What is your main activity? (patient's activity or the one responsible of the patient (the one who paid for the patient & answered the questions; ex. mother):



27. What is your household monthly-income (this includes the revenues of all the persons in the household):

28. Do you have any type of health insurance?

1	Yes	Specify:		
2	No			

For the interviewer

29. How long did the interview last? _____ minutes