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Abstract

This study aims to examine the relationship between non-performing loans (NPLs) and commercial banks' performance in Malaysia, alongside other factors. It considers the effect of NPLs, cost efficiency and bank size on commercial banks' profitability by using panel data regression (Pooled OLS model), covering the period of 2010-2015. The findings of the study show that NPLs and cost efficiency have a significant negative relationship with commercial banks' performances in Malaysia. On the other hand, bank size is found to have a significant positive relation with commercial banks' performances in Malaysia. Several policy and strategic implications are outlined: the continuing need to manage credit risk, reduction of non-core lending activities, improvement of systems transparency, cost control, and more lenient competition and anti-trust policies.

Keywords: profitability, non-performing loans, banks

JEL Codes: C23, G21, G28

Introduction

Over the past two decades, following the Asian Crisis of 1997-98, the Malaysian banking sector has been subject to multidirectional and conflicting developments. On one hand, deregulation, greater competitive pressures from overseas players, disintermediation, and the shift by consumers towards high yielding deposits have posed challenges to Malaysian banks and undermined their profitability. On the other hand, solid economic growth, the strengthening of the middle class, and the rise of consumer culture have had positive effects on profits. Technological and financial innovation have reduced profit margins, but improvements in operational efficiency have had a positive impact on profits (Guru, 2002).

Most recently, Malaysia's banking sector has remained strong and resilient through the everchanging economic environment: despite a weak energy sector, subdued aggregate demand, certain quality deterioration from the overseas and commodity-related and real estate portfolios, capital and liquidity continue to cushion the negative influences. Combined with tough prudential regulations, this has resulted in a low level of impaired loans (Sufian, 2009; Standard and Poors, 2017). Despite this, it is acknowledged that adverse changes in the international financial markets, increased volatility in Malaysian currency, and other 'black swan' events may reverse favourable trends and lead to the accumulation of non-performing loans (NPLs).

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Given these conflicting tendencies, and considering that Malaysian banks were severely affected by the Asian Crisis and more recently the global financial crisis of 2007-8 (Khoon, Mah-Hui, 2010), analysis of the levels and determinants of the banking profitability remains salient. It is well recognized in the literature that a stable and profitable banking system is a key to stable economy and growth (Abd Karim, Sok & Hassan, 2010; Jokipii, Monnin, 2013; Klein, Weill, 2017), and Malaysia is not likely to be an exception.

The purpose of this study is to examine the relationship between the profitability of the key commercial banks in Malaysia and the level of NPLs during 2010-15, controlling for two other determinants (cost efficiency and the size of the banks). The majority of previous studies of banking profitability in Malaysia covered earlier periods (prior to Asian Crisis or GFC), considered the effects of broader macroeconomic or industry factors on profitability, and did not look at the value of NPL when internal determinants of profitability were concerned. The working hypothesis is that there is a negative relationship between the value of NPLs and profitability, but a positive relationship between the degree of cost efficiency and bank size on one hand and profitability on the other. A panel data econometric model is used, based on financial data pertaining to Malaysian commercial banks.

The paper is organized as follows. Section 2 presents the literature review. The econometric method, data sources and empirical results are described in Section 3. Section 4 presents the concluding remarks and a discussion of policy implications.

Literature review

Studies of the determinants of bank performance fall largely into two categories: analyses of banking sector efficiency, and analyses of banking sector profitability. The former fall outside of the scope of this paper; however, efficiency does contribute to higher profitability, and these two aspects of performance are intertwined. We refer to studies of the efficiency of the UK banking sector (Drake, 2001; Webb 2003) and the analyses of commercial bank efficiency in transition economies (Grigorian, Manole, 2006). The latter includes foreign ownership, prudential regulation tightening, and consolidation of the banking sector as principal determinants of efficiency, and show that foreign ownership and consolidation enhance efficiency, whilst prudential regulation effects vary across economies and prudential norms.

A large number of the studies of banking sector profitability concerned individual economies: the US (Berger, 1995), Australia (Pasiouras et al., 2006), Greece (Kosmidou, 2008), Colombia (Barajas et al., 1999), Brazil (Afanasieff et al., 2002) and Tunisia (Ben Naceur, 2003). The multi-country studies included Molyneux and Thorton (1992) and Pasiouras and Kosmidou (2007), which investigated bank profitability determinants in a sample of European economies; Hassan and Bashir (2003), who considered profitability of Islamic banks in 21 countries; and Demirguc-Kunt and Huizinga (1999), who analysed the influence of macroeconomic and institutional

determinants on bank interest margins in 80 different economies. A number of hypotheses pertaining to bank profitability were considered.

Firstly, the effects of private versus public ownership of the banks were examined, with private ownership presumably leading to the implementation of more efficient policies and higher profitability. This hypothesis was confirmed by Beck et al. (2005) in their study of Nigerian banks, but rejected by Dietrich and Wanzenried (2011) in a study of Swiss banks.

Secondly, the size of the board was hypothesized to negatively affect efficiency and profitability, as large boards do not favour good communication and decision-making processes. This hypothesis was verified for banking firms, as well as for firms in other service sectors and industries (Yermack, 1996; Eisenberg et al., 1998; Guest, 2009; Fanta et al., 2013).

Thirdly, the size of the bank was seen to contribute positively to profitability and efficiency of operations. A larger sized bank was assumed to benefit from economies of scale (and reduced costs), and economies of scope (resulting in higher product diversification and better access to clients). With regard to effect on efficiency, the results were conflicting: lower costs were identified in both large (Altunbas et al., 2001; Berger, Humphrey, 1997; Bikker and Hu, 2002; Spathis et al., 2002; Srairi, 2009, Terraza, 2015) and small banks (Pallage, 1991; Vander Vennet, 1998; Kosmidou et al., 2006; Aladwan, 2015). As to profitability, the effect of the banks' sizes were contradictory too: whilst Ali et al. (2011) showed that bank size is positively related to bank profitability, Obamuyi (2013) demonstrated negative effects. Other researchers found limited influence of bank size on profitability (Berger et al., 1987; Boyd, Runkle, 1993).

Fourthly, based on a theory of bank capital (Diamond, Rajan, 2000), a positive relationship was hypothesized between bank capital and profitability, and between return on equity and capital-to-asset ratio, with banks being able to reduce bankruptcy risks and the need to rely on external funding sources. The hypothesis generally found support (Bourke, 1989; Liu, Wilson, 2010; Goddard et al., 2004); however, Hughes and Mester (1998) established that a higher capital-to-assets ratio led to increased variable costs, and hence lower profitability.

Fifthly, with regard to the effect of operational expenses on profitability, the general view is that expense reduction tends to improve profitability (Bourke, 1989). However, if higher expenses are associated with payments to a more productive human capital (accumulated in human-capital intensive financial services), high costs may accompany high profitability (Molyneux, Thornton, 1992). Research by Berger and Humphrey (1997), Berger and Mester (1997), Berger et al. (2000) and Francis (2013) appeared to confirm Bourke's hypothesis.

Sixthly, with regard to the external and macroeconomic determinants of profitability, a number of studies had been conducted. Guru et al. (2002) pointed to the negative effect of interest rates on bank profitability in Malaysia in 1986-95, whilst Chaudhry et al. (1995) outlined positive effects in the case of US banks in 1970-80s. With inflation determining the real value of costs and revenues, the ultimate effects of inflation (positive or negative) depend on whether inflation

is anticipated or unanticipated (Perry, 1992). Positive effects of inflation on profitability were documented by Abreu and Mendes (2002) in the EU, and by Tan and Floros (2012) in China. Negative effects arising from the fact that banks do not recognize immediately that inflation has accelerated were identified by Boyd and Champ (2006). Several authors (Kosmidou et al., 2008, in the case of UK domestic commercial banks, and Al-Tamimi, 2006, in the case of UAE national banks) argued that macroeconomic and financial market conditions play a minor role in explaining bank performance, with internal variables being most salient.

Seventhly, a number of studies have considered banks' profitability in the market structure context. In line with the structure-conduct-performance hypothesis, higher banking concentration was attributed to higher market power and monopolistic profits (Hannan, 1979). In an oligopolistic setting, a positive relationship between formation banking cartels and collusion and profitability was identified, with collusion effectiveness being the highest when the number of banks colluding is small (Goddard et al., 2004). In a related vein, concentration and resulting higher market share were seen as lowering the costs of collusion and increasing profitability (Smirlock, 1985).

Finally, with regard to the effect of high credit risk on a bank's profitability and the associated issues of NPLs, a major hypothesis is that greater exposure of banks to high risk loans reduces profitability (Bourke, 1989; Miller, Noulas, 1997): high risk leads to higher loan loss provisions, compromising banks' ability to follow profit-maximisation rules. Research on the credit risk-profitability relationship is scant, though several empirical studies appear to confirm the hypothesis (Sheefeni, 2015 in Namibia; Qin and Pastory, 2012, in Tanzania; and Cimkono et al., 2016, in Malawi).

The literature pertaining specifically to Malaysian dualistic banking sector (composed of conventional commercial banks and interest-free Islamic banks operating in accordance with Sharia law) examined both the efficiency and profitability of the banks. The former stream of literature includes Sufian (2006) and Tahir et al. (2010), who examined the efficiency of the banks in a comparative setting (the analysis of efficiency in the different bank categories and in Malaysian versus foreign banks), and Zamil (2007) who examined the efficiency of the Islamic and non-Islamic commercial banks in 2000-2004, looking at various determinants of efficiency.

The latter aspect of the problem received much less analytical attention. The actual estimates of banking profitability were scarce, with the study by Ali Embaya (2013) a notable exception. For a sample of Malaysian Islamic banks in 2008-2010, the author documents a rather low level of returns on equity, ranging from an average of 2.89% in 2008 to an average of 3.49% in 2010, despite various positive developments in the Malaysian financial system in recent years.

With regard to the determinants of banking profitability, earlier studies included Haron (1996) and Guru et al. (2002). The scope of Haron's analysis however was limited to Islamic banks. Guru et al. (2002) considered a number of factors and argued that total expenditure to total assets

variable had a negative impact on profitability, whereas current account deposits as a proportion of total assets had a positive effect. Loans and advances as a proportion of total assets had a positive effect on the return on assets and a negative effect on the return on equity. In addition, no significant relationship was found between capital and reserves, or time and savings deposits and bank profitability. Both papers relate to the period prior to the Asian crisis, and are hence outdated. In recent years, Sufian (2009) examined domestic and foreign commercial banks operating in Malaysia during 2000-04, and established that high credit risk and higher loan concentration have a negative effect on profitability, whilst the level of capitalization, noninterest income and operational expenses have a positive effect on profit levels. As to external macroeconomic variables, economic growth had a negative correlation with profitability, whilst the change in price level was positively correlated.

Jasmine et al. (2001) focused specifically on the period prior to, and the aftermath of the 2007-08 financial crisis, looking at eight major commercial banks. The determinants included gross domestic production, inflation rate, capital adequacy ratio, total income, expenses management, total loans, total deposits, and bank size. Only base lending rate, interest coverage, and capital adequacy ratio were found to be significant determinants of profitability, with all three factors having positive effects on profits. In a similar vein, Said and Tumin (2011) found no significant relationship between a bank's size and profitability.

With regard to institutional and regulatory influences, Sufian (2010), in a study covering 1992-2003, established that the extent of regulation and supervision had a negative effect on profitability levels. As to macroeconomic influences, while Jasmine et al. (2011) purport that there are no macroeconomic effects on profits, Sufian (2010) established positive effects of economic growth and inflation on profitability.

Overall, the literature on Malaysian banking sector profitability considers a substantial number of determinants and has yielded rather conflicting results. In addition, with the exception of Zamil (2007), who examined the effect of NPLs on banks' efficiency, analysis of the link between NPLs and bank performance has been lacking. In this connection, and also given that the post-GFC period differs from the pre-GFC one, or the period of the 1990s, it is instructive to re-examine the effects of NPLs along with other variables on the Malaysian banking sector using the most recent data.

Methodology

Data sources

Eight Malaysian commercial banks (all listed on Malaysian stock exchange, Bursa Malaysia) have been chosen for this study: Affin Bank, Alliance Bank Malaysia, AmBank (M), CIMB Bank, Hong Leong Bank, Malayan Banking, Public Bank and RHB Bank.

The secondary data are obtained from different sources. The data for returns on equity, which is adopted as a measure of bank's profitability, has been obtained from the Thomson Reuters Datastream. The data for NPL, cost efficiency measure, and bank size measure have been collected from the annual reports of respective banks. The data for each variable covers the period of 2010-2015.

Econometric model

A panel data analysis (using pooled ordinary least squares (the OLS model)) is carried out, the sufficient degrees of freedom are ensured, and the properties of the data are considered (balanced panel with fixed panel data and the number of entities exceeding the number of observations, n>T). Specifically, the pooled ordinary least square model is used. For estimation purposes, the linear functional form is adopted, in line with prior studies of banking profitability (Molyneux et al., 1994; Lloyd-Williams et al., 1994). The following regression model is estimated and all of the sampled firms are pooled:

$$PROF_{it} = \beta_0 + \beta_1 NPLR_{it} + \beta_2 CIR_{it} + \beta_3 LSize_{it} + \varepsilon_{it}$$
(1)

Where PROF is a bank's profitability, NPLR is the non-performing loans (NPLs) ratio, CIR is cost-to-income ratio, LSize is the log of the total assets of the respective bank, i and t are subscripts representing bank and time, whilst ε is the error term.

The dependent variable in this study is profitability as a measure of bank performance. Whilst several alternative measures of profitability are available, including return on assets (ROA) and return on equity (ROE), this study uses the latter indicator, consistent with previous studies (Ganesan, 2001; Fries, Taci, 2004; DeYoung, Rice, 2004). ROE is conceptualised as the measure of the bank's ability to generate profit from shareholders' invested capital, and is calculated as the ratio of net income to shareholders' equity (Gadoiu, 2014). In line with Molyneux and Thornton (1992), total equity was defined as the sum of shareholders' capital and undistributed net profit. Also, the end-of-the-year values of the equity were used (to account for the fact that the variable is not constant during the financial year), and the simple average was calculated for the two end-of-the-year values. Net income was defined as after-tax profit. Net income is derived from the bank's income statement, whilst the shareholder's equity of a bank is found in its balance sheet.

The independent variables in this study are NPLs, cost efficiency and bank size.

A NPL is defined as a loan that is unpaid by its debtor for at least 90 days and is either in default or close to the default point (Greenidge and Grosvenor, 2010), implying that the chances of the loan being paid in full are low. Clearly, the lending practices of the bank, as well as industry and macroeconomic conditions that affect borrowers' repayment abilities, determine the level of NPLs. In this study, NPL ratio is defined as the value of NPLs to total loans, i.e. is the value of NPLs divided by the value of total loans. We note that NPL is a regulatory concept and is different from alternative measures of credit risk and loan-nonperformance (Arpa et al., 2001; Bikker, Hu, 2002; Virolainen, 2004), such as accounting concepts of loan loss reserves and impaired loans (cases when it is probable that the creditor cannot collect the full amount of the loan), or risk management concepts, such as default rates. We further note that at present, no universally accepted measure of loan performance is available (Jakubík, Reininger, 2013).

Cost efficiency in this study is measured as operating cost to operating income ratio. Cost to income ratio is an efficiency measure that is similar to operating margin commonly used in the financial sector. Cost to income ratio is used to show the relation between a bank's expenses and its income. Operating cost or expenses generally includes expenses incurred from a bank or company's everyday activities expenses such as taxes, depreciation and rent, whereas operating income is equivalent to earnings before interest and tax (i.e. gross income minus operating expenses, depreciation and amortization).

Bank size in this study is approximated by the value of total assets of respective banks. Given the diverse sizes of the banks in the sample, the natural logarithm of the total assets was taken to obtain a meaningful figure for bank size.

Based on the literature review, the working hypotheses are: (1) there is a negative relationship between NPL ratio and ROE, and between cost-to-income ratio and ROE; and (2) there is an uncertain relationship between bank size and ROE. That is,

$$\frac{\partial NPLR}{\partial PROF} < 0, \qquad \frac{\partial CIR}{\partial PROF} < 0 \text{ and } \frac{\partial LSize}{\partial PROF} > 0 \text{ or } \frac{\partial LSize}{\partial PROF} < 0 \tag{2}$$

The pooled OLS model was used to analyse the relationships between the variables. Firstly, the descriptive statistic of the dependent and independent variables were calculated. Secondly, diagnostic tests were carried out to determine the appropriate econometric method. Thirdly, a regression analysis using the pooled ordinary least squares (OLS) model was conducted to establish the relationships between dependent and independent variables and to confirm (reject) the hypotheses.

In this study, we acknowledge multiple causation channels between the variables, but do not attempt to establish which causation channel is predominant. Whilst the level of bad or non-performing loans presumably negatively affects profitability, it is equally possible that a low level of profitability provides incentives to banks to engage in high-risk activities, thereby increasing NPL levels. Likewise, there is a relationship between inefficiency and poor use of assets, with low levels of ROA being accompanied by high levels of NPLs (Berger and DeYoung, 1997; Boudriga et al., 2009).

Empirical analysis

As a first step, descriptive statistics are presented (Table 1). The average return on equity for a sample of banks stood at 14.1%, whilst the level of NPLs was small (on average 1.42% of the total loan portfolio). Operating costs were elevated relative to operating income, standing on average at 46.3% of the latter, and appeared to be a more pressing problem than loan performance. According to the Jarque-Bera test, the error terms of the model were normally distributed (JB statistics are 1.19, and the probability of getting these statistics under normal distribution assumptions is 0.55).

Table 1: Descriptive Results

	ROE	NPL	Cost efficiency	Bank size
Mean	0.141	0.014	0.463	18.880
Maximum	0.253	0.033	0.602	20.377
Minimum	0.046	0.005	0.298	17.267
Standard deviation	0.041	0.008	0.081	0.847
Skewness	0.753			
Kurtosis	0.309			
JB	1.190			
Prob. (JB)	0.553			

Note: JB is Jarque-Bera test for normality, ROE is return on equity, NPL is the value of non-performing loans.

The Breusch-Pagan Lagrange Multiplier (LM) test for random effects was used to determine the appropriateness of the pooled OLS model versus random effects model (Breusch, Pagan, 1980). The consideration of the random effects model (as opposed to the fixed effects model) was dictated by the assumption that variation across entities is random and uncorrelated with regressors. The null hypothesis in the Breusch-Pagan LM test is that variances across entities are zero, i.e. there are no panel effects and substantial difference across entities. The rejection of the null hypothesis would imply random effects in the panel data and that the random effects model would deal with heterogeneity better than the pooled OLS. Test statistics with a p-value below conventional significance level (e.g. 5%) would lead to rejection of the null, whilst the p-value exceeding the threshold would indicate failure to reject the null.

Table 2: Breusch and Pagan Lagrangian Multiplier Test for Random Effects

	Var	SD = Sqrt (Var)		
ROE	0.002	0.041		
e	0.000	0.021		
u	0.000	0.008		
Test	Var(u) = 0			
	$Chi^{2}(1) = 0.18$			
$Prob > Chi^2 = 0.6741$				
ROE [code,t] = Xb + u [code] + e [code,t]				

Table 2 above shows the result of the Breusch-Pagan (BP) test. The Breusch-Pagan test shows an insignificant P-value more than 0.05 or 5%, which indicates that the null hypothesis is not rejected and that the model appropriate for the study is the pooled OLS model.

Table 3: I	Diagnostic tests
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a). VIF (Tobin's Q Model)				
Variable	VIF	1/VIF		
NPL	1.11	0.898		
Bank size	1.11	0.899		
Cost efficiency	1	0.999		
Mean VIF	1.08			
b) Modified Wald test for	groupwise heteroskedastic	ity		
in fixed effect regression m	odel	ity		
	Juci			
H_0 : sigma(i) ² = sigma ² for a	all i			
$Chi^{2}(8) = 27.080$				
$Prob > Chi^2 = 0.0007$				

c). Wooldridge test for autocorrelation in panel data H_0 : No first order autocorrelation F(1, 7) = 33.230

Prob > F = 0.0007

A series of diagnostic tests were performed. Firstly, given that the number of banks exceeds the number of time periods, and that high correlation may exist between relevant independent variables, a test for multicollinearity was conducted. Variance inflation factors (VIFs) were obtained for all regressors, showing the extent of collinearity. As shown in Table 3, for each independent variable the level of VIF was below the conventional threshold of 10. The mean VIF (equal to 1.08) was likewise below 10, indicating the absence of multicollinearity among independent variables.

Secondly, the Modified Wald test was used to detect heteroscedasticity problems. According to the results, the p-value of the Modified Wald test is less than 5% significance level. Hence, the null hypothesis of no heteroscedasticity (constant variance) is rejected and there is a presence of a heteroscedasticity problem in the model. We note that in the previous research by Phun, Hirata and Yai (2013) and Tahir and Azid (2015), the problem of heteroscedasticity was solved using the method of the White robust standard error.

Thirdly, the Wooldridge test was used to detect for autocorrelation. The p-value of the Wooldridge test is shown to be 0.0007, i.e. below the 5% significance level, indicating that the null hypothesis of no autocorrelation was rejected and that autocorrelation was present in the model. Given that heteroscedasticity and autocorrelation were likely to cause bias in standard errors, the problem was solved in this study by obtaining Rogers (clustered) standard errors (Rogers, 1994).

Variables	NPL	Cost Efficiency	Bank Size	Constant
Coefficients	-0.7736	-0.3622	0.0142	0.0516
Standard Error (Robust)	0.2169	0.0434	0.0061	0.1160
t-statistics	-3.57	-8.34	2.31	0.44
P-value	0.009^{**}	0.000^{*}	0.054^{***}	0.670
# of observations	48			
F-statistic	87.61			
R^2	0.65			

Table 4: Findings of regression model

Note: NPL is the value of non-performing loans. (*), (**) and (***) represent significance at the 1%, 5% and 10% level.

Having made a correction for heteroscedasticity and autocorrelation, and ensured the normality of residuals and the absence of multicollinearity, the pooled OLS model was estimated. The results are presented in Table 4. It is shown that the model is correctly specified (F-statistic is 87.61). The overall explanatory power of the model (as measured by adjusted R^2) is high, with 65% of the variation in the dependent variable being explained by the model, in line with the like bank profitability studies for other countries: Williams (1998) for Australia; Minh To and Tripe (2002) for New Zealand; and Staikouras and Wood (2003) and Pasiouras et al. (2006) for European economies. Robust standard errors allowed the taking into account of the heteroscedasticity and autocorrelation problem found in the regression model.

NPL has a coefficient of -0.7736 and a standard error of 0.2169. The negative coefficient indicates that NPL has a negative relationship with return on equity (ROE). The respective p-value of NPL was found to be significant, at a 5% significance level. The negative sign indicates that when the NPL of a commercial bank increases, the profitability of the commercial bank decreases. Thus, NPL is found to be a factor that causes deterioration in bank performance. The negative relationship between NPL and bank profitability in terms of ROE is consistent with Berger, 1995; Demirguc-Kunt and Huizinga, 1999; Ben Nacuer, 2003; Pasiouras and Kosmidou, 2007; Pasiouras et al., 2006; as well as recent study conducted by Sheefeni (2015) in Namibia.

As for cost efficiency, Table 4 shows that the coefficients and standard error of cost efficiency are -0.3622 and 0.0434 respectively. The negative coefficient of cost efficiency similar to NPL shows that there is a negative relation between cost efficiency and ROE as well. Cost efficiency's p-value is shown to be at a 1% significance level, indicating that cost efficiency has a significant effect on ROE. When ROE of the commercial banks increases by 1%, cost efficiency decreases by 36.22%. The negative association between cost efficiency and ROE in terms of profitability is also consistent with Guru et al. (2002), Kosmidou (2008) and Pasiouras et al. (2006), and recent studies by Mathuva (2009) and Francis (2013).

The coefficients and standard error of bank size are 0.0142 and 0.0061 respectively. Unlike NPL and cost efficiency, bank size is found to have a positive impact on ROE of commercial banks at a 10% significance level, with ROE of commercial banks increasing by 1%, when the commercial bank size increases by 1.42%. Thus, bank size is found to have a positive impact on bank performance in Malaysia, with larger banks earning higher margins and profits, suggesting either diseconomies of scale/scope for smaller banks or economies for larger banks. This

contravenes the earlier study by Kosmidou et al. (2006) that examined performance of the UK banks in 1998-2002 and that found significant diseconomies of scale, as well as the study conducted by Vander Vennet (1998) on a sample of European financial conglomerates and universal banks, that established economies of scale for the smallest banks with assets under ECU 10 billion and diseconomies of scale for the largest banks with over ECU 100 billion in assets. On the other hand, our results confirm the studies by Bourke (1989), Bikker & Hu (2002), Srairi (2009) and Terraza (2015), as well as results of the study of profitability of Greek banks in 1990-1999 by Spathis et al. (2002).

Discussion and conclusion

This study aimed to improve understanding of the driving forces of commercial banks' performance in Malaysia, specifically examining the link between non-performing loans (NPLs), cost efficiency and bank size and bank profitability. It was shown that there is a negative relationship between NPLs and bank profitability, and between cost-to-income ratio and profitability, and a positive relationship between bank size and profitability. The results are largely in line with those of the extant literature.

These results confirm the insights the inability of banking firms with large proportion of NPLs in their total loan portfolios to profit-maximise, and points to the underlying problem of adverse selection: given the inherent difficulty in discrimination between good and bad borrowers, the levels of NPLs can potentially increase when bad borrowers are chosen instead of the good ones, thereby leading to deterioration in profitability. Regarding the cost-profit relationship, the findings confirm the hypothesis of the negative effects of operational costs on profits. The effect of high payments for human capital (human capital costs) moving in tandem with profitability was not identified. As for bank size, the findings supported the structure-conduct-performance hypothesis, whereby the size of the bank allows it to capture a higher market share and earn greater profits. Whether there is collusion or cartelization among Malaysian banks is a topic that requires investigation on its own.

The results have several implications for business strategy and banking and prudential regulation. Given the negative relationship established between NPLs and bank profitability, it is of the utmost importance that banks focus on credit risk management. Banks should be wary of approving loans to borrowers that are capable of paying them back, should keep the amount of NPLs within limits, and should create sufficient reserves for writing off impaired loans. Improvement in asset quality is equally important, specifically resulting from the reduction and minimization of loan provision to and investment in cyclical and volatile sectors (real estate and energy), overseas businesses (e.g. subsidiaries that Malaysian banks have little ability to supervise or manage), or financial instruments (in which Malaysian commercial banks have little expertise). As a systemic response, regulators are advised to improve the overall transparency of the financial system, through fostering improvements in corporate governance, accounting standards, and the like.

Given the negative association between cost efficiency and bank performance, the management of costs will remain an area of concern. In addition to direct cost control measures, indirect ways may come to forefront, e.g. an increase in current account deposits and more aggressive marketing of such products to enhance revenues. In terms of bank size, regulators may refrain from attempts to enact greater competition in the sector or to break up the biggest players, in line with the Chicago school of antitrust analysis (Posner, 1976).

The sample of banks was limited to eight commercial banks listed on Bursa Malaysia, and thus excluded foreign and unlisted banks. Thus, the findings of this study may not be applicable for the banks in these categories. The sample period was limited to post-GFC years; thereby comparative analysis of bank profitability prior to and after GFC is precluded.

There are several avenues for future research. Firstly, the estimates may be performed on a longer sample, possibly including structural breaks for GFC years. Similarly, a comparative analysis of banks' profitability may be performed, including other South-East Asian economies, economies with similar regulatory and prudential systems, or economies with development levels (including level of financial development) similar to Malaysia. Secondly, in addition to ROE, alternative dependent variables may be used, including return on assets (ROA), as well as net interest margin (NIM), defined as a ratio of net interest income to earning assets, thereby showing the profitability of the bank's interest-earning business. Thirdly, in addition to NPLs, various measures of liquidity, asset quality or capital strength may be used (e.g. ratio of liquid assets to customer and short-term funding, ratio of loan loss reserves to gross loans, or ratio of equity to total assets). Fourthly, while this study focused on internal determinants of profitability, it is possible to reconsider the effects of GDP growth, anticipated and unanticipated inflation, and interest rates. An analysis of the effect of industry structure on banking profitability may also be undertaken, with various concentration measures included as regressors.

Finally, a qualitative analysis may serve as a complement to conventional regression models of profitability, given the nature of Malaysian capitalism in general and the banking sector in particular. Many banks benefit from a competitive advantage due to preferential relations with government, specific customer relations and corporate image. In addition, the incorporation of banks' intangible assets and goodwill into the measure of profitability may be required to fully capture the asset base of the banks.

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